Project "My skills, my job, my future"

PRELIMINARY INFOPACK



December 4th – 19th 2021 Wrocław POLAND

BASIC INFORMATIONS

Please note that all information on this infopack is pre-planned and is subject to change. In this case, they will be updated. The first page shows the date of the infopack development. Before taking any action, please make sure that there is no newer version of the infopack and that the information is still up to date.

Project title	"My skills, my job, my future"
Number	2019-3-PL01-KA105-077765
Date and place of mobility	July 3 rd - 18 th , 2021 Wrocław Poland
Coordinator organization	Stowarzyszenie "ZYJ KOLOROWO!" (Poland)
Partners' organizations	Greek Youth Mobility - GYM (Greece), EUROCIRCLE ASSOCIATION (France), SEIKLEJATE VENNASKOND(Estonia), Collippo - Associação Juvenil (Portugal)
Group of participants	10 participants + 1 leader
Age of participants	20-24 years

PARTICIPANTS

- 10 participants from each country (20-24)
- 1 leader from each group (no age limit)

Every participant has to have European Health Card or Health Insurance provided by the sending organisation.

Every participant should speak at least basic English and stay open to other people, respect their culture and habits.

We will send you a chart to fill in with the information about any special needs — illnesses (and requirements connected to it), allergies or limitations that might impact participant's health and well-being. We would like to prepare ourselves and provide proper conditions for everyone, so that all participants of the project feel as good as possible in Poland.

PROJECT SUMMARY

Despite the education based on the latest knowledge, solutions and techniques, young graduates of schools and universities often have difficulties in choosing and then obtaining a satisfying attractive job. The reason for this is theoretical preparation without experience and the ability to put the acquired knowledge into practice. Young people who have not taken up a career so far have no insight into the labor market, they are not able to navigate in it. They have broad but very general and theoretical knowledge.

It would seem that young people who are fluent in modern technologies and foreign languages have particularly broad perspectives both in their country and in an increasingly open Europe in this respect. However, only theoretical preparation and lack of orientation and experience makes it difficult for us to get a job and only after employment we gain the first experiences verifying our predispositions and indicating competency shortcomings. It often turns out that our ideas about our future career and tasks that we will implement far differ from reality, and many of our preparations are of little use to us in real professional life. Many of us, after starting work, are convinced of the inaccuracy of previous educational paths and at the beginning of their careers are forced to retrain or reconcile with a job that does not give them satisfaction.

We are young people who soon will choose our further educational paths or jobs. In this project we would like to look on labor market, to get to know specific character and possibilities offered by different sectors of economy to help us to choose well and prepare to our working life. During the project we want to experience typical problems and tasks by simulation techniques connected with the reparation to working life. In this way we will verify our potential and discover the needs in relation to the various realities on the labor market. We will develop some labour competences and better understand possibilities and difficulties connected with the job in different countries. Thanks to this experiences we will elaborate our individual paths of professional and personal development that will lead us to future effective and satisfactory jobs.

10 people groups of young people (+ 1 leader) aged 20-24 from 5 countries: Poland, Greece, France, Estonia and Portugal will take part in the project. We are young people, still at schools who will soon make decision about our professional career or educational path.

During Youth Exchange we will get to know and compare the specific character of labor market in countries represented by participants and understand better the conditions of ech economy sector. We will get to know some public administration and NGOs. We will challenge some tasks typical for these institutions. We will implement the simulation of municipal election and understand the mechanism and phenomenon takin place in the process of election relating to both sides (an elector, a candidate and their surroundings). We will use game simulations to experience our potential in business initiatives and analyse the mechanism of the free market. We will verify and develop our competences and predispositions relating to getting job in different economy branches. We will analyse possibilities ang difficulties connected with taking a job in a foreign country. On the basis of gained experience with support of experts we will elaborate individual educational and professional path careers

The participation in the project will help us to prepare in a better way to enter the labor market. The activities implemented in the project will help us to acknowledge specific character of work in different economy sectors. The game simulations will help us to safely experience different challenges and understand the processes and mechanisms occurring in the economy sectors. Challenging the tasks connected with different economy branches we will verify our potential, resources, professional predispositions and needs in relation to taken up jobs. We will enrich our qualifications on the labor market and analyse the possibilities and challenges of getting a job in a different country.

