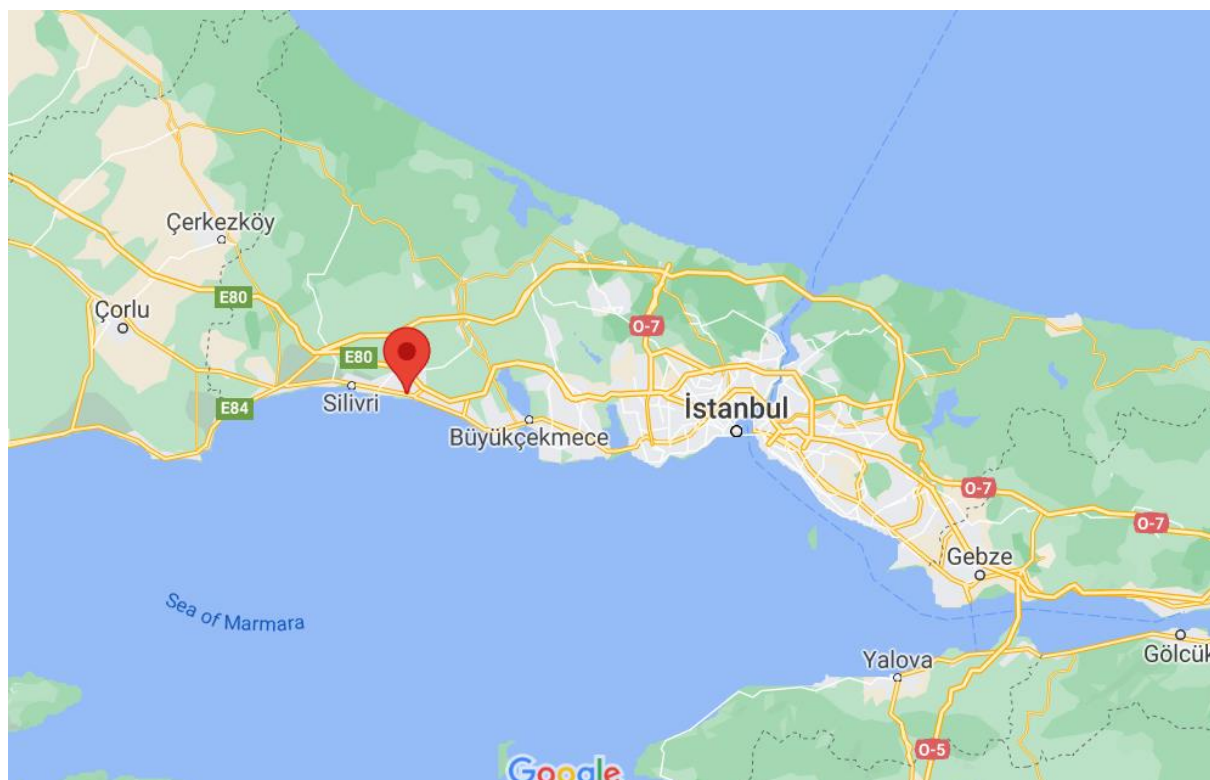




## CREATIVE SOLUTIONS



## YOUTH EXCHANGE ISTANBUL, TURKEY

**PLACE AND DATE:** 1-8 AUGUST 2022, ISTANBUL, TURKEY

**PARTICIPANTS:** 60 people (8 youth + 2 group leaders from each country)

**COUNTRY:** Partner countries will be from **United Kingdom, Turkey, Lithuania, Estonia, Czech Republic and Spain.**

**LANGUAGE:** The working language will be English.



# SUMMARY



Youngsters getting involved in entrepreneurship, getting to know different examples regarding to that and getting to learn about the opportunities about the entrepreneurship are all aims of our project.

Activities that support personal development take part in the project in which there will be emphasis put on the development of youngsters in personal level. Apart from that, youngsters will be given the opportunity to learn about work plan and how to develop a plan accordingly by doing brainstorming activities.

Participants will have a better understanding of the importance of foreign languages and start getting to know about different aspects of foreign languages. They will have a chance to get to know about Erasmus+ programme better as well as the certificate of Youthpass and the formats of Europass CV.

The tasks of the partners will start in the process of preparation of the application form and will continue after the process of activities. The partners have the tasks such as supporting the participants and the team leaders, informing them about the project details and then actively preparing for the project, completing their procedural preparations such as visa, insurance and travel plan, implementation of dissemination and visibility plans, participating in the evaluation meeting after the project.

## ACTIVITIES AND METHODS



### Working Methods

Different methods will be used in the project and an importance will be given to the activities being carried out in groups and in communicative way. Most of the activities will be managed by youngsters and non-formal education methods will be often used. The methods that use team working, discussion, presentations, free invention method, brainstorming, self-discovery, effective communication, making criticism and giving feedbacks,, thinking from the general to the specific and vice versa, individual work, using body language, learning by experience, case studies, information sessions, interaction with local community, reflection and personal evaluation, simulation exercises, role play, time management activities, intercultural evening and ice-brakers/energizers will be firstly aimed.

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travel plan, implementation of dissemination and visibility plans, participating in the evaluation meeting after the project.

