

Rubí | 27 - 29 May, 2022

INFOPACK APV

YALAH!

YOUTH IN ACTION TO LEARN
ABOUT HUMAN RIGHTS



taccbcn.com



Co-funded by the
Erasmus+ Programme
of the European Union

YALAH (YOUTH IN ACTION TO LEARN ABOUT HUMAN RIGHTS)


"YALAH (Youth in Action to Learn About Human rights)" (2020-1-ES02-KA105-014909) is a youth exchange that aims to connect European youth in order for them to **understand the reality of refugees**, focusing on the Saharawi, which has around 200.000 people in argelian camps, waiting for the resolution of a conflict that has been happening for more than 40 years.

This project arises from the interest of young people of Rubí's city, intertwined with Daria de Guelta, interested in maintaining a relationship with the Western Sahara. Therefore, the possibility of doing it through our entity and through art arises, along with the interest of La Serreta's high-school students and also involving the students of the School of Art and Design edRa.

The youth exchange intends to generate **spaces of reflection** for European young people **on the refugees' situation**, either from Sahara or from other conflicts, with the aim of **generating new knowledge, sharing experiences, promoting awareness and social criticism**.

The 32 participants (including group leaders) from **Estonia, Hungary, Italy, North Macedonia and Spain** will participate in **talks, debates and activities** around the Sahrawi conflict linking it to the **situation of other refugees in each country** and the **initiatives** which are carried out. This process of exchange of experiences will be conveyed **through artistic expression** and it will have as its final action a public performance to make visible the European youth project and denounce the situation of refugees in front of the citizens of Rubí.

The dates of the youth exchange coincide with the **main festival of the city of Rubí** and close to the **World Day of the Refugees** (June 20th).



OBJECTIVES

GENERAL OBJECTIVE:

1.0. Understanding the situation of refugees with different circumstances around the world.

SPECIFIC OBJECTIVES:

1.0. Understanding the Sahara's conflict and constructing a critical opinion on the subject.

1.1. Promoting the discussion about different political, social and humanitarian conflicts around the world.

1.2. Becoming aware of the importance of political interests in the management of international conflicts.

1.3. Becoming aware of the influence of the media in approach to issues like the refugee crisis.

1.4. Raising awareness of the situation of refugees, particularly Saharawis.

1.5. Sharing knowledge, initiatives and projects carried out by different European countries.

LOCATION

- The APV will take place in Rubí.
- The Youth Exchange will take place in Rubí, a municipality where TACC works located ~1h by train from Barcelona.

LOGISTICAL ASPECTS

APV

FROM the 27th to the 29th of MAY, 2022 (Rubí).

The hostel will be located in Rubí, but we will go together to Rubí from the meeting point in Barcelona.

It is allowed to arrive/leave the country **2-3 days** before/after the APV (on your own expenses), since during the program of the APV we will NOT visit Barcelona.

Each country will participate with ONE LEADER (no limit age), who must transmit all the information and agreements that came to during the APV, to the participants and the partner organization. Please we ask that the APV LEADER WILL BE THE ONE WHO ALSO WILL PARTICIPATE DURING THE YOUTH EXCHANGE.


YOUTH EXCHANGE

**FROM the 27th of JUNE to the 3rd of JULY, 2022
(26th of June and 4th of July as travelling days).**

It is allowed to arrive/leave the country **2-3 days** before/after the youth exchange. During the program of the YE **we will NOT visit Barcelona.**

The venue for the YE will take place in the municipality of **Rubí.**

Each country will participate with 1 LEADER (not limit age) + 5 PARTICIPANTS (18-30 y.o., being 2 of them with fewer opportunities).



TRANSPORT

The flight fees, for each team leader on the APV are:

Estonia: 360.00€

Hungary: 275.00€

Italy: 275.00€

North Macedonia: 275.00€

Spain: 20.00€

However, we kindly ask you to send us the proposal of flights once you find the flights you would like to take and before buying them, for our approval by email, at:

internationalprojects@taccbcn.com

APV

We would recommend you to land at **Barcelona-El Prat airport** on Friday the **27th of May before 15h** in order to get on time to the meeting point, and to have a **flight back on Sunday the 29th of May from 12-13h** onwards.

! If some of you have an **early morning flight on the 29th of May**, there are night buses from Rubí until Plaça Catalunya (N62) and then you can take the airbuses A1 or A2 until airport's T1 or T2.

Youth Exchange

Regarding flights, if your group decide to travel on the travel days, we would recommend you to land at **Barcelona-El Prat airport** on Sunday the **26th of June before 15h** in order to get on time to the meeting point, and to have a **flight back on Monday the 4th of July from 12-13h** onwards.



Remember to **keep all the bills** (train/bus/flight) for the reimbursements and the justification of the project.

APV MEETING POINT

27TH OF MAY, AT 17.00H

@PLAÇA CATALUNYA, Next to Apple Store
(Barcelona Centre)



May 27th: Group leaders will arrive at Barcelona - El Prat before than 15 h (in order to stay in the meeting point at 17:00 h) and go together to Rubí.

! If you have to take a flight that lands later due to the budget, you will have to go by yourself to the hostel in Rubí (instructions of how to get there below).

May 29th: Group leaders will buy flight tickets whose departure will be after 12h from Barcelona-El Prat

! If you have to take an early flight that lands later due to the budget, you will have to take a night bus from the hostel in Rubí (instructions of how to get to the airport below).

