

INFOPACK

ABED Team, ADEMI Team & Idrissa BADJI (Erasmus Trainer)

YOUTH EXCHANGE

“Fight Racism by Cooking Together”

From 07 to 14 June 2021

Hamburg/Hüll, Germany



Project description

Fighting racism is a battle that must begin withing oneself, taking the time to get to know the others, their culture, their religion and their customs. Then ignorance, prejudices, fear, scorn and exclusion will no longer occur. It means also to educate others to be able to overcome everything that can lead them to racist behaviour.

Racism and xenophobia are not the residues of "the past that does not want to pass", archaisms that survive the disappearance of the conditions that have engendered them. The disasters of the twentieth century did not convince us against the temptation to stigmatize, the habit of excluding and sometimes the pleasure of hating the diversity. From this point of view, contemporary xenophobia is deeply linked to the history of racism, a foundation of modernity that modifies its morphology but not its function. Historicizing the racist structure of difference is necessary to understand how it is perpetuated today. Too often racism is considered a kind of pathology rather than norm of modernity.

This project aims to involve 25 young participants to promote mutual understanding and solidarity through cooking. We want, through food, to reflect cultural diversity and European citizenship. The participants will cook together for 8 days, exchange their own traditional recipes and share their best practices on cross-cultural diversity and ways to fight racism on their own.

Thanks to the cooking workshops and the moments dedicated to the exchange, it will be possible to think about European citizenship and to cross the intercultural barriers. We also think that through cooking we will succeed in creating a common space of goodwill and listening, a "safe space" in which participants will feel comfortable and confident enough to share experiences, sensations, traditions and skills.

All activities will be carried out through non-formal education methods. The working methods will be completely non-formal, or rather aimed at learning by doing. This way of working with the participants will stimulate another important thing, the nonverbal communication in order to also pass the language barriers.

This project will require an exchange of knowledge and culinary traditions on the part of young people, who want to cook together for several days.

At the end of the exchange, the young participants will prepare a dinner for the inhabitants (families of the German participants and local partners) who will thus be able to benefit from this experience and the organization of a large-scale project and international opening in their city.

During the project video clips will be taken to allow other organizations to benefit from this experience. We will take this opportunity to create a discussion forum on culinary exchanges.

This project will take place in Hamburg, From **07 to 14 June 2021** with five associations.

Countries involved

France, Germany, Italy, Estonia and Spain.

Working language

The working languages of the Youth Exchange will be German, French and English. A translator and interpreter will be available during the entire duration of the project.

Participation in the Youth Exchange and the workshops

All the participants are expected to participate fully in all activities, unless you are ill.

Unauthorized absence from activities and workshops is not permitted.

The workshops are done and run, so that all the participants will be able to share their point of view. We expect you to be very participative and involved in the Youth Exchange and with the subject.

If less than 80% of the program is attended, it will not be possible to be reimbursed for the international travel costs.

The workshops are done by groups, depending on theme of the workshop, the groups can be mixed or not.

We film and photograph all the activities and workshops. These images are for the own use of ABED e.V. If you have any problem with it, don't hesitate to tell us, and we will manage to not film or photograph you.

COVID-19

Given the new health situation, we are obliged to ask all participants to come with masks and health standards will be taken to avoid developing the disease. The ABED team and all of the partners will remain vigilant about respecting the standards set by the German government.

Therefore a valid negative Covid-PCR test result must be presented on the day of arrival.

Access/transport

How to reach HAMBURG and ABC Bildungs- und Tagungszentrum e.V., Hüll

IMPORTANT: <https://www.hvv.de/en/>

Address

**ABC Bildungs- und Tagungszentrum e.V.
(ABC conference and education center)**

Adresse : Bauernreihe 1

21706 Drochtersen-Hüll

Email: abc@abc-zhuell.de

Telefon: +49 04775/529

Website: www.abc-huell.de

Getting there (ABC Bildungs- und Tagungszentrum e.V./ABC conference and education center)

How do you get to the ABC conference and education center?

From the Airport take the S1 direction Blankenese or Wedel and get off at 'Hauptbahnhof'/central station. Buy a ticket 'Gesamtbereich' / ABCDE = 5 fare rings **or** if it's suitable a group ticket ('Gesamtbereich' / ABCDE = 5 fare rings), which is valid for up to five persons.