On the grounds of the experience gained in the project we will plan our individual professional and personal career paths and thanks to it we will be able to shape our professional future. Thanks to these activities we will consciously and in a competent way make good educational choices and avoid wrong decisions. Having an insight into the realities of the labor market, we will be able to orient our further education and prepare ourselves more practically for specific professional activity.

THE GENERAL SCHEDULE OF MOBILITY

day	activities
Sat, 4 th December	Presentation of groups, getting to know each other, integration activities
Sun, 5 th December	Presentation of the labor market in individual countries Simulation of local government structures
Mon, 6 th December	A visit to the Lower Silesia Marshal's Office, elections of the authorities of the 1st term Features of an enterprising man - group work, brainstorming, mindmapping
Tue, 7 th December	City game Simulations of recruitment interviews
Wed, 8 th December	Financial game - preparation, implementation, discussion
Thu, 9 th December	Verbal communication exercises Trading game
Fri, 10 th December	Elections of the authorities of the 2nd term Workshops on cooperation and roles in a group
Sat, 11 th December	Study visit to the NGO incubator, meeting with an expert Development and evaluation of the statutes of the NGO

Sun, 12 th December	A visit to the Social Participation Office of the Wrocław City Hall, preparation of calls for proposals Development of project application offers
Mo, 13 th December	Visit to the Office of the European Parliament in Wrocław - a debate on migration and multiculturalism of the labor market
Tue, 14 th December	Elections of the authorities of the 3rd term Meeting with foreign employees and volunteers about the advantages and difficulties of working abroad as well as intercultural integration and adaptation in a foreign country
Wed, 15 th December	Common diagnosis of competences Self-presentation - recording videos
Thu, 16 th December	A visit to the career office, career planning with career counselors Simulation of corporations, start-ups
Fri, 17 th December	Preparation of meetings with young people, development of promotional materials, development of blog content Summary and discussion of the elections and works of the authorities of the 3 term
Sat, 18 th December	Meetings with young people Preparation of youthpasses
19 th December	Summary and end of the project

If the participants cannot come, the activities will be carried out on-line or hybrid. Details will be updated after adjusting to the current possibilities.

ACCOMODATION

We plan to host groups in a youth hostel offering 4-8 bed rooms. Please note that the host location may be changed if there are not enough places available.











Address: Hostel Wratislavia

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COSTS

Food and accomodation will be provided and paid by the organisers.

The cost of your trip will be covered by the EU grant up to the limit shown below.

IMPORTANT!!! For the travel reimbursement every participant has to keep all of the tickets, boarding passes and invoices!!!

Refund

Travel maximal refund per 1 person:

Country	Travel cost limit
Greece, France, Estonia	275 €
Portugal	360 €

In Poland there aren't many places that EUR is accepted. We advise to exchange EUR to PLN

There are three ways of reimbursement:

- Sending organization buys the ticket for participants —the reimbursement of the costs will be done by transfer after the mobility on the basis of an invoice made out by hosting organization with the set of tickets and boarding passes.
- Participants buy the ticket themselves the reimbursement of the costs will be done during the mobility on the basis of the set of tickets and boarding passes
- Participants make an agreement with the hosting organisation about flights and the tickets' costs within the fixed limits- hosting organization buys the tickets and sends them via e-mail

We recommend you the third solution as nor participants nor the sending organization has to spend money before the mobility. The solution will also help us to avoid any problematic situations as ticket loss or unprofitable currency exchange. However this solution requires good and intensive cooperation to buy the tickets before the price change.

CURRENCY INFORMATION

Polish national monetary unit is złoty (zł).

Exchange rate: 1 € ≈ 4,2 zł

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On the 22nd of August summer begins in Poland. The temperatures may vary 15- 25*C, but there might happen rains and thunderstorms as well, so we advise to stay prepared for all conditions.

USEFUL DICTIONARY

English	Polish
Hello!	Cześć!
Good morning/ good afternoon	Dzień dobry
Bye!	Pa!
Thank you.	Dziękuję
Do you speak English?	Czy mówisz po angielsku?
My name's Tom.	Nazywam się Tom
How much does it cost?	Ile to kosztuje?
Can I pay by a credit card?	Czy mogę płacić kartą?
I don't understand.	Nie rozumiem.
Nice to meet you.	Miło Cię poznać.

CONCACT:

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