

Youth Dynamics

Youth Exchange

Project title:

“R.E.CY.C.L.E.”

**(Romania, Estonia, CYprus, Croatia,
Lithuania, Espana)”**

29 April – 07 May 2022

Agros- Cyprus



INFO PACK

Hello dear friends and partners,

We would like to welcome you to our project titled **“R.E.CY.C.L.E. (Romania, Estonia, CYprus, Croatia, Lithuania, Espana)”** that will be hosted in Cyprus by Youth Dynamics in cooperation with partner groups from Romania, Estonia, Croatia, Lithuania and Spain. In this INFO PACK you can read all the details of the project.

Project Summary

“R.E.CY.C.L.E.” is a youth exchange of Youth Dynamics that will be organised in Agros between 29/4-07/5/2022. In the project will take part 36 young people and group leaders from 6 EU countries. Topics of the project: ecology, environment protection, culture & creativity

Moving in another country means learning and adjust the new knowledge to develop as a person and help the social and daily life development in your community. Through non formal activities our project will redefine the habits and the needs of youth in Agros underline the need to respect our environment and our health. This project means to adopt a Green life style in the most trendy way that is beneficial for youth as well as the environment they live in. The participants will be the example for the whole community as they will create events and implement various activities.

The unprecedented situation with the COVID-19 pandemic is being taken seriously and in solidarity by the European Union. Many measures have been taken and several others are being implemented of tackling this pandemic. Solidarity and unity are at the very core of what the European Union stands for, so we must remember our common values that will be crucial in rebuilding Europe after Covid-19. So our group is very motivate to participate in ESC and promote the core EU values of solidarity, respect, tolerance, peace, human rights, democracy and volunteering. " R.E.CY.C.L.E. " is a youth project focuses on the participation of young people in two spheres: non-formal learning and mobility and youth policies at the local level. The project promotes active participation and European citizenship through volunteers being involved in activities for the community, related to topics such as youth participation, training and education, sport. The project's strong intention is to boost local youth in their lives.

The project offers to young people the opportunity to experience the way of living in Cypriot villages by supporting, working and cooperating with the local community, by sharing their skills and knowledge. It focuses on promoting environmental and agricultural issues, intercultural exchange, and active participation in areas where it is needed. Implicating volunteers from countries other than Cyprus will enhance our goals of tolerance, acceptance, and awareness of cultural diversity leading to integration and intercultural experiences. The participants will mainly be involved in the following non formal activities: group working, role play, simulations, debates, workshops, reflections group, brainstormings, outdoor activities, discussion, round tables etc.

Moreover the 36 participants will work on projects which aim to create a better life for youngsters, especially for those with fewer chances and those who are having luck of nature and exercise in their daily life. This systematic work along with all the other programmed activities are able to create a system of unofficial rules that will be adopted by our citizens and change our community to a better way.



Details of the project

Venue: Agros , Cyprus

APV meeting : 26-28 March 2022

Youth Exchange Dates: 29 April - 07 May 2022

APV participants : 1 group leader

Youth Exchange participant No: 5 participants+ 1 group leaders. Total 6 persons per group

Age: Between 16-30 years old. No age limit for group leader

Participant countries: Romania, Estonia, Cyprus, Croatia, Lithuania, Spain

Language: Project will be run in English.

Emergency contact from Cyprus: Vasilis - 00357-99473782

DEADLINE for partners to select participants: 15 April 2022

Dates of the project

APV meeting: 26-28 March 2022

Youth exchange : 29 April -07 May 2022



Participants

Participants should be *responsible youngsters*, aged between 16 – 30 years. They should have an interest in the topic and be willing to learn and be motivated to share experiences with others. They should also be able to work in English since the working language of this Project will be *English*. Gender balance and group diversity in terms of different social and cultural backgrounds should be taken into consideration. We know that the YE experience is for the 'lucky ones' and our group does his best to make it productive and memorable one, so we're looking for Motivated youth, who will be working for the project productively.

Reimbursement

Unit costs of your travel expenses (see table below) will be covered by the organizers with the support of ERASMUS+ programme. In order to receive this money for transportation, please keep ALL original invoices, tickets, boarding-passes or any other transport document. The money will be reimbursed after submitting all the original documents via bank transfer, upon completion of the Mobility Tool+ by group leaders. There is a participation fee of 20 EUR to cover for extra costs and 2 day trips to other cities of Cyprus and other organizational costs

No	Country	Max amount per person in Euro
1	Estonia	330
2	Lithuania	330
3	Spain	500
4	Croatia	245
5	Romania	245

Travel costs from home to the venue of the project and return. Please note: only cheapest means of transport/fares are subject to reimbursement. All amounts are expressed in Euros. The above amount is 30 euro less than the official travel costs of ERASMUS+. The reason we deducted this 30 EUR is because in the travel cost we should calculate the transfer from the airport to the venue, which costs approximately 15 EUR each way. It is a private coach hire, and depends also on the arrival/departure time, waiting time in case of a delay etc

Important!!

