

# **Dramaturgy in a Journey**

**Training Course in Valverde (PV)**

**Italy**

**Arrival: 6/11/2022    Departure: 12/11/2022**



## **Summary – why to come**

“**Dramaturgy in a Journey**” is an opportunity for people who use (or want to use) theatre in Youth Work to go deep into dramaturgy and storytelling, with stories and wishes/dreams of the group they work with.

These techniques are very effective and widely used while working with youngsters, but it's important to know them deeply, if we want to carry out quality work with positive effects on young people, local communities, territories, organizations that promote such projects and indirectly on all the persons and institutions that are around us.

Are you, as a Youth Worker, always able to manage storytelling in projects and activities?

Do you know what effects (even secondary effects) can arise from the implementation of such techniques? Are you always aware of the impact they will have on local areas and communities? Is it possible to modulate different proposals based on the specific characteristics of the groups and individuals involved? Are you, as a Youth Worker, ready to come up with functional and consistent creative last minute ideas, in case unforeseen circumstances occur?

Through the Dramaturgy in a Journey project we intend to create an opportunity for

discuss on these questions, to provide food for thought and tools to address the difficulties of running a project. It is also an opportunity to confront ourselves, to receive feedbacks, to exchange good practices and last but not least, to maintain a high level of motivation to use these techniques, with hopefully encouraging results.

## Project objectives

**The main goal of this project** is to increase the sensitivity level of the Youth Workers who choose dramaturgy and storytelling for their work with young people in the different contexts in which they operate, as well as provide concrete narration and storytelling techniques to be used with youngsters.

## Specific objectives

- To improve the level of knowledge on Dramaturgy and Storytelling
- To contribute to a deep understanding of the specific characteristics of Dramaturgy applied to Social Theatre and to the Youth Work
- To develop skills in the work and management of quality processes in local and international projects with youngsters
- To develop practical skills and techniques useful for a good Dramaturgy and Storytelling work
- Increase/improve attitudes of cultural and social sensitivity in the field of youth work
- Introduce the concept of the Hero's Journey (also through the analysis of some parts of Christopher Vogler's book) as an important tool for Dramaturgy in the work with young people

## General Informations



**Dates** – 6/11/2022 – 12/11/2022

**Venue** – Ostello Valverde, Valverde (PV) Italy

**Trainers Team** - The learning process will be facilitated by: **Elisabetta Bonizzi** and **Alessandra Roberti**, from Teatro della Zucca. The two of them have years of experience into Theatre, Dramaturgy, Storytelling and Directing. They also have experience in facilitation, project management, performing arts and non-formal education methods.

You can find here more informations or feel free to ask:

<https://teatrodellazucca.com/chi-siamo/>

## Partners

PlanBe (Cyprus); Radka Z. S. (Czech Republic); Seiklejate Vennaskond (Estonia); Youth Active Minds (Greece); Euròpa Efjusàga Egyesület (Hungary); Teatro Metaphora (Portugal); Team for Youth (Romania); InterCambia (Spain); .

## Participants

**Dramaturgy in a Journey** will involve 24 participants from 9 different Countries.

<b>Organization/Country</b>	<b>Number participants expected</b>
Euròpa Efjusàga Egyesület (Hungary)	3
Teatro Metaphora (Portugal)	2
InterCambia (Spain)	3
Youth Active Minds (Greece)	2
PlanBe (Cyprus)	3
Seiklejate Vennaskond (Estonia)	3
Team for Youth (Romania)	2
Radka Z. S. (Czech Republic)	2
Teatro della Zucca (Italy)	2 (+2 facilitators)

There is no age limit, except being 18+

Each partner will send participants, paying attention to the gender balance.

The participants need to be interested in the topic of this Training Course, motivated in learning more tools for Dramaturgy and Storytelling, in order to implement new projects and activities in their local communities.



## The Venue

Ostello Valverde is located on a natural terrace overlooking the valley, near the natural park of Verde which can also be reached by walking, equipped with tourist and educational trails.

In September 2015 the building has been completely refurbished and renovated, with free wifi available.

The name Valverde recalls the main characteristic of the territory, rich in chestnut woods, which adorn the heights of the suggestive valley. The undergrowth is rich in chestnuts, porcini mushrooms and truffles.

Very close to Ostello Valverde there is the Training Room, also recently renovated, cozy and functional.

Seasonal temperatures and weather: 7°/18° C, generally good weather, maybe rainy.

