

HIGH ROAD

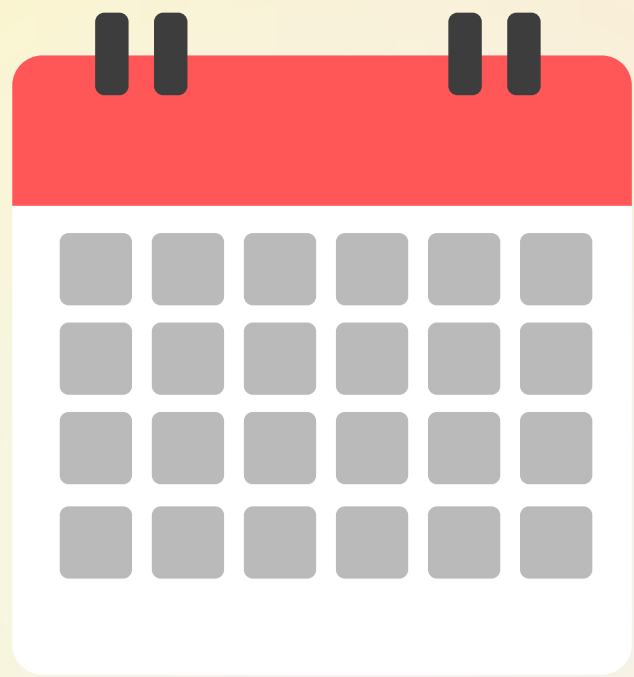
VOLUNTEERING IN TEAMS IN HIGH PRIORITY AREAS
JUNE 4th - AUGUST 3rd, 2023

INFO PACK



**EUROPEAN
SOLIDARITY
CORPS**





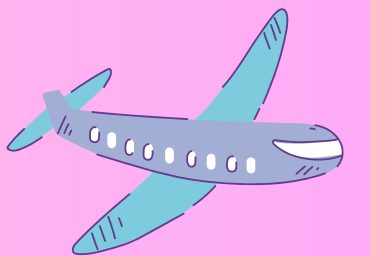
PROJECT DATES

JUNE 4th - AUGUST 3rd, 2023

You can arrive on the days from 2 to 4 June.

On the 4th evening, your presence is required at the Biancaneve Hotel in Nicolosi, where the on arrival training will begin. If you arrive on 4 June, you need to land at Catania Airport, which is near Nicolosi.

You can depart August 3 from Catania or a few days later (no later than August 5 for reimbursement purposes and also from other Sicilian airports)



PLEASE NOTE.

Should you decide to arrive and/or leave a few days earlier or later, expenses related to food and lodging will be your responsibility.

Transportation to Nicolosi

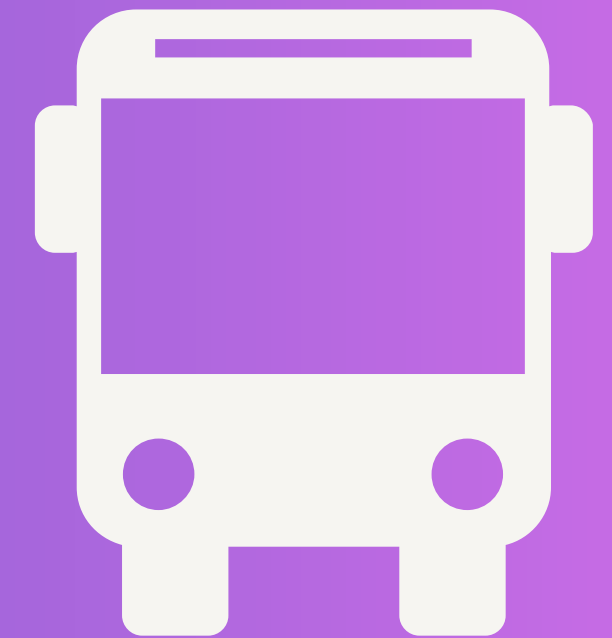


On Arrival to Catania Airport (Fontanarossa).

To reach Nicolosi you first have to take a bus from the airport to the Central Station (Bus/railways), then another bus that brings you directly to Nicolosi. Here are the following detailed instructions:

- **On leaving the airport, head towards the exit and go to the right to the “Arrivals” bus is called “ALIBUS”**
- **Buy a ticket at the vending machine area which is next to the Tourist Information Office. (If it does not work, please buy the ticket at the ticket counter on the left side of the “Arrivals”)**
- **The cost of the ticket is around €4.**
- **Departures are every 20 minutes.**
- **Get off the bus on arrival to Catania Central Station.**
- **Leaving behind the Central Station, cross then the big square (Piazza Papa Giovanni XXIII) and head directly to the bus station, search then for the Azienda Siciliana Trasporti AST Company.**
- **You can buy a bus ticket at the coffee shop “Bar Terminal” near the bus stop, Bus Tickets cost € 2.70 one way.**
- **Once entering Nicolosi (journey time approximately 1 hour) in Via Etnea go uphill for about 600 meters towards Mount Etna.**
- **The Biancaneve Hotel is located on Via Etnea at number 163.**

Transportation to Nicolosi



BUS TIMETABLE

CATANIA CENTRAL STATION – NICOLOSI

Timetable: 05:00 - 06:00 - 08:15 - 11:30 - 13:30 - 14:30 - 16:00 - 17:00 - 19:00 - 20:15

NICOLOSI – CATANIA CENTRAL STATION

Timetable: 08:00 - 12:20 - 13:00 - 14:30 - 15:25 - 16:50 - 17:30 - 17:40 - 18.30 - 19:50 - 21:15

In case your flight arrives later, at a time when there is no public transportation available, private transportation will be arranged by Strauss APS, which will then be deducted from your travel budget.