HOW TO GET TO THE MEETING POINT

(or if you want to visit Barcelona before / after the APV):

The journey from the airport to Plaça Catalunya is +/- **30-45 min.**

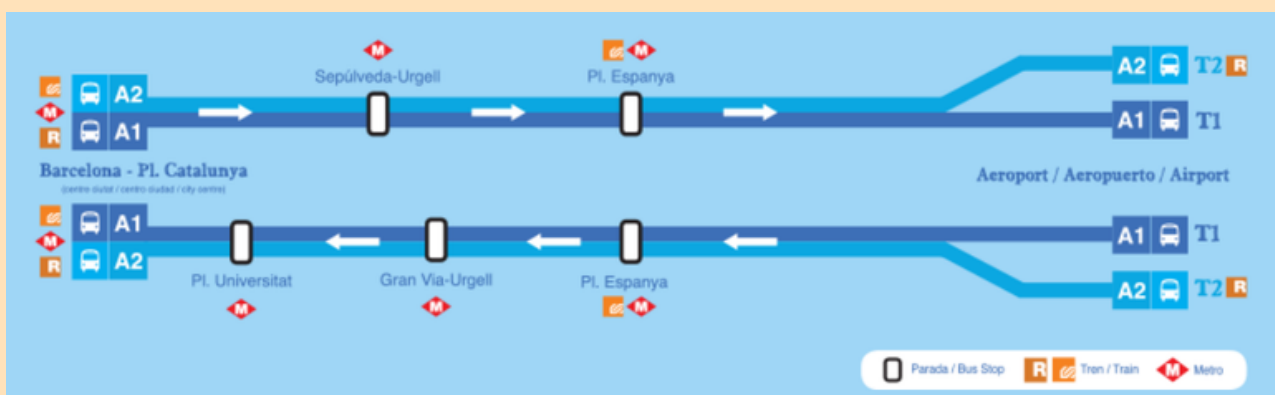
From Terminal 1 and Terminal 2, there are **3 options to get to the meeting point:**

1 - AIRBUS (5,90€ one-way ticket / 10,20€ return ticket): From **Barcelona-El Prat** to **Plaça Catalunya** directly. **30 min.**

This option is much comfortable and easy in our opinion.
(but up to you, of course).

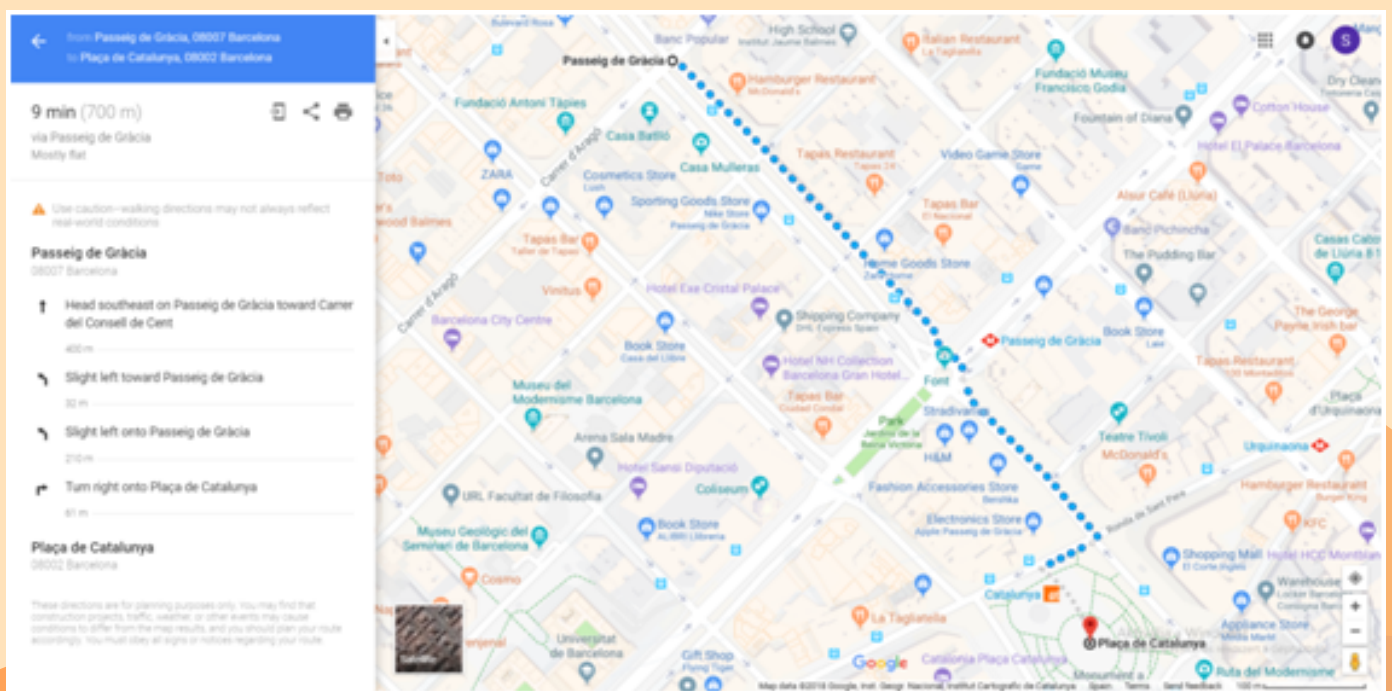
Stop called "**PLAÇA CATALUNYA**".

<https://aerobusbarcelona.es/?lang=en>

