

Social Theatre Toolbox

Training Course in Valverde (PV) Italy

Arrival: 18/07/2022 Departure: 23/07/2022



Summary – why to come

The “**Social Theatre Toolbox**” project is a physical and mental space where participants can stop, take a break and reflect on the role of "theatre tools" that are often used in the field of youth work, a space where we can focus in particular on the dynamics and energies that can arise from this type of work, highlighting creative processes.

These techniques are very effective and widely used while working with youngsters, but it's important to know them deeply, if we want to carry out quality work with positive effects on young people, local communities, territories, organizations that promote such projects and indirectly on all the persons and institutions that gravitate around us.

Are Youth Workers always able to manage theater projects aimed at young people? Do they have

clear in mind what effects (even secondary effects) can arise from the implementation of such techniques? Are they always aware of the impact they will have on local areas and communities? Is it possible to modulate different proposals based on the specific characteristics of the groups and individuals involved? Are Youth Workers ready to come up with functional and consistent creative last minute ideas, in case unforeseen circumstances occur?

Through the Social Theater Toolbox project we intend to create an opportunity for discussion on these questions, to provide food for thought and tools to address the difficulties of the projects of Social Theater, but also to confront ourselves, to receive feedback, to exchange good practices and last but not least, to maintain a high level of motivation for Youth Workers to use these techniques, with hopefully encouraging results.

Project objectives

The main goal of this project is to increase the level of competence, work quality and sensitivity of Youth Workers who choose to use social theatre tools in the different contexts in which they operate.

Specific objectives

- Improve the level of knowledge of the different branches of Social Theatre
- To contribute to a deep understanding of the specific characteristics of Social Theatre and to raise awareness, particularly regarding the contexts in which it can be applied
- To develop practical skills in the work and management of quality processes in local and international projects with youngsters
- Increase/improve attitudes of cultural and social sensitivity in the field of youth work
- Encourage youth workers to act as sensitive and responsible social and intercultural actors in the planning and implementation phases
- Increase self-empowerment and self-esteem
- Improve foreign language competences
- Enhance intercultural awareness
- Give more awareness about European Projects and the EU values

General Informations

Dates – 18/07/2022 – 23/07/2022

Venue – Ostello Valverde, Valverde (PV) Italy

Trainers Team - The learning process will be guided and facilitated by: **Elisabetta Bonizzi** and **Alessandra Roberti**, from Teatro della Zucca. The two of them have years of experience into the Social Theatre field as well in other topics like facilitation, project management, performing arts and non-formal education methods.

You can find here more informations or feel free to ask: <https://teatrodellazucca.com/chi-siamo/>

Partners

Euròpa Efusàga Egyesület (Hungary); Teatro Metaphora (Portugal); InterCambia (Spain); Youth

Active Minds (Greece); Ecllosion 13 (France); PlanBe (Cyprus); Seiklejate Vennaskond (Estonia); Teatro della Zucca (Italy); Adel Slovakia (Slovak); Muhoksen 4H-yhdistys (Finland); ASOCIACIJA TAVO EUROPA (Lithuania).

Participants

"Social Theater Toolbox" will involve 22 participants from 11 different countries.

There is no age limit, except being 18+

Each partner will send 2 participants, if possible paying attention to the gender balance.

The participants need to be interested in the topic of this Training Course, motivated in learning more tools for facilitating social theater projects and social theatre workshops.



The Venue

Ostello Valverde is located on a natural terrace overlooking the valley, near the natural park of Verde which can also be reached by walking, equipped with tourist and educational trails.

In September 2015 the building has been completely refurbished and renovated, with free wifi available.

The name Valverde recalls the main characteristic of the territory, rich in chestnut woods, which adorn the heights of the suggestive valley. The undergrowth is rich in chestnuts, porcini mushrooms and truffles.

Very close to Ostello Valverde there is the Training Room, also recently renovated, cozy and functional.

Seasonal temperatures and weather: 16°/4° C, generally good weather, maybe rainy.

Address: Località Casa Balestrieri, 27050, Mombelli PV Italy

Web page: <http://www.ostellovalverde.it>

Covid 19 Restrictions in Italy and safety during the project

For the current rules, to travel to Italy and in Italy is necessary to have a Covid Certificate - EUDCC (which in Italy is called "Green Pass", don't get confused, is the same thing!) that can prove the vaccination in the past 6 months or the recovery from Covid19 in the past 6 months.

The vaccination must be with a vaccine approved by the European Medicines Agency (EMA):

- Comirnaty (Pfizer/BioNtech)
- Moderna
- Vaxzevria
- Jansen (Jonson&Jonson)
- Nuovaxovid (Novavax)

In general, even for those who are not fully vaccinated it is possible to travel to Italy, but is required a quarantine-isolation of 5 days and unfortunately this is not compatible with the short running times of our project. We are sorry. In case things are changing before November 2022, we will let you know.