PROJECT INFORMATION

WHERE AND HOW

The project involves 44 participants from all over Europe for 59 days. The project is structured as an itinerant action that will comprehend territories from different Sicilian areas: Nicolosi, Corleone, Mussomeli, Milena, Montedoro, Caltanissetta.

AIMS

- Raising awareness about European programmes for Youth and Volunteering;
- Raising awareness about the importance of preventing diseases instead of treating them;
- Creating actions of community development;
- Generating social inclusion through the experience of the volunteers as role models for their peers.

FINAL PRODUCTS

- **“High Road Trip”** will be a collection of audiovisual materials produced by the volunteers during the activities on field;
- **“High Road Map”** will be a map of the needs of the territories in which activities will take part that have been recognised during the implementation of the activities



PROJECT STRUCTURE AND PROGRAMME



The weekends of June 10-11, June 24-25, July 15-16 and July 29-30 are free days used for travel from one activity implementation site to another. Transportation will be provided by Strauss APS. The weekends of June 17-18, July 1-2 and July 22-23, along with the period from July 8-16 are considered the free days. Strauss APS will not support transportation in these last cases. Only on July 14th some small individual task is foreseen. Due to activity and logistical needs, it is not possible to make changes to the free days structure.

ACTIVITIES

General activities: On-Arrival Training and Final Evaluation in Nicolosi, promotion of health and healthy lifestyles, prevention, promotion of European Programmes such as European Solidarity Corps and Erasmus+. **PLEASE NOTE:** activities may change. Specific activities:

CORLEONE	MONTEDORO	MILENA	CALTANISSETTA	MUSSOMELI
Legality-social antimafia camps represent a complete educational path: from agricultural work on the confiscated lands to meetings with people and testimonies of magistrates, writers, journalists, associations that live the territory. The activities include also a data collection and sensibilization on the topics of the project.	Montedoro will provide activities to raise awareness among the local community about the importance of prevention in health and the promotion of healthy lifestyles. The town is famous for its past mining-related activities and the positive and negative effects on community, especially those related to the health. Activities include data collection for the construction of a needs analysis and awareness-raising activities on project issues.	In Milena, a small town of Caltanissetta province, volunteers will be engaged in awareness-building activities on healthy lifestyles, data collection, but also contact with the local community through playful and educational events, including socio-educational animation, workshops and labs on trekking.	Volunteers will do activities with the association I Girasoli Onlus, which has always given support to people in situations of marginality and social difficulties. People with disabilities, both physical and psychological, minors, the elderly and immigrants are the most vulnerable people towards whom, the association, turns its attention by operating in the field of collective utility services and social solidarity in several locations located in the Sicilian hinterland. As designed, activities also include promoting healthy lifestyles and collecting data with a view to constructing a needs analysis.	Mussomeli, the base of Strauss APS, will offer volunteers the opportunity to do socioeducational animation activities with local children, including creative activities, on the themes of the project. Along with this, data will be collected and healthy lifestyles promoted, and activities will be carried out in cooperation with a social kitchen that deals with disadvantaged individuals in the village. International youth mobility programs such as ESC and Erasmus+ will be promoted.

PRACTICAL INFORMATION

TRAVEL

Participants will get reimbursement by their own Supporting Organization according to the distance calculator [LINK HERE](#)

- from 100 to 499 km from the departure point to Mussomeli: up to €180
- from 500 to 1999 km from the departure point to Mussomeli up to €275
- from 2000 to 2999 km from the departure point to Mussomeli: up to €360

ACCOMMODATION AND FOOD

The accommodation is provided by the hosting organizations, shared rooms. Food will be provided by the hosting organizations.

ALLOWANCE

Participants will receive a pocket money of 7 euro per day for 61 days.

INSURANCE

Once selected, the volunteer will be automatically enrolled by Henner insurance, which will be complementary to the European Health Insurance Card

WORKING TIME + FREE DAYS

Generally, activities will take place from Monday to Friday for about 6 hours a day. The volunteer is entitled to 2 days off per week and two vacation days during the month. Please refer to the next page for the organization of days off. It is recommended to bring your own laptop computer.

LINKS AND CONTACTS



WHATSAPP



INSTAGRAM



FACEBOOK



TIKTOK



YOUTUBE



DISCORD



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