

INFO-KIT

For ESC Volunteers





About Us

The association Prosec was created in 1987 once analyzing the situation in the Historical Centre of the city of Lleida and seeing that it was a necessary intervention for the young boys, mostly of ethnic minorities, with few possibilities through education in their free time. At present, Process develops projects in the field of formal education through the Centers for External Education (EEC) for boys/ace, teenagers, and young with difficulties following the school rhythm normal. Apart from the complementary formation, they are offered cooking and technical maintenance workshops, where they can use their social abilities and develop their creativity.

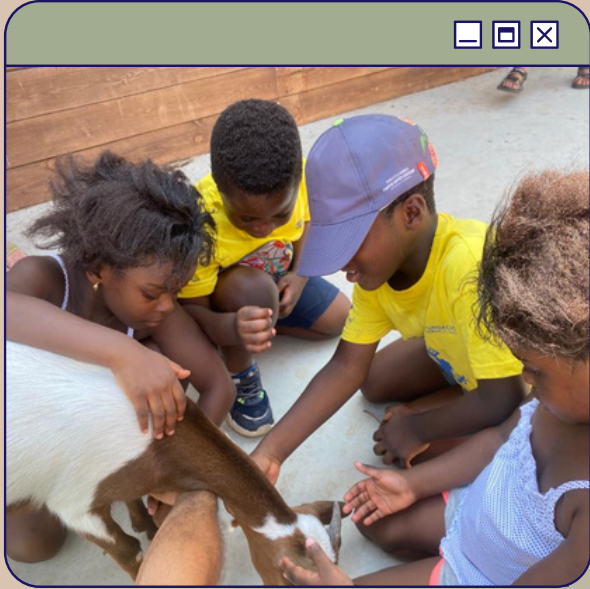
Also develops projects in the field of non-formal education through two Open Centers, educative intervention in the street, and sportive actions, to offer diverse users alternatives of leisure and free time. Finally, offer pre-labor training and facilitate the insertion of these collectives in worthy jobs, fitting to their abilities. It is carried out using labor courses such as workshops in schools.

For more information, you can check our [website](#).

**Where are we? and
how do we work?**

Prosec Association is on Plaça Josep Solans 3-4, ground floor. 25002 LLEIDA and office hours are Monday to Friday, 10:00 to 14:00, and 16:00 to 20:00.

[Google Maps Link](#)



Centres, tasks & volunteering program

While Prosec runs a wide range of projects, volunteers will spend their time in the Open Centers, where the aim is to provide educational activities for children, adolescents, and young people from the historic town center of Lleida. There are two Open Centers: Casal Compania and Casal Remolins, as well as a Street Project, which are open from 4.00 pm to 8.45 pm, and the user group consists of children/youngsters between the ages of 6 and 16.



These tasks may include the following:

- Attendance and active participation in activity-planning meetings, suggesting new ideas and activities, as well as daily review sessions which will be held after activities to identify problems and propose ideas to improve programming;
- Participation in leading activities for both children and youth, such as excursions, crafts, homework support, or sporting activities, and active promotion of cross-cultural activities, such as workshops dealing with countries of origin, cultural aspects, etc;
- Maintain a field diary to keep a record of everything that occurs during their active participation in the various activities
- Voluntary participation in all special activities carried out by the center, such as campaigns, weekend excursions, field trips, etc.

Aside from the aforementioned activities, the volunteers may participate in the design of projects of transversal motivation or exceptional activities, such as cultural workshops and popular or seasonal celebrations (carnival, Christmas, Easter, etc.). In addition, they will partake in the daily activities of the center itself, such as revision of the educational exercises carried out by the center's users. The volunteers may also participate in the design of specialized projects and activities, such as cultural workshops and popular or seasonal celebrations. In addition, they will partake in the daily activities of the center itself, such as revision of the educational exercises.



Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
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10:00-11:30			Spanish (or Catalan) Lesson		Spanish (or Catalan) Lesson
11:30-15:00					
15:00-16:30	Activity Preparation	Activity Preparation	Activity Preparation	Activity Preparation	Activity Preparation
16:30-19:30	Children's Activities	Children's Activities	Children's Activities	Children's Activities	Children's Activities
19:30-20:00	Clean-up	Clean-up	Clean-up	Clean-up	Clean-up

Learning possibilities



The volunteers will have the possibility to work with children and young people, who use the Open Centers

The volunteers will have a possibility to meet and live together with other volunteers, with different backgrounds to greater geographical and cultural appreciation

To enrich the activities and training provided for children and young people

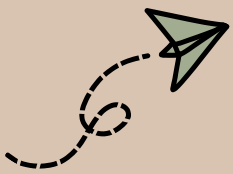
To provide the users of the centre, the teachers, and the other participating volunteers with a cross-cultural experience

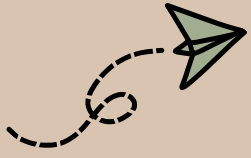
To increase the awareness of European volunteers about the true nature of the problems of the underprivileged

To provide an opportunity for young Europeans to acquaint themselves with a different culture and language, thereby increasing their sense of European citizenship and awareness and breaking down some established stereotypes

To provide the volunteers with knowledge and training for the future, thereby improving their opportunities for integration into the workplace and facilitating their personal development

To increase awareness about volunteering projects and Erasmus + possibilities





Spanish / Catalan language courses

During your volunteering project, who has a great possibility to learn Spanish or Catalan language? Volunteers will receive language training (formal and non-formal) throughout the stay and arranged by the host organization. We will provide the volunteers with all the necessary courses and training needed. The lessons take place two times per week and the duration of each lesson is 1,3 hours. Additionally, you will have the possibility to increase your knowledge of the language through Online linguistic support.

More specifically, the information about your language classes will be discussed with the project's team depending on your level of Spanish/Catalan language.