If you want you can come to Cyprus 1-2 days earlier or leave 1-2 later after the end of the project or on APV. Of course you have to cover this extra cost for accommodation and food by your own.

Very Important!!!!

ALL participants must travel from their home country to Cyprus. We can not host people who come from a different country and not from their home country. Of course you can flight from a different country but your trip must start from your country. As an example a person from Romania can go to Greece by bus or train and take a flight from Greece to Cyprus. But we need also the bus or train tickets which confirm that he start he's journey from he's country.

Partner groups

Role	Name	Country
Hosting organization	Youth Dynamics	Cyprus
Sending organization	Seiklejate Vennaskond	Estonia
Sending organization	Asociatia GEYC	Romania
Sending organization	VšĮ Inceptus	Lithuania
Sending organization	GLOBERS	Spain
Sending organization	Udruga za pomoć mladima "HELP" - Split	Croatia

European Health Card

It is the participant's responsibility to have a travel health insurance or a European Health Card. The European Health Card is accepted in every country within the European Union, can be obtained for free and is valid for 1 year.

More info at:

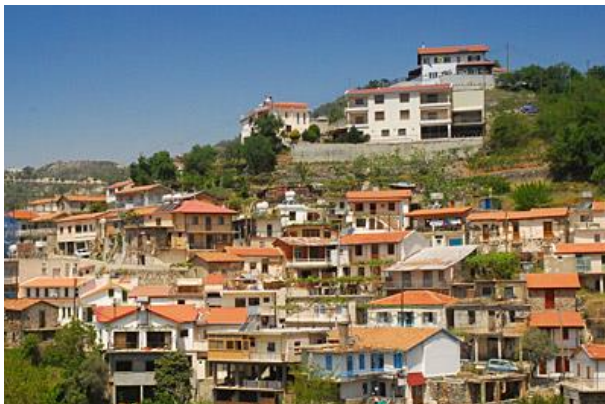
<http://ec.europa.eu/social/main.jsp?catId=559>



Agros village

Participants will be lodged in a hotel, centrally located in Agros, a beautiful village in the heart of Cyprus. Agros is a village in Limassol district, built amphitheatrically among high mountains. Its population is 800 people and it is one of the most interesting villages in Cyprus and Pitsillia area. Historical and cultural sites are kept in a natural environment of extraordinary beauty with the village maintaining the customs and its traditional character. The love for work and the progressiveness characterise its inhabitants. The village's modern roads make it a connection point between the cities of Nicosia and Limassol and the mountain of Troodos. Its main production line consists of grapes, garden products, fruit of excellent quality, soutzoukos, traditional type smoked products (sausages, lountza, choiromeri), traditional sweets and marmalades. Its inhabitants are also into tourism business (hotels, tourist apartments, inns, traditional coffee shops, taverns and bars.). More info at www.agros.org.cy Agros is called the "ROZE village" as you can find a special kind of beautiful and fragrant roses. The locals use them to produce the famous rose water.

Rose water is produced from "rodi damaskini" which is a special cultivation of roses. These roses have a beautiful scent and they are the most adequate for the production of rose water. Every May in Agros we have the "Roze Festival" at the peak of roze blossom. The festival offer a choice of functions, activities, displays and demonstrations that delight anyone appreciating nature's beauty.



Accommodation

Participants will be lodged in youth hostel in Agros, a beautiful village in the heart of Cyprus (www.agros.org.cy). The hostel offers double and triple rooms, bathrooms and balconies offering views to Troodos Mountain.



Climate

The average daytime temperature in May is around 25°C and you are advised to bring warm clothes as during the night, the temperature drops down, During May the weather is fresh.

Entry to the island

Larnaca airport is the nearest to the venue. Cyprus has a second airport situated in Paphos, however transportation between Paphos and the venue is more difficult.

IMPORTANT:

Ercan is an airport in the Northern part of Cyprus, which is occupied by Turkey, and it is considered to be an illegal airport, not belonging to the Republic of Cyprus. Therefore, the European Union cannot cover travel expenses between any country and that airport. This is not our personal opinion, but a policy of Cyprus Republic that we have to respect. Therefore, we are asking you to book your flights with the cheapest flights from one of the 2 legal airports of Cyprus.

Coming to the venue of the project (Agros village)

When you arrive in Larnaca or in Paphos airport, we will arrange a bus to pick you up from there and bring you to Agros village. The trip from airport to the venue of the project will take about 1.5 hour.



