



“SHOW ME YOUR TOOLS” – TRAINING COURSE - KA151

BUSTENI, ROMANIA, 4 – 13 december 2023

Arrival day : 4 december 2023

Departure day :13 december 2023

Organizer : FPT BUZAU, ROMANIA

Coordinator: Tolea Postovei

Trainers: Tolea Postovei, Bogdan Chiriacescu

Facilitators:lasmina Florescu

Partner countries: BE, BG, CY,CZ, EE, GR, HR, IT, LT, LV, MK, PL, PT, SP, SRB, TR,RO

Participants

Each partner should select 1-2 youth workers with experience plus another one just for some countries/organizations according to our validation aged over 20 years old. Erasmus students and ESC volunteers at time of mobility are not eligible. Participants should be citizens of sending countries or legal residents for at least until end of 2024.

Venue : Busteni, Romania

Description of project :

"Show me your tools" is a training course that will take place in Romania between 4 and 13 december 2023 with 34 participants and 4 experts

The aim of the project is to develop professional competences for youth workers and provide them a set of tools to be used in future Erasmus + common projects

Objectives:

1. increasing youth workers' key competences and their potential of involving in projects as trainers and facilitators
2. provide to youth workers a set of nonformal education tools according to Erasmus + new priorities(green,digital,inclusion,civic engagement)
3. expanding european cooperation between youth association for implementation of future common projects

The methodology is based on nonformal education methods including presentations, world café, theater, round tables, debates, video creation, role plays etc. The project activities will be preparation, introduction, getting to know each other, workshops in plenary and teams, outdoor activities, intercultural evenings, visits, reflection and evaluation according to agenda.

Final products expected: a guide with nonformal education tools and a visual campaign to promote nonformal education and Erasmus +

Accommodation : Vila Cristina Busteni – in rooms of 2 or 3 beds with private bathroom and shower

Food will be served at the restaurant of the pension and there will be 3 meals every day and coffee breaks.

Please send us your special needs concerning food: no pork, no meat, vegetarian or any allergies.

Activities : will be in the same place in different rooms. Some of the activities will be outdoor.

Facilities and visits: pension is 15 minutes walking from city center where you can find almost everything: shops, pharmacy, banks, restaurants etc.

We'll visit Bran, Brasov and Busteni – see the agenda. Any other optional visits will be discussed on the spot.

Weather is so unpredictable in the mountains. Average temperature in december is around 4 degrees during day and -2 degrees during night, but can be colder, warmer, raining or snowing. So be prepared for everything. We'll keep you updated with the weather forecast.

IMPORTANT !!! Pay attention to safety measures:

-you'll live in an intercultural environment, so accept all cultures and be tolerant

-NO DRUGS ALLOWED !! Alcohol only after activities in the evening and consumed with responsibility!!

-you have to attend and be involved in ALL ACTIVITIES during the training and also in DISSEMINATION PHASE !!

-other rules and safety measures will be fixed in first day, so if you have proposal feel free to express them !!

Transport: For those arriving in Bucharest Otopeni there is a **TRAIN** directly to **GARA DE NORD** every 30 minutes that takes 20 minutes and costs 6 lei. In the train station **GARA DE NORD**, you can easily find the ticket office and buy your tickets. You can pay by card in train station, but there is also a machine for tickets. We suggest to ask for round trip ticket BUCHAREST-BUSTENI-BUCHAREST– there is cheaper. Also you can book tickets on line on www.cfrcalatori.ro. The trip is around 2 hours. As you'll get in the train in Bucharest we'll ask you to send us an sms with the time of arrival.

Another option is to take **MINIBUS** directly to Busteni for 2 hours trip – in next infopack you'll get the links to buy tickets.

From train station in Busteni you can walk 20-30 minutes or take a taxi on your own expenses - a taxi costs around 3-4 euros

Make sure to arrive in train station in Bucharest before 9.00 pm –after that time there is no public transport. For those arriving later or for those that don't want to go first to Bucharest the option is to take a minibus from airport to Busteni

For the way back, from Busteni there are minibuses to airport or trains to Bucharest

ACTIVITIES

Please post announcements about the project on your websites, blogs or any other platform and send us some print screens or copies – **OBLIGATORY !!**

What should you prepare :

- a documentation about tools your organization use to work with youngsters
- be prepared to propose games, energizers, activities for free time or for our workshops
- as we want to use as less plastic as possible please bring with you your own coffee/tea cup or mug and a bottle/recipient for water
- **for intercultural evening you have to bring some traditional food and drinks and to be ready to teach us a song or a dance. ATTENTION !! There is not possible to use kitchen for cooking (because of regulations about safety and hygiene) so bring dry things ...you can prepare short and easy meals that can be done without oven like salads etc...if you need some ingredients like vegetables,oil, salt,regular spices,bread etc we can provide them...**

REIMBURSEMENT:

In order to get the travel costs back we need to get from you **PRINTED ON PAPER and ARRANGED IN ORDER OF TRAVELLING PHASES FROM DEPARTURE TO DESTINATION**

- All BUS/TRAIN/FERRY tickets and invoices in original.if you need local transport in your country try to buy return tickets.Tickets should have date,itinerary,cost.if there is no name-write it on the back
- For FLIGHTS: electronic ticket with name,dates,itinerary,costs AND INVOICE if some of previous item is not on the ticket.
- BOARDING PASSES compulsory – keep them as without them you don't have your money back.If you did mobile check-in you can send us the print screen
- Take only APEX flights (no business class) and only 2 nd class trains.
- TAXI/BOLT/UBER or similar costs are not eligible unless exceptional situations
- Be sure to have price and data on bus and train tickets,also on airplane tickets.If not, ask for receipts or invoices.
- If you travel by CAR contact us to tell you the rules and documents needed.
- Insurances are in charge of every participant and costs are not eligible from project budget
- If your participants plan to use GREEN TRAVEL (bus, train, carpooling) write us for details as they can have more benefits

The reimbursement will be in accordance with distance calculator for the maximum amounts approved in application and will be done after the project when we'll receive all ORIGINAL documents. The amounts for reimbursement will be based on the tickets/invoice presented. There will be one transfer for every country in account of sending organization

Maximum approved travel costs :

180 euros /participant for Bulgaria (210 green travel)

360 euros/participant for Spain and Portugal (or 530 if distance according to distance calculator is more than 3000 km from your place to Busteni)

275 euros/participant for the others (320 green travel)

There is a partner contribution of 20 euros/participant

Participants can spend 2-3 days before or after the project in Romania but no costs of accommodation, food, local transport or other expenses will be reimbursed for days outside the project.

Other practicalities :

Currency : 1 euro = 5.00 lei (RON). There are banks and bankomats in airports, in Bucharest train station, in Busteni.

The hour in Romania is GMT + 2.

Beware of pick pockets in buses, metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them – most of them are cheaters.

For any other questions and comments or questions contact

postoveitolea@yahoo.com

Tolea - +40.744.855.911 - available on whatsapp

ALL PARTICIPANTS WILL GET YOUTHPASS CERTIFICATES.

See you soon here !!!

Facebook group

Registration link for selected participants only