By train:

The next train station is Himmelpforten (up to Himmelpforten you can use the inexpensive HVV railway fare 'Gesamtbereich' coming from Hamburg) and is on the way from Hamburg to Cuxhaven. The **train RE 5** runs every hour (except on Sundays and public holidays), the travel time from Hamburg Hbf. (central station) to Himmelpforten is about 60 minutes.

By prior arrangement, we will be happy to pick you up from the Himmelpforten train station for a fee. Please note that only a limited car service is available on weekends and public holidays. More details on request. We can also organize a coach from Himmelpforten for large groups.

By car:

(a) You are coming from Hemmoor on the B 495, first drive towards Wischhafen and turn right at the Peugeot workshop towards Großenwörden. After about 3 km, follow the yellow signpost to Hüll on the left. You drive the street through the village until the Draackenstieg branches off to the right. The ABC signpost is also there. From the Draackenstieg turn right into the row of farmers. The ABC is the first courtyard on the left.

(b) If you come from the Glückstadt-Wischhafen ferry, drive in the direction of Drochtersen. At the intersection with the B495, turn right towards Hemmoor. After approx. 3 km turn left, in front of the Hotel Sieb, into Fasanweg. At the yellow signpost for Hüll after 4 km, turn right and drive into the village until you see the sign ABC (left into Draackenstieg). Then follow the ABC signposts.

(c) You come on the B 73 from the direction of Stade and turn off in Himmelpforten to Großenwörden. About 2.5 km after Großenwörden, follow the yellow signpost to the right to Hüll. You drive through the village until the Draackenstieg descends on the right. The ABC sign is already there to guide you to your destination.

(d) Variant from HH: You drive via Finkenwerder and Cranz and turn off in the direction of Wischhafen before Stade. The road leads via Assel and Drochtersen to Dornbusch. There you follow the yellow signpost to the left in the direction of Hüll.

Anreise

Wie kommen Sie ins ABC-Tagungs- und Bildungszentrum?

Mit der Bahn:

Die nächste Bahnstation ist Himmelpforten (bis Himmelpforten kann man die günstige HVV-Gesamtbereichskarte (5 Ringe, ABCDE) aus Hamburg kommend nutzen) und liegt an der Strecke von Hamburg nach Cuxhaven. Der **Zug RE 5** verkehrt stündlich (außer an Sonn- und Feiertagen), die Fahrzeit von Hamburg-Hbf. bis Himmelpforten beträgt ca. 60 Minuten.

Nach vorheriger Absprache holen wir Sie gerne gegen Bezahlung vom Bahnhof Himmelpforten ab. Bitte beachten Sie, dass an Wochenenden und Feiertagen nur ein eingeschränkter Fahrdienst zur Verfügung steht. Näheres auf Anfrage. Für große Gruppen können wir auch einen Reisebus ab Himmelpforten organisieren.

Mit dem Auto:

(a) Sie kommen von Hemmoor auf der B 495, fahren zunächst Richtung Wischhafen und biegen auf Höhe der Peugeot-Werkstatt rechts Richtung Großenwörden ab. Nach ungefähr 3 km folgen Sie links dem gelben Wegweiser nach Hüll. Sie fahren die Straße durch den Ort, bis rechts der Draackenstieg abzweigt. Dort steht auch der ABC-Wegweiser. Vom Draackenstieg biegen Sie rechts ab in die Bauernreihe. Das ABC ist der erste Hof auf der linken Seite.

(b) Wenn Sie von der Fähre Glückstadt-Wischhafen kommen, fahren Sie in Richtung Drochtersen. An der Kreuzung B495 geht es rechts in Richtung Hemmoor weiter. Nach ca. 3 km geht es links, vor dem Hotel Sieb, in den Fasanweg. Bei dem gelben Wegweiser Hüll nach 4 km biegen Sie rechts ab und fahren in den Ort bis zum Hinweisschild ABC (links in den Draackenstieg). Danach folgen Sie den ABC-Wegweisern.

(c) Sie kommen über die B 73 aus Richtung Stade und biegen in Himmelpforten nach Großenwörden ab. Ungefähr 2,5 km hinter Großenwörden folgen Sie dem gelben Wegweiser rechts nach Hüll. Sie fahren durch den Ort, bis rechts der Draackenstieg abgeht. Dort steht schon der ABC-Wegweiser, der Sie zum Ziel führt.