Safety Information vs COVID-19

As hosting organization, we made our best to rethink about our project, local activities and accommodation in order to comply with the standards of the new normal. Your mobility experience is redesigned by considering Cypriot regulations and health / safety recommendations from the European Union and World Health Organization. Please read below mentioned regulations which is prepared for your maximum safety and comfort during your stay in Cyprus:

- We will use cleaning and disinfecting protocols to clean rooms after participants depart from activities rooms, with particular attention paid to high-touch items. The youth will be welcomed in already cleaned and disinfected rooms.
- We do not give the participants' privacy information to third parties.
- The participant is required to have the insurance in order, also travel insurance in case of quarantine or travel suspension due to COVID-19 measures.
- Before activity participants are recommended to avoid public events and gatherings due to COVID-19 remaining danger.
- We keep safe distance indoors and outdoors, maintain hand hygiene and wear masks.
- Accommodation of participants is more space to ensure more personal space.
- Participants will maintain the “group bubble” during the activity for more safety.
- We recommend taking direct flights to Cyprus and back if is possible.
- We recommend you to buy flexible tickets or cancellation insurance
- Hydroalcoholic gel at your disposal in various areas of the house and office where the activities mainly will take place.
- If a participant develops respiratory symptoms, they will be isolated and tested for COVID-19. The group will continue working normally. If COVID test returns positive, the group will be isolated and tested for COVID. We follow the national guidelines to ensure safety of participants and staff.

In order to protect themselves and others, it is necessary that participants pay attention to the prescribed safety measures:

- In closed spaces it is recommended to wear a mask and maintain physical distance;
- In open spaces it is necessary to maintain the required physical distance;
- It is necessary to cover mouth and nose with a tissue when coughing or sneezing;
- It is necessary to wash hands often after being in a public place, or after blowing nose, coughing, or sneezing.
- The host will take all necessary preventive measures in accordance with the current epidemiological situation caused by the COVID-19 virus.

In this official Cyprus webpage you can read all the important information guidelines, announcements, press releases and updates about travel restrictions and countries categorized according to their epidemiological situation:

- <https://www.pio.gov.cy/coronavirus/eng>
- <https://www.pio.gov.cy/coronavirus/eng/categories/en-fly>

Also in order to fly to Cyprus you must register in Cyprus flight pass portal within 48 hours before the commencement of your travel from the Country of Origin to the Republic of Cyprus (either direct flight or via intermediate Countries).

- <https://cyprusflightpass.gov.cy/>

Since 1st of March 2022 the vaccinated people from EU don't need any test to enter Cyprus. Non vaccinated people will need rapid test 24 hours or PCR 72 hours before their flight.

What to bring:

In order for everybody to have a really good time, we would like you to bring some things which we believe are important for the participation of all the participants and for the success of the Youth Exchange.

- ✓ Necessary documents such as passports, travel documents, etc.
- ✓ Comfortable clothes and shoes
- ✓ Towels
- ✓ Personal care products, such as shower gel, shampoo, comb, etc.
- ✓ Hair dryer
- ✓ AC power (Power adapter)
- ✓ cameras, laptops and other equipment making life and work easier;
- ✓ information about your country (books, brochures, posters, postcards, video, PowerPoint presentation, music, etc.);
- ✓ information about the organization you come from (brochures, PowerPoint presentation, video, etc.);
- ✓ Some traditional stuff - a typical taste: food/drink, music, flag of your country for the intercultural evening
- ✓ Medicine, if you regularly take any
- ✓ Money (Some of the partner countries of the project are using euro)
- ✓ And above all bring joy and lots of positive energy !!
- ✓ Endless amounts of good mood and motivation for work and leisure!
- ✓ Positive attitude, desire to learn and meet cool new people! :)



COSTS:

- The project is funded within the frames of ERASMUS+ program. So all costs are covered:
- Travel cost up to the travel limit according the distance calculator of EU
- Food and accommodation

We encourage participants to be an active part of this project, embracing responsibility and enjoy the cultural side of this experience! And now, pack your bags, fill your heads with ideas and come meet us in Agros. Together we can make a change!

We hope that you find the Project worth participating in and we look forward to meeting you on April 2022!

Please do not hesitate to contact us on email vasilis@cing.ac.cy or by phone at **00357-99473782** if you have any more questions!

See you in Cyprus!

Youth Dynamics

Contacts:

Vasilis Christofi (Coordinator): vasilis@cing.ac.cy

Youth Dynamics (hosting group): youthdynamicscy@gmail.com

Useful information about Cyprus



- ✓ **Weather:** check it out e.g. on <http://weather.yahoo.com/>
- ✓ **Electricity:** Cyprus has the 240 Volt/ 50 Hz 3 pin electricity plus – so you will definitely need adaptors. Make sure you bring at least one with you.
- ✓ **Cyprus Time Zone:** UTC (or GMT) +2
- ✓ **Cyprus currency:** the Euro. You can use your credit card (VISA, Mastercard etc.) almost everywhere.
- ✓ **Cyprus International Dialing Code:** +357

