



Erasmus+



Youth Got The Power



Mobility Date:
2-10 April 2024



Mobility Venue:
Schaijk, Netherlands



COORDINATOR ORGANIZATION

“

If you want to go fast, go alone, if you want to go far, go together

”

ACTIVE YOUTH ARNHEM

Active Youth Arnhem is a social initiative started by experienced young people in youth work living in Arnhem to promote EU opportunities, engagement, and empowerment of youngsters. We aim to foster active participation of young people in civic society and also to encourage raising awareness among young people in the Netherlands to involve them in European projects such as Erasmus+ youth exchanges, training courses, and ESC. Our values and visions are solidarity within the European Union, respect for human dignity and human rights, and the promotion of a society in which freedom, interculturalism, democracy, tolerance, justice, and equality prevail. Our approach to taking part in shaping such a society is to enable young people to gain experiences that

- a)** help them to broaden their view of the world, different cultures, different aspects, on different goals in their life
- b)** provide them with the necessary social and key competencies skills. By enabling such experiences, we want to encourage the young people we work with to dare implement their ideas and ideals for changing society for the better. The scope of our interest includes topics such as education, employment, entrepreneurship, self-development, inclusion, integration, well-being, citizenship-democratic participation, environment, culture, sports, and creativity and we are always open to expanding these topics and experiencing different aspects.



WHAT IS THE “Youth Got the Power!” (YouPower!) Erasmus+ Project About?

The evolving job market has led to a disconnect between employee skills and employer requirements, with 40% of EU employers facing difficulties finding suitable candidates. Global challenges like war and the pandemic have exacerbated unemployment, particularly affecting young adults, with almost 3 million aged 18-25 categorized as NEET in 2021. To combat this, young individuals must enhance skills, embrace critical thinking, and engage in various fields like education, technology, and civic participation. YouPower! project objectives focus on personal and professional development, promoting social entrepreneurship, and nurturing soft skills among 36 participants.

The "Youth Got The Power" Erasmus+ project encompasses various activities, including

- Virtual meetings
- A youth mobility event in the Netherlands scheduled between 2-10 April 2024
- Follow-up events at partner organizations' centers
- digital youth work activities aimed at disseminating project results.



What We Will Create In The Project?

YOUPOWER is human human-centric project that focuses on key competencies and soft skills development of 36 young people directly and 120 youngsters indirectly from participating communities. The expected results:

- Each partner organization will perform in the local community a workshop attended by 20 young people.
- 6 Action Plans to be implemented in partner countries.
- Digital booklet that involves testimonials and activity descriptions.
- Social media outcomes, visuals, and videos.

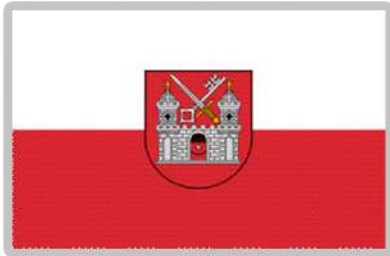


To do the dissemination outside the group, we will prepare and share a booklet of the project containing the results of our project to reach out to NEET youth in our local communities.

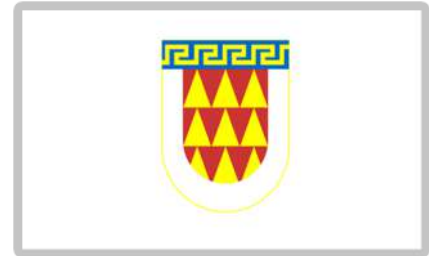
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Partner Organizations



Seiklejate Vennaskond



**Association For
Sustainable Development
Sfera International Bitola**



Shelter International e.V.



United We Stand Luxembourg



Youth Organisation Veles

Expected Participant Profiles In Youth Mobility Event In Netherlands

Each group consists of **5** participants + **1** group leader

***Netherlands** and **Estonia** consist of **5** participants + **2** group leaders

Participants Profile

- 2 male + 3 female participants in each national group
- Aged between 18 and 25 years old prioritized, however program allows 18-29 years old
- A residence permit in the representative country is obligatory.
- Having an interest in personal development tools and sources.
- Erasmus+ newcomers are welcome
- Those who dropped out of training, education, and employment due to different reasons (NEET) are welcome and prioritized
- 2 participants from each team who experience geographical barriers, economic barriers, and cultural barriers are prioritized.



