

# **International youth exchange. Info pack.**

**Name of the project:** “Roots”.

**Venue:** Albergue de Lomitos de Correa, Valsequillo, Gran Canaria island. Airport code: LPA.

<https://goo.gl/maps/1V74BhnANngtfVqj8>

**Organizer of the event:** Asociación “Nublo”.

**Type of project:** “Erasmus+: Youth” (KA1) and is **ALREADY APPROVED**.

**Countries involved:** Estonia, Poland, Romania, Slovak Republic and Spain.

**Participants for the week of activities:** 4 youngsters + 1 leader pro country.

**Age bracket of participants:** between 18 and 25 years old. No age limit for leaders.

## **Dates for activities<sup>1</sup>:**

Arrival: May 19<sup>th</sup>.

1<sup>st</sup> day of activities: May 20<sup>th</sup>.


Last day of activities: May 25<sup>th</sup>.


Departure: May 26<sup>th</sup>.

## **Abstract:**

This Youth Exchange is a project based on the knowledge of the ancestral and traditional culture of European territories as different as the Canary Islands, Romania, Poland, Estonia and Slovakia, executed through a participatory process and where young people will reflect on our role in maintaining of these traditions. We intend for young promoters, as well as local communities to be fully active, initially taking advantage of social networks as a means of communication to exchange information, ideas and documentation about the traditions, ancestral rites and popular festivities of our regions, creating for a few months a bridge between all the communities involved where the participants can enrich ourselves and establish a continuous relationship over time that serves as support for subsequent experiences in other countries. In this way we will have the opportunity to turn all that information flow and that pre-established relationship into a tangible reality.

The project activities will last six days, and the methods will be very active and participatory. It includes several groups of young people from the mentioned countries, in addition to the Canary Islands. Activities include presentations, workshops, plays, games, dynamics, contact with the local society and its representatives, various evaluations and others.

 The exhibition and experiential experience of different aspects of the folk culture of all countries (music, dances and costumes), is an activity that we will carry out long time, we will work it in a previous group way preparation by the corresponding team participants.

 The preparation of international nights where all countries can show the most relevant of our culture and traditions, as well as include a small sample of gastronomy,

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<sup>1</sup> Hotel is full. If your flight is before the beginning or after the end, you have to find a hostel on your own. No expenses are allowed from project for these chapter or meals.

geographical location and more relevant information, through a moment of leisure and exchange of experiences and presentations.

🌈 Energizers and other leisure and leisure activities as well as some free time so that we can enjoy interpersonal relationships in informal moments.

The activities envisaged in this project contemplate a "abnormal" or singular presence of a group of young foreigners with their own float in a pilgrimage (we hope that everything goes well and the promises they have made us can materialize them), which will give us a thought in the interest of the town attendants for our presence, giving way to a spontaneous multiplier effect, since the number of people attending this holiday is counted by hundreds, many of them being potential future participants in the Program.

To this impact is added the fact that when the young people of the different countries that we will have visited the island return to our countries, what we tell there and spread about the achievements made, will serve as a multiplier effect for other territories and in each local community. In the same way, we will make some meetings to inform about the results of the project, inviting other island young people to promote projects like ours and, if possible, better.

But the impact on the participants will be immediate, and we are living it, since we learn a lot every day that happens in this partnership. Many skills and abilities that until now we had not been taught in our "formal" study centers. In our organizations, the collective and the capacities to face highly complex companies are being reinforced. But the Canarian beneficiaries are also part of this cast of people who will live in a more or less direct way this project, its activities and its impact. The impact of this project begins with the local community in which we will develop it. The exchange will be done physically in Gran Canaria and, more particularly, in Las Palmas de Gran Canaria (although there are other municipalities that we will visit).

During this week of activities, we will see a group of young foreigners and canaries walking and interacting with local citizens. This we believe will have an almost immediate island impact, since we do not know (and have searched) for similar experiences on the island before.

But we will use several resources to multiply this impact at this scale. We are currently contacting them, sending a summary of the project and a brief explanation of the Program in order to try to capture their attention and try to guarantee their presence in the week of activities. For the dissemination of the results of the project, we think of social networks, the written press and local television, we plan to use all the media available to us, as well as seek continuity over time, seeking medium-term collaborations and long term among all the actors that will be involved in this project.

