

Infopack

all you need to know about

RADIO

FREEE

MOTION

BETTERME



AGENCIJA ZA
MOBILNOST I
PROGRAME EU



Erasmus+

Zagreb, Croatia

September 10th-19th, 2021

About the project

Radio FreeMotion is a mobility of youth workers about using **low-budget web radio to increase youth participation**. It is financed by the [Erasmus+](#) programme.

The project will take place in Zagreb, Croatia and will last **8 days** +2 travel days, from September 10th (arrival day in the evening) to September 19th (departure day in the morning).

Radio FreeMotion involves **35 youth workers** from **Croatia, Romania, Italy, Estonia, Poland, Hungary, Portugal and Serbia**.

During the project, we will learn how to create a participatory broadcast that encourages **youth involvement**, discovers **new forms of participation** and promotes **youth entrepreneurship** in a form of web radio.

As a result, organisations and youth workers will be able to help young people establish their own web radio which they will run **without the mediation of adults**.

The radio will be entirely created by young people who will decide on **topics, formats, editorial lines and contents**.

With this, they will be able to involve other young people (often socially excluded) and create a critical mass that will **influence their community**.

Project objectives

Radio FreeMotion aims to empower young people, increase their social engagement, contribute to life-long learning and self-establishment of young people.

Project aims:

- increase the **quality of youth work** by presenting a new, more participatory approach
- encourage organisations to **set up their participatory web radio**
- improve **outside communication** of partner organisations
- increase the aggregation, group participation and expression of young people based on their **shared interests**
- contribute to the **sense of entrepreneurship** and **creativity** of young people
- support youth to influence their community, helping them become **protagonists of change**

Methods we will use are creative and practical workshops, broadcast simulations, discussions and other non-formal education methods.



Context

Young people across Europe have a high potential, but often lack skills, tools, opportunities to express themselves, and sometimes the proper support.

They are **underrepresented** in media and democratic life.

Internet and social media provide only a partial solution to those issues because of **low digital literacy**.

Radio FreeMotion gives an opportunity to youth workers and young people to learn how to **make better use of media's potential**, especially the innovative means of web radio.

RFM aims to increase young people's skills and capacities to **participate in democratic processes** using the participatory web radio broadcast and low-budget web radio.



Participant Profile

Each partner organisation will involve **4 people** aged 18+.

It is really important to respect **gender balance** as much as possible.

We warmly welcome people with fewer opportunities!

This project is for you if you are:

- over 18 years old
- a youth worker active in the partner organisation
- interested in the topic of media, especially radio
- dedicated to implementing web radio during the mobility and after in your local community
- willing to apply new competences in your daily youth work
- willing to participate in dissemination and visibility activities after the mobility
- have previous experience in youth work and/or radio (not compulsory).



Travel and other costs

Participation in the project is **free of charge**. You will be provided with **accommodation, meals and learning materials**.

We will also **reimburse the cost of your travel** to and from the project (both ways) up to the maximum budget per country:

- Hungary: 180€
- Romania: 180€
- Serbia: 180€
- Italy: 275€
- Poland: 275€
- Estonia: 275€
- Portugal: 360€



We will reimburse economy class flights, trains, buses, ferries etc. You can also come with a car (the whole group in one car). For Uber, Bolt and taxi cost - please, ask us in advance.

Keep all your tickets! You need to provide **ALL ORIGINAL** tickets, boarding passes and bills (paper or electronic). Otherwise, we will not be able to reimburse you!