## Who can participate in the youth exchange?



The youngsters helped to improve the application and are deeply involved in all actions, are willing to participate in all workshops and events organized during the project. The participants of the project from UK, Czech Republic, Spain, Lithuania, Turkey and Estonia are individuals who are in effort to develop themselves. They are eager to learn about entrepreneurship and try to improve their entrepreneurial skills to be more competitive on the labour market. Youngsters involved in the project show us, both through their engagement in the project and collaboration, that they are interested in entrepreneurship as well as group work in the international team. However, entrepreneurship is a very wide subject. Due to the dialogue with the youngsters, we got to know which aspects are most interesting for them and what they would bring to the project, in this way we collected ideas and concrete proposal from the associations and put them together in this application to create an harmonious program.

Age for participants are 15-30 years old. For group leaders there are no upper age limit.



## TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
United Kingdom	Turkey	2000 - 2999 km	10	360.00
Czech Republic	Turkey	500-1999 km	10	275.00
Estonia	Turkey	500-1999 km	10	275.00
Lithuania	Turkey	500-1999 km	10	275.00
Spain	Turkey	2000-2999 km	10	360.00
Turkey	Turkey	0 km	10	0.00

**AFTER SENDING** their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (**Istanbul**). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participant. We send only money to sender organization and sender organization will pay to participants. **It may be that money from European Commission will be late; in that case, as mentioned, you will get your reimbursement after the course by bank transfer (be ready for that).**

### **Days allowed to stay in Turkey:**

This is a great time to explore Turkey, if you want to explore country, please arrange extra days. You are allowed to come max 2 days before the YE or leave after max 2 days after the YE, but the total amount of the days that are not part of the programme is max 4 days. If you decide to stay more than 4 days longer than the official programme, you will have to cover the traveling expenses yourself. The funding is designated only for the programme, thus different dates of arrival / departure should be of the same price (or less) as on the programme days, otherwise you have to cover the difference in price. During these extra days, you have to find



your own accommodation and no other expenses are covered (we will cover just flights on different days).

## THE VENUE



**Note:** Organisers will not provide accommodation for any additional stay in Turkey. If participants plan to arrive a few days earlier or depart a few days later, they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel

## COVID-19 SPECIAL MEASURES ISTANBUL:



Beside the rules that we all have to follow, the following rules are necessary for the creation of a safe and productive learning environment:

- **All persons coming to the youth exchange will need to take an RT-PCR test before the trip as it is mandatory to show a negative test upon entering Turkey. The costs related to the test are supported by the participant directly, if their country does not provide free testing.** The list of acceptable tests is constantly being reviewed as government continues to seek the most accurate alternatives to the PCR test. If you cannot present the correct test result, you may not be allowed to board your flight. **You are fully vaccinated; you are allowed to come to country without any PCR test.**

- Before traveling, please ensure the rules to return home to your country. Will you need to be tested? Will you need to quarantine? If you need to test before returning home, this must be indicated on arrival so that testing can be scheduled within the specified time.

- **All participants need to bring along face masks that you will use at all times in all common areas inside the accommodations.** We will be using masks inside the activity room and other common areas. You will not need to wear the mask inside your sleeping rooms or outdoors, as long as you maintain proper physical distance. If it is not a reusable mask that you can wash every evening before going to bed, you should bring one mask for each working day. Additional disposable masks may be provided on site.

- Every bedroom, bathroom and common area will be equipped with disinfectant spray,





disinfecting wipes and paper towels. The participants are responsible for disinfecting their room and the toilet inside the rooms. The youth center team will be disinfecting common surfaces several times during the day.

- Before each session, the participants will need to wash their hands and use hand disinfectant that will be available at the entrance to the workshops room. The same procedure is necessary before each meal.

- We will have two non-contact digital thermometers. Every morning, group leaders will need to check the temperature of all participants from their team. If someone has a high temperature, the person will need to skip the morning session and self-isolate in the room arranged for these situations.

- After each session, facilitators will gather all materials (such as scissors, glue, markers etc.) that were used by participants and disinfect it for the next session.

- **In order to avoid the use of many glasses during the day, all participants should bring one bottle from which they will be able to refill and drink water during the exchange.** Disposable plates, cutlery and cups for coffee, tea or juice will be available.

- The breakfast, lunch and dinner will be served for each participant. We will explain the procedure to everyone after you arrive at the venue.

- Please note that the wearing of masks is mandatory in all public spaces in Turkey. This includes shops, restaurants, nightclubs and public transportation.

**Our main priority is the safety of everyone, and we are sure that these rules and regulations will not stop us from having a good time and meeting amazing people from other countries. If anything is not clear to you or you have any questions, please feel free to contact us at any time.**

## **ACCOMMODATION PLACE**

**Selimpaşa İMKB MTAL Uygulama Oteli**

**Photos and videos about our accommodation place and workshop place;**

**[https://selimpasa.meb.k12.tr/icerikler/uygulama-oteli-iletisim\\_8114890.html](https://selimpasa.meb.k12.tr/icerikler/uygulama-oteli-iletisim_8114890.html)**





**Rooms:** Participants will be accommodated in 3 or 6 people each room. Bed linen and towels will be provided. The main activity room is located in the hotel. Wi-Fi internet connection is available. Organisers will provide participants with three meals per day. Food will be served.

**We strongly recommend each participant to inform the organizers about any special dietary needs in advance.**

## **HOW TO REACH THE HOTEL**

**Two weeks before the project, we will share info about how to reach the hotel on Facebook group.**

**More discussions can be done in Facebook group.**

## **WHAT TO BRING**



Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...



## HEALTH INSURANCE

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high if you don't have.



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. We don't have printing opportunities.**
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity.**
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).

**Whenever possible, bring your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!**



**SEE YOU ALL IN ISTANBUL, TURKEY**