(d) Variante aus HH: Sie fahren über Finkenwerder und Cranz und biegen vor Stade in Richtung Wischhafen ab. Die Straße führt über Assel und Drochtersen bis nach Dornbusch. Dort folgen Sie dem gelben Wegweiser nach links in Richtung Hüll.

Accommodation and Activity place

Accommodation

Activities and accommodation will take place at the same place. Therefore on the first day all the participants will be welcomed at **ABC Bildungs- und Tagungszentrum e.V.** in Hüll.

We will take the time to get to know each other and to lay down the sanitary rules. Please make all arrangements to arrive before 7 p.m.

You will be 2 or 3 participants per room. The activities will start at 9:30 a.m. every day, and end at 6:30 p.m.

So make sure that you will bring with you, everything you will need for the day, every time (clothes change, medicines, phone charger, laptop ...).

ABC Bildungs- und Tagungszentrum e.V. will not provide bath towels. Please take this into account and come with towels.

Food and Needs

The specificity of this project is in the actions that will be put in place. Participants will cook every day with original menus from your country.

Each group should come with menus (in detail), to share with the other participants.

Please come with 5 food menus from your country (5 starter menus, 5 lunch menus, 5 dessert menus). We will use them during meals.

If a dish requires special spices, please bring it as it is not easy to find it in supermarkets in Germany.

For any special dietary needs, allergies or diet, please mention it on the request form that you receive later.

Some daily tasks like washing dishes will be done by the participants. This task will be carried out by groups of 3 people, changing every day. The goal is to make this moment a moment of exchange and sharing.

If this organization does not follow, you can talk to us, we will find another solution. A schedule will be proposed and posted in the activity room.

What to bring with you

For this Youth Exchange, we kindly ask you to prepare in advance these 3 events:

The presentation of your organization. We demand you to bring clear information about the main activities of your organization, so that you can present it at the organization gallery during the project.

The cultural evening. Each country group will have to organize a cultural evening, where you will have to present some elements of your culture, in any way you want (sketch, songs, presentation, game, map, posters, and postcards about your country/region/town...). You can use PowerPoint or any other visual medium for your presentation, you are totally free!

The international coffee. This event is a special moment of the YE, we will discover each country by some gastronomic specialties (food and/or drinks). You are free to do whatever you want. You can cook a traditional meal such as a starter, a main meal, or a dessert, or you can bring some traditional delights.

If you decide to cook, please prevent as before, so we can manage to provide you the tools you will need. The meal that you will prepare has to be a simple one because you will have around 2 hours to cook it. If you want to bring the ingredients you will need, it's possible, we will have fridge, if need. If it's not possible, thanks for informing us in advance so we can manage to have time to go shop.

You also need to bring:

Laptop

Personal hygienic kit and towel set

medicine that you usually take

Your artistic skills! Any talent that you can share with us, which you definitely will need during creativity workshops.

Travel cost and reimbursements

We will refund you based on actual costs incurred and on presentation of:

- Invoice of the plane ticket
- Boarding Pass with the clear mention of the passenger
- All other transportation-related bills
- Invoice of the Covid PCR-test

Note: The costs of the Covid PCR-test can be considered ONLY if the price of the flight ticket and other travel costs and the cost of the PCR-Test do NOT exceed the refundable travel costs stated by Erasmus (see table below).

All refunding procedures will be done after the training project and directly to your sending association, which is the official partner of the project.

We undertake to reimburse you no later than 15 days after receipt of your supporting documents or invoices.

Sending Association	Country	Means of transport	Package per person	Participants number
Abed Deutschland e.V.	GERMANY	-	-	5
SEIKLEJATE VENNASKOND	ESTONIA	Bus, train, flight	275€	5
ASOCIACION JUVENIL INTERCAMBIA	SPAIN	Bus, train, flight	360 €	5
ASSOCIAZIONE DI PROMOZIONE SOCIALE JOINT	ITALY	Bus, train, flight	275€	5
Alliance pour l'Education et le Droit des Femmes	FRANCE	Bus, train, flight	275€	5

OTHER INFORMATION

Early arrivals (1 or 2 days before the beginning of the project), or late departures (1 or 2 days after the project) will be the own responsibility of the participants.

All participants must be at the Youth Exchange before 6 p.m. first.

All participants must leave the accommodation site the last day in the morning.

So, if you want to stay few days longer, before or after the project, we will not be able to host you at the location. So, you will have to find a place to stay at your own, and all your cost during these days will be yours to pay. If you have difficulties with it, contact us, we can give you some information.

CONTACT

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