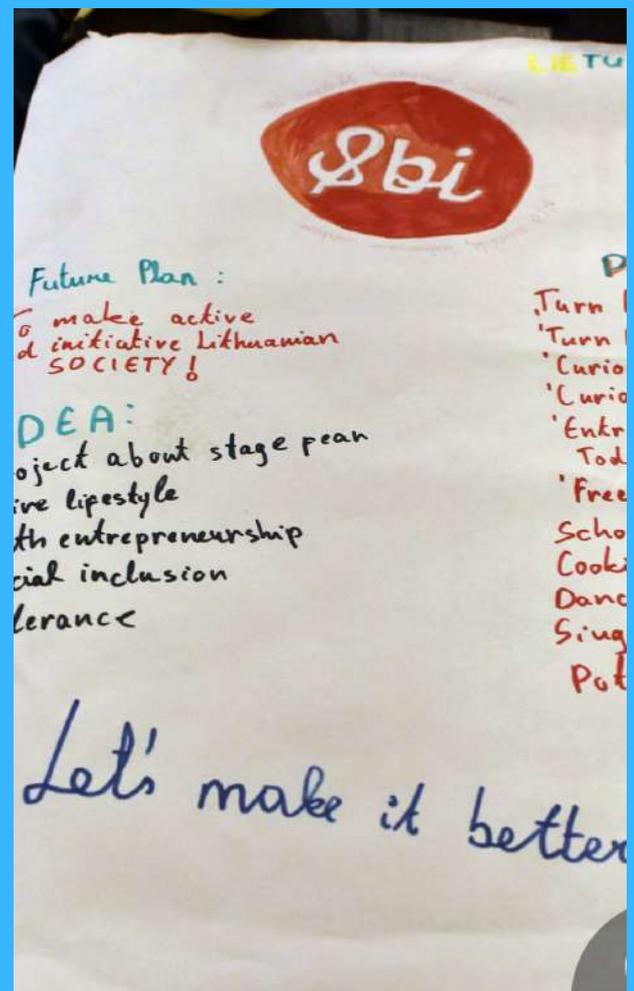
If you wish to have a trip to Croatia, you can prolong your stay for **up to two days before or after the project**. Keep in mind that you will have to cover your accommodation on your own. Your travel costs will still be reimbursed.

Your contribution

To make your stay as productive and comfortable as possible, we will take care of you and assist you in any kind of situation. You can count on us!

But what are we expecting from you?

- to bring positive energy and motivation
- to create a good environment in which we can share our experiences and learn from each other
- to participate actively in all activities
- to respect yourself, others and the venue
- to ask for support when you need it and offer it to others
- **to bring a cool mug that will be exchanged with others and used for coffee breaks**



Partner organisations



Udruga Better Me



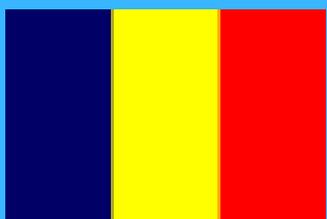
Generazione Zero



Seiklejate Vennaskond



Az Emberseg Erejevel Alapitvány



Ofensiva Tinerilor Asociatia



Collippo - Associação Juvenil



Udruženje Kibitz Kolektiv



Stowarzyszenie YoWo Poland

COVID-19 measures

At the moment of writing, in order to **enter Croatia**, you need to have a valid **EU Digital COVID certificate** or proof of vaccination, proof of recovery or a negative antigen or PCR test. For the latest measures, always check <https://reopen.europa.eu/>.

If you need a test, please make sure to contact us before your departure to arrange the reimbursement.

Additionally, we will implement the following measures:

- two participants staying in a room
- daily temperature measurement
- hand sanitisers available
- social distancing and mask-wearing during activities
- creating a bubble with limited contacts between the group and the "outside world"
- other measures if prescribed by local law.

We are kindly asking you to respect the measures and to take care of yourself and others!



click on the picture
to listen to a cool song ;)

How to apply?

To apply for this project, please **contact the partner organisation from your country.**

Contact them also if you have any questions.