Leaders Profile

- 23-40 years old, experienced in youth work
- C1 level of proficiency in English.
- Having strong interpersonal skills, effective communication, strategic thinking, and a results-oriented approach.
- A strong motivation to connect with and support the learning needs of the young people they represent throughout the project
- Motivation to initiate and take part in follow-up events in home country after the mobility event

To-Do List & Requirements

1) Fill out the online participant form (only for those selected by a partner organization and confirmed by Active Youth Arnhem)

<https://forms.gle/wr35RkZJVo62VB387>

2) Country groups should prepare a workshop based on “non-formal education” with below-suggested topics:

Topic	Country Group
Facilitation Games	Netherlands
The Power Of Communication	Luxembourg
Team Work Spirit	Estonia
Leadership	Germany
Creativity	North Macedonia
Critical Thinking	Croatia

3) Preparing the cultural night of your country (food, dances, games, etc)

At the end of each day, a dedicated time between 20:00 and 23:00 is assigned to one country to organize a cultural night. During this event, they will showcase aspects of their culture, gastronomy, dance, folklore, games, movies, etc. We expect each group

4) Bringing sports equipment for outdoor activities.

5) Bringing personal necessities such as shampoo, towels,

6) Participating to the virtual meetings before and after the mobility

7) Having consent to initiate follow-up activities in your community after the mobility event

Project Venue

Recreation the Heidebloem
www.deheidebloem.nl

The project will be held in Recreation the Heidebloem, and the food and catering will be served at the venue. It offers a training room, kitchen, accommodation in shared rooms, and a large garden and outdoor spaces with different social activity options. Strong alcohol above %15 and all kind of drugs is prohibited in the venue and it may cause disqualification from the Erasmus+ program. Sleeping rooms are separated as male and female in shared dormitories. The participants will be accommodated up to 4, 6, and 8 people rooms.

- Participants will be housed in rooms accommodating 4, 6, and 8 in dormitory format.
- Bed sheets, pillows, and blankets will be provided.
- Wifi is accessible at the venue.
- Breakfast, lunch, and dinner will be served at the venue.
- Soap, shampoo, towels, slippers, and personal hygiene materials are NOT provided.
- The nearest supermarket is a 15-20 mins walking distance.



How to Arrive to “Recreation the Heidebloem”?

The nearest airports are Eindhoven, Amsterdam, Rotterdam, Cologne, and Brussel. The most economical option should be preferred.

From Eindhoven, Centraal Station to Recreation the Heidebloem, "Noordhoekstraat 5, 5374 SC Schaijk", departs from Eindhoven, Centraal Station.

1. Board 305 Bus at Eindhoven, Centraal Station
2. Arrive at location: Get off at Uden, Busstation
3. Board 99 Bus at Uden, Busstation
4. Arrive at location: Get off at Zeeland, Voederheil

Final bus station to arrive: Zeeland, voederheil

From Amsterdam Airport Schiphol to Voederheil, departs from Schiphol Airport. 2 hr 22 min

1. Board Intercity at Schiphol Airport
2. Arrive at location: Get off at Utrecht Centraal
3. Transfer to Intercity at Utrecht Centraal
4. Arrive at location: Get off at Nijmegen
5. Head north on Stationsplein
6. Turn left to stay on Stationsplein
7. Board 99 at Nijmegen
8. Arrive at location: Get off at Zeeland, Voederheil

For the best route leaving now visit

<https://maps.app.goo.gl/fBHDPM9Zg3wjS3R27>

Final bus station to arrive: Zeeland, voederheil

Financial Aspect

- GREEN TRANSPORTATION is the new way of traveling promoted by Erasmus+ in 2021 and further. To green travel, the first thing you can do is avoid domestic flights in the first place. Participants will be supported more if they use fast trains, buses, and shared cars.
- The green travel (bus, train, carpooling) for the participants from Germany and Luxembourg is mandatory.
- During the mobility, all expenses such as accommodation, catering, training, etc will be free of charge, %100 covered by the program. Outside of mobility dates, participants are responsible for their own expenses.
- The real cost of travel will be reimbursed up to Erasmus+ rules for each participant up to;

Country	Cost Of Travel
Netherlands	23,00 EUR
Germany	180,00 EUR Travel + 30 EUR Allowence (Catering During The Trip)
Luxemobourg	
Croatia	275,00 EUR
Estonia	
The Republic of North Macedonia	

The costs will be covered based on real-spent expenses, proven by invoices.

Note: All digital and physical invoices, receipts, boarding passes, and tickets related to travel must be kept and sent or brought to the coordinators to be reimbursed.

Contact info

COORDINATING ORGANIZATION

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