

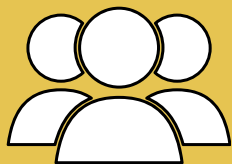


Broad Perspectives

Seminar for young professionals...

...including Youth Workers, Coordinators, Facilitators,
Educators, Mentors and Leaders

About the project...



The project brings together young professionals and youth organizations to refine conflict prevention and resolution methods within the realm of youth work.



What kind of questions this project wants to answer



How to create connection and collective growth instead of distance and discrimination?

How do we reduce intercultural tensions and increase cultural integration?

How to address conflicts effectively within youth work settings and promote inclusive and democratic values?

How is the seminar developing?



During the seminar, we will focus on methods, tools, and different practices to resolve and transform conflict on personal, professional and organizational levels.

Together with your partner organization, you will design activities using different tools for conflict resolution, according to the agreement that you make together with your organization before your arrival. Examples of tools: systemic approach in conflict transformation, embodied activities, puppetry, impro theatre, outdoor games, Veil of Ignorance tool, NVC, Playfight, Playback Theatre Technique, storytelling.

You will get the opportunity to implement these tools with your national group for the rest of the participants. This way, everyone brings their knowledge, practice, and know-how, while experiencing various styles that can be further integrated into their work.

The project is for you if...

You are **20+**

You are **actively working with marginalized groups** who face obstacles in life

You are a **youth worker (coordinator, facilitator, educator, mentor, leader)**

You are **motivated and enthusiastic** to learn various **conflict transformation tools** and implement them in your work and the organization you're part of

Have **curiosity and interest** in how to better support your target group and community

You are **committed** to participating in all the phases of the project: **Online assignments, Seminar, Local phase implementation**

Key Learnings

- You will develop innovative skills to address conflicts effectively.
- You will gain various tools and methodologies to address different challenges and foster an inclusive and diverse work environment.
- You will learn how to tackle:
 - 1.conflicts that your target group is facing internally or interpersonally
 - 2.conflicts present within you, your team, and your peers
 - 3.organizational conflicts and disagreements
- Increase your network and collaborate with other young professionals, creating a supportive community
- Discover how to better support young people who face obstacles in life to become more active citizens in their communities, and gain access to educational and employment opportunities



Project Timeline

APV

(in Ommen, the Netherlands)

Assignments

(Online)

Seminar

(in Ommen, the Netherlands)

Local Phase implementation

(in your country/community)

Follow Up

(Check-in Online meeting)

29th March - Arrival day

30th & 31st March - Preparatory Meeting

1st April - Departure day

(1 participant/organization)

between **April -June 2024**

1st of June - Arrival day

2nd- 8th of June- Seminar

9th of June - Departure day

(3 participants/organization)

deadline until the **15th of**

September 2024

by **October 2024**



Travel reimbursement

Erasmus Jeugdinstituut and Erasmus+ offer **travel reimbursement** for all participating countries in this project.

You will be reimbursed for your travel expenses for the Seminar, the full amount of **€275**, no matter how much you spend on your tickets.

If you are from Greece, the reimbursement is **€360**, and if you are from Spain (Mojo de Cana), the reimbursement is up to €530, according to the regulations of Erasmus+ and the EU distance calculator.

The travel expenses will be reimbursed to you a few days **after completing the Seminar**. Please keep all the tickets as proof to offer us. The reimbursement will be transferred to your **bank account**, according to the country you are coming from.

Participation fee: €50. If you plan your travel efficiently, you can cover the participation fee with the travel reimbursement money. For instance, you can spend €225 on your journey and offer the rest of €50 to cover your participation fee. The fee will be deducted from the **full amount** of reimbursement, €275.

If you are **not from** one of the **partner countries** in this project, either as a **resident or citizen**, and you want to participate, it is possible and, in this case, the participation fee is €420, which will cover the accommodation, food, and the 7 days seminar program.

Venue

Both the **Preparatory Meeting** and the **Seminar** will take place in **Ommen, the Netherlands**. The Accommodation and Food are covered by Erasmus+ and Synchro Foundation. For this project, we rent Olde Vechte Group Accommodation and the Activity room.

Olde Vechte Group
Accommodation



Activity
Room





Coordinators of the project

Alina Porumboiu & Cristina Pavel



Many would say that Alina and Cristina are like yin and yang, complementing their styles in the work they deliver and symbolizing a driving and creative force together. Alina is an experienced psychotherapist and facilitator, working with people of all ages, and being involved in diverse NGO projects. With experience in the systemic approach, she is working with families that go through divorce, as well as supporting individuals and groups to make the necessary transitions in life easier. Cristina holds a Master's degree in Occupational Health and Organizational diagnosis and has been working in the past years with young people who face different obstacles in life, either geographical, economic, familial, or social. With a deep commitment to social change, she is coordinating various programs in Synchro and other NGOs around Europe, supporting individuals, organizations, and communities..

+ OTHER GUESTS

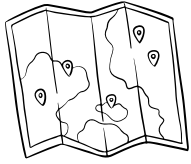
Who bring their own professional and personal experience in conflict transformation, using different non-formal tools

Vegetarian cook Afroditi Varvara

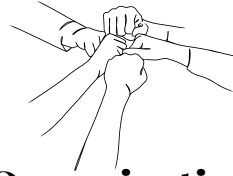
Afro has been a vegetarian since 2018 and exploring cooking in a challenging and creative new way. She has found herself immersed in various veggies and spices, as well as many textures. With the vision of creating and holding the space for every opinion and an open conversation, Afro is cooking for life!