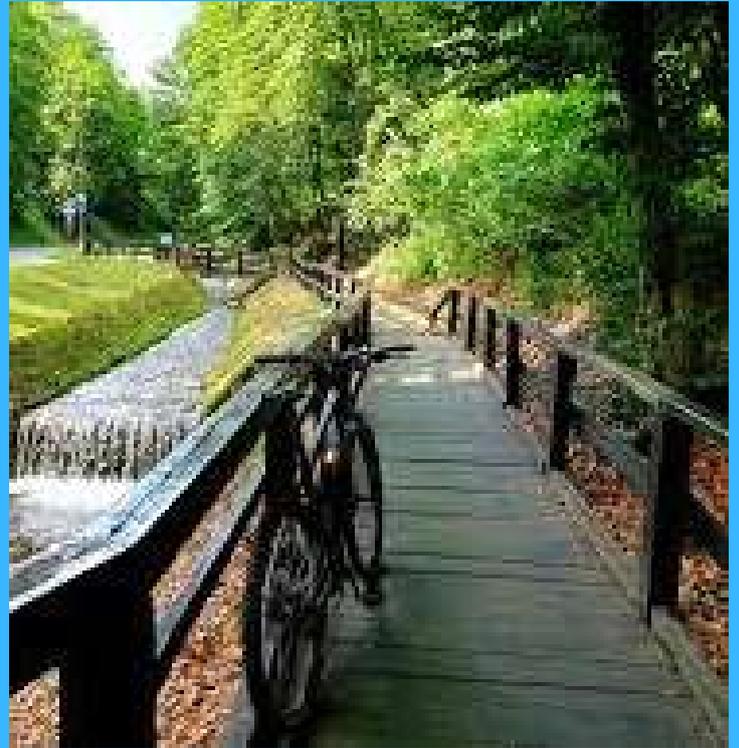
You can also contact the hosting organisation - **Udruga Better Me** - directly at **betterme.croatia@gmail.com**

We hope to see you soon in Zagreb! Stay safe!



About Zagreb

The venue: Sljeme



Sljeme (1033 meters above sea level) is the peak of Medvednica, the mountain above Zagreb and the highest point of the nature park. An asphalt road leads to Sljeme, numerous hiking trails, and from 1963 to 2007 cable car was operating. Sljeme is one of the favourite hiking and leisure spots in Zagreb. At the very top, there is the TV tower (169 meters high) built in 1973.

Zagreb city centre is around 40 minutes away and is connected with public transportation or taxi (but not Uber or Bolt). Due to the pandemic, we warmly suggest limiting your presence in the crowded city centre of Zagreb and protect yourself and others.

How will you be hosted?

Hotel, meals, specific needs



We will be staying at the hotel **Tomislavov Dom** (address: Sljemenska cesta 24, Zagreb) in double rooms with private bathrooms. The meeting room and the restaurant will be as well at the hotel. Keep in mind that the hotel is located 1000 m above sea level and we will have some activities outside on the terrace so bring appropriate and comfortable clothing.

The restaurant will serve **three meals per day** and we will have **two coffee breaks** every day in the meeting room.

In order to address your specific needs (food allergies, medical treatments, diets such as vegetarian, vegan etc.), we have created a registration form which you will fill in AFTER the selection process.

In order to **decrease our carbon footprint** during the project, we strongly encourage you to opt for vegetarian or vegan meals during your stay. Also, don't forget your **reusable water bottle** for a refreshing sip during the breaks.



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How to get there

Plane, bus, train, public transport

Zagreb Airport is connected with the city with a [shuttle bus](#) that will take you to the main bus station (*Autobusni kolodvor* in Croatian). From there, take [tram line 8](#) in the direction of Mihajlevac. Get out at the final stop and catch [bus line 140](#) in the direction of Tomislavov dom. The bus stops directly in front of the hotel. The last bus to Tomislavov dom departs at 21:40. Google Maps will help you know the timetables.

The shuttle bus ticket is 35 HRK/€5 (paid in both currencies at the driver). A public transportation ticket (paid with a card or cash in local currency) can be bought at the newsagent's and costs 10 HRK (ca. €1,33) which is valid for 90 minutes. You can buy the same ticket at the driver for 15 HRK (cash only).

You can also arrive in Zagreb by bus from Vienna Airport, Trieste Airport, Venice Airport or Budapest Airport. Zagreb also has train connections with Vienna and Budapest.

Recently, Zagreb Airport has welcomed Ryanair so finding an affordable flight is a bit easier now :)

Our hotel is too remote for Uber but you can reach it with a regular taxi. However, if there are no public transportation options, please let us know so we can help you arrange your transfer.

[ZAGREB BUS STATION SITE](#) [AUSTRIAN RAILWAYS SITE](#)

[ZAGREB TRANSPORTATION COMPANY SITE](#)

See you soon!