The dissemination of results will be made public both during the exchange, showing dynamically and continuously the achievements, the involvement of young people and the positive of this meeting (we will meet with local authorities at the end of the project to achieve this trick), as a *posteriori*.

**Expenses:** we can reimburse part or completely travel costs (travel costs include your transport arrangements in Gran Canaria from/to airport to/from hostel<sup>2</sup>) with a maximum<sup>3</sup> of 530€ pro person for estonians, romanian and polish participants and 360€ for slovak participants. We cannot reimburse more money pro participant than expressed here for the concept of bills, transport from/to airport to/from hostel and/or electronic tickets. Other expenses will be not covered (but meals during activity days, included in the budget of the project). Travel expenses will be paid via bank transfer **as soon we receive all electronic tickets and boarding cards (including return flights)** to our postal or email address. Do not forget to keep all travel tickets (including buses, trains...). We suggest you prepare (and send us) an Excel document with your travel expenses before coming in order to accelerate the reimbursement process, as well.

**COVID premises:**

Pandemic situation is among us and we have to know all details and respect rules expressed in this document, as for national and regional rules. Before buying tickets attend spanish government site:

<https://spth.gob.es/>

Each participant in this project has to fill a form giving updated personal and health information in order to accept your participation:

<https://forms.gle/W7xuqPq4eSZKHWqq6>



Is mandatory to send us your COVID Passport IN ADVANCE to accept your participation, as well. Use the form to upload it. You have to come with enough FFP2 masks for all activity days. We Will have hydrogel in hostel for all. **No need to come with sleeping bag, hostel offer bed linen, but is up to you.**

Notice that participants who does not respect regional and national rules will be dropout immediately of the Project (specially with the use of masks). We will report spanish and its national agency this circumstance and the national consulate as well. No services to that person will be covered with this Project expenses: no hostel, no meals, no activities. This is a zero tolerance Project, specially with COVID.

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<sup>2</sup> We suggest you to ask us for transport facilities from the airport to the hostel and way back, but this is up to you. **Taxi expenses cannot be reimbursed.**

<sup>3</sup> We **JUST** could pay back this amount having bills, electronic tickets, all boarding cards (**for all flights, return included**) and list of participants signed.

**Compromise of partners:** During this exchange, each partner must implement next activities:

- 3 ice breaking games.
- A presentation of the partner group/organisation: activities, interests...
- 3 energizers related with project topic.
- National night: We suggest you include national/regional music<sup>4</sup>, food<sup>5</sup>, soft drinks<sup>6</sup>, dances, PPT about traditions and territory, national games and so on.
- A 90 minute workshop/presentation (methodology is free, but needed resources has to be reported in advance) related to project topic.
- **Helping hands: all participants will cooperate in the organisation and arrangements of the exchange, including serving food, cleaning up dining room, washing up dishes, etc. To do that there will be different international teams for each day.**

**You should know that...**

This is a southern European region. Come with cap, sunglasses, sun block and flip-flop, etc. Don't forget your towel, shampoo, comfortable clothes and shoes, etc. National health service is excellent here, but just if you come with your updated European Health Card. Feel free to contract a health insurance policy. We will do a trekking in our mountains. Come ready with your boots to do it. Notice that there is no WiFi in the hostel. If you cannot live unplugged, do not come to Canary Islands for this project.

**Contact person:** Mr. Rodríguez. [ASOCIACIONNUBLO@GMAIL.COM](mailto:ASOCIACIONNUBLO@GMAIL.COM).

**Deadline to confirm participation: February 25th, 2022.**

The confirmation of your participation means the acceptance of these terms.

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<sup>4</sup> Noise has to be avoided after 22:00 (hostel rules).

<sup>5</sup> There are microwave. So there is no possible cooking your national products for international night but in microwave.

<sup>6</sup> Alcoholic drinks and smoking are **COMPLETELY** forbidden inside hostel. No need to mention other drugs.