If you are coming to Italy from a Country with a low or medium risk, even if you are vaccinated or recovered from Covid, you should have with you:

- PCR negative test (no longer than 48h before travelling) or ANTIGEN negative test (no longer than 24h before travelling)
- Fulfilled Passenger Locator Form - <https://app.euplf.eu/#/form>

FFP2 face masks are needed on all means of transport

Regarding our stay at Ostello Valverde:

- When first arrived, all the participants will receive an antigenic rapid test just to check the situation
- Inside the Hostel and the training room it is necessary to use face masks, but FFP2 is not mandatory
- Beds are in shared rooms and there are shared bathrooms (women with women and men with men, not mixed). Rooms in Ostello Valverde are ready to accommodate 6 to 8 people. As far/hard as we have tried, it is not possible by now to provide any participant with accommodation in a single room. We will keep one room free, with a private bathroom, in case it will be necessary to isolate someone for health reasons. Who is going to take part in this project must be aware of this and that in any case we will do everything we can to maintain a healthy and comfortable environment for everyone

Schedule

The general working day of the Training Course will look like this!

8.00 – 9.00	Breakfast at the hostel
9.30 – 13.00	Morning session (with one coffee break)
13.00 – 15.00	Lunch break
15.00 – 18.30	Afternoon session (with one coffee break)
18.30 – 19.30	Reflection Groups
19.30 – 20.30	Dinner

Evenings	Free time or activities
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In accordance with the recent provisions of the Italian National Agency, the Training Courses period is shorter (4 days) and there is no "free afternoon". Furthermore, it is required by the Italian National Agency to make sure to arrive on the day of the start of the Training and to travel to return home at the end of the Course. It is not possible to stay for Extra Days neither before nor after the Training Course.

Working language

The working language of this project is **English**. Don't be afraid if your English is not perfect, but it should be good enough to participate actively :-)

Travel Details

There are many options to fly to Milano:

- Bergamo orio al Serio Airport
- Malpensa Airport
- Linate Airport

Then, from every airport there is a Shuttle Bus service that goes directly to **Milano Centrale Railway Station** – tickets available directly from the bus driver or the bus company. There are many different bus companies in the parking lot of the Airports. Our suggestion is not to buy in advance (online) the tickets, but to buy them directly from the bus driver, to have the option to take the bus that leaves first the Airport.

From Milano Centrale Railway Station you have to take a train to **Voghera Railway Station** (many options – it will take between 44 and 53 minutes – buy your tickets online at <https://www.trenitalia.com/en.html>)

From Voghera Railway Station to Valverde there is a bus, number 121. But unfortunately it has a few rides per day. So, depending on your arrival time, we will suggest you if it's better to catch a bus or we will arrange a lift by car or minibus. Let us know as soon as possible your arrival time in Voghera.

Travel Budget

According to the rules of Erasmus + Program and the budget that was financed by the Italian National Agency, here is the maximum amount that each participant can use for the travel to Italy and back.

Estonia	275 euro/person
Italy	20 euro/person
Cyprus	360 euro/person
France (Marseille)	180 euro/person
Greece	275 euro/person
Slovak	275 euro/person

Portugal	360 euro/person
Finland	360 euro/person
Lithuania	275 euro/person
Spain	275 euro/person
Hungary	275 euro/person

The amounts that exceed the maximum budget for each participant will NOT be reimbursed. So please book your tickets as soon as possible, BUT BEFORE ASK OUR CONFIRMATION PLEASE.

If your representatives have booked their tickets, please, send us the following details as soon as possible:

- Name of the Traveller (Participant)
- Date and Time of the Arrival and Departure
- Price of the tickets
- Ticket copies with the price visible (or invoices)

Travel Reimbursement

In accordance with the rules of the Erasmus + Program, we will reimburse 100% of traveling costs from home to the project venue as long as you use the cheapest means and fares (low cost flights, 2nd class train tickets) and respecting the maximum amount per country.

We encourage the Green Travel option wherever possible.

For the reimbursement:

1. Bring the organization bank account details (IBAN and BIC SWIFT CODE) or your group leader bank account because we will do just one bank transfer for all the national group;
2. KEEP ALL YOUR TRAVEL DOCUMENTS: invoices, electronic tickets, train tickets, original boarding pass (very important), we need them! If you lose them we cannot reimburse you! Please bring your electronic travel confirmation already PRINTED.
3. TAXI OR GASOLINE ARE NOT REIMBURSABLE
4. We will send you the money of the reimbursement AFTER you have sent to us also the travel documents of the way back, after your return to your countries of residence, in at least 2 months from the Training Course.

What to bring

Bed Sheets are included, so to bring is just:

- European Health Card
- Something representing your country (food, drink, music, etc.) and think how to share/perform in a creative way (no touristic materials!) during the Intercultural Night.
- Comfortable shoes and clothes to stay outside for some activities
- Warm clothes for hiking and outdoor activities and a raincoat (or waterproof clothes).
- A towel, shampoo, other hygienic products and personal medicines (if needed)
- A pair of anti-slip socks
- At least one FFP2 face mask and your personal face masks

Emergency Contacts

Regarding the accommodation and travelling problems you can contact:

Alessandra +39 3405281987

Elisabetta +39 338 4540360

teatrodellazucca@gmail.com

EU EMERGENCY NUMBER: 112

Looking forward to see all you in Valverde!