Address: **Località Casa Balestrieri, 27050, Mombelli PV Italy**

Web page: <http://www.ostellovalverde.it>

Regarding our stay at Ostello Valverde:

- Beds are in shared rooms and there are shared bathrooms (women with women and men with men, not mixed). Rooms in Ostello Valverde are ready to accommodate 6 to 8 people. As far/hard as we have tried, it is not possible by now to provide any participant with accommodation in a single room. We will keep one room free, with a private bathroom, in case it will be necessary to isolate someone for health reasons. Who is going to take part in this project must be aware of this and that in any case we will do everything we can to maintain a healthy and comfortable environment for everyone

## Schedule

The general working day of the Training Course will look like this!

8.00 – 9.00	Breakfast at the hostel
9.30 – 13.00	Morning session (with one coffee break)
13.00 – 15.00	Lunch break
15.00 – 18.30	Afternoon session (with one coffee break)
18.30 – 19.30	Reflection Groups
19.30 – 20.30	Dinner
Evenings	Free time or activities

In accordance with the recent provisions of the Italian National Agency, the Training Courses period is shorter (5 days) and there is no "free afternoon". Furthermore, it is required by the Italian National Agency to make sure to arrive on the day of the start of the Training and to travel to return home at the end of the Course. It is not possible to stay for Extra Days neither before nor after the Training Course.

## Working language

The working language of this project is **English**. Don't be afraid if your English is not perfect, but it should be good enough to participate actively :-)

## Travel Details

Valverde is close to **Milano**.

There are many options to fly to Milano:

- Bergamo orio al Serio Airport
- Malpensa Airport
- Linate Airport

Then, from every airport there is a Shuttle Bus service that goes directly to **Milano Centrale Railway Station** – tickets available directly from the bus driver or the bus company. There are many different bus companies in the parking lot of the Airports. Our suggestion is not to buy in advance (online) the tickets, but to buy them directly from the bus driver, to have the option to take the bus that leaves first the Airport.

From Milano Centrale Railway Station you have to take a train to **Voghera Railway Station** (many options – it will take between 44 and 53 minutes – buy your tickets online at <https://www.trenitalia.com/en.html> )

**From Voghera Railway Station to Valverde there is a bus, number 121.** But unfortunately it has a few rides per day. So, depending on your arrival time, we will suggest you if it's better to catch a bus or we will arrange a lift by car or minibus. Let us know as soon as possible your arrival time in Voghera.

## Travel Budget

According to the rules of Erasmus + Program and the budget that was financed by the Italian National Agency, here is the maximum amount that each participant can use for the travel to Italy and back.

Estonia	275 euro/person
Italy	20 euro/person

Cyprus	360 euro/person
Czech Republic	275 euro/person
Greece	275 euro/person
Spain	275 euro/person
Portugal	360 euro/person
Hungary	275 euro/person
Romania	275 euro/person

The amounts that exceed the maximum budget for each participant will NOT be reimbursed.

So please book your tickets as soon as possible, BUT BEFORE ASK OUR CONFIRMATION PLEASE.

If your organization have booked the tickets for you, please, send us the following details as soon as possible:

- Name of the Traveller (Participant)
- Date and Time of the Arrival and Departure
- Price of the tickets
- Ticket copies with the price visible (or invoices)

## Travel Reimbursement

In accordance with the rules of the Erasmus + Program, we will reimburse 100% of traveling costs from home to the project venue as long as you use the cheapest means and fares (low cost flights, 2nd class train tickets) and respecting the maximum amount per country.

We encourage the Green Travel option wherever possible (train, bus, carpooling/shared minimum 3 people)

For the reimbursement:

- Bring the organization bank account details (IBAN and BIC SWIFT CODE) or your group leader bank account because we will do just one bank transfer for all the national group;
- **KEEP ALL YOUR TRAVEL DOCUMENTS:** invoices, electronic tickets, train tickets, original boarding pass (very important), we need them! If you lose them we cannot reimburse you! Please bring your electronic travel confirmation already PRINTED.
- **TAXI IS NOT REIMBURSABLE**
- We will send you the money of the reimbursement AFTER you have sent to us also the travel documents of the way back, after your return to your countries of residence, after at least 2 months from the Training Course.

## What to bring

Bed Sheets are included, so to bring is just:

- European Health Card
- Something representing your country (food, drink, music, etc.) and think how to share/perform in a creative way (no touristic materials!) during the **Intercultural Night**.
- Comfortable shoes and clothes to stay outside for some activities

- Warm clothes for hiking and outdoor activities and a raincoat (or waterproof clothes).
- A towel, shampoo, other hygienic products and personal medicines (if needed)
- A pair of anti-slip socks
- At least one personal face mask

## Emergency Contacts

Regarding the accommodation and travelling problems you can contact:

Alessandra +39 3405281987

Elisabetta +39 338 4540360

teatrodellazucca@gmail.com

**EU EMERGENCY NUMBER: 112**

Looking forward to see all you in Valverde!