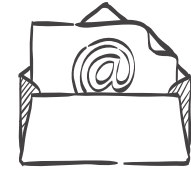
Our partners



Country



Organization



Contact

Croatia	Lokalna akcijska grupa Vallis Colapis	petra.cule@vallis-colapis.hr
Spain	Mojo de Cana	kamberovics@yahoo.com
North Macedonia	Scout Unit "Mirko Mileski"	kicevoscouts@gmail.com
Italy	New Wellness Education	newwellnesseducation@gmail.com
Romania	Innovation Education Lab	innedulab@gmail.com
Bulgaria	ALTER Network	alternetworkoffice@gmail.com
Greece	Roes Cooperativa	weare@roes.coop
Czech Republic	European Youth Centre Břeclav	eycb.info@gmail.com
Portugal	ADRMAG	diana@adrimag.com.pt
Estonia	Seiklejate Vennaskond	seiklejate.vennaskond@gmail.com
The Netherlands	Synchro Foundation	info.synchrofoundation@gmail.com

Overview: Project Development

Registration

Complete the application form and be part of the selection process that takes place with the support of each country partner

Practicalities

Get in contact with the sending organization of your country to arrange all the practical matters: insurance, project details, etc.

Documentation

Send us a documentation of what you have learned, how the local activity went and how did the program supported you in your work.

Buy your tickets

Purchase your travel tickets to ensure your place in the project and send them to us via e-mail.

Local activity

Organize a local activity in your country /community, where you put into practice what you have learned during the seminar and create social impact.

Facebook Group

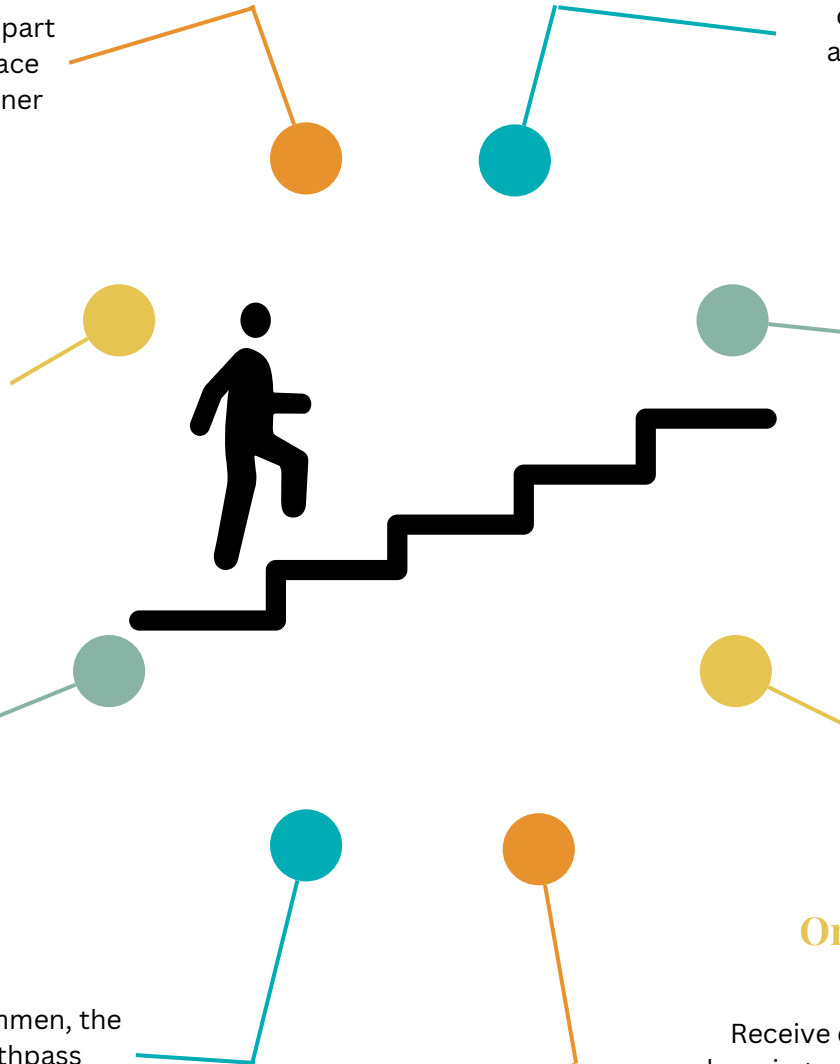
You will be added in the Facebook Group to stay in contact with us and the professionals who are joining the program.

Seminar

Join the 7 days seminar in Ommen, the Netherlands + receive Youthpass certificate.

Online assignments and Workshops

Receive online assignments that support your learning and prepare the workshops together with your organization and peers, that you will deliver during the seminar.



How to register?



If you want to register, you can complete the application form by clicking

here

and preferably be from one of the following countries: **North Macedonia, Spain, Italy, Croatia, Romania, Bulgaria, Greece, Czech Republic, Estonia, Portugal, and the Netherlands** either as a **citizen** or **resident**.

If you are selected, you will receive more information about your participation in the phases of the project, practical information, and next steps.

THANK YOU

If you have questions or curiosities,
just send e-mail to
info.synchrofoundation@gmail.com
and let's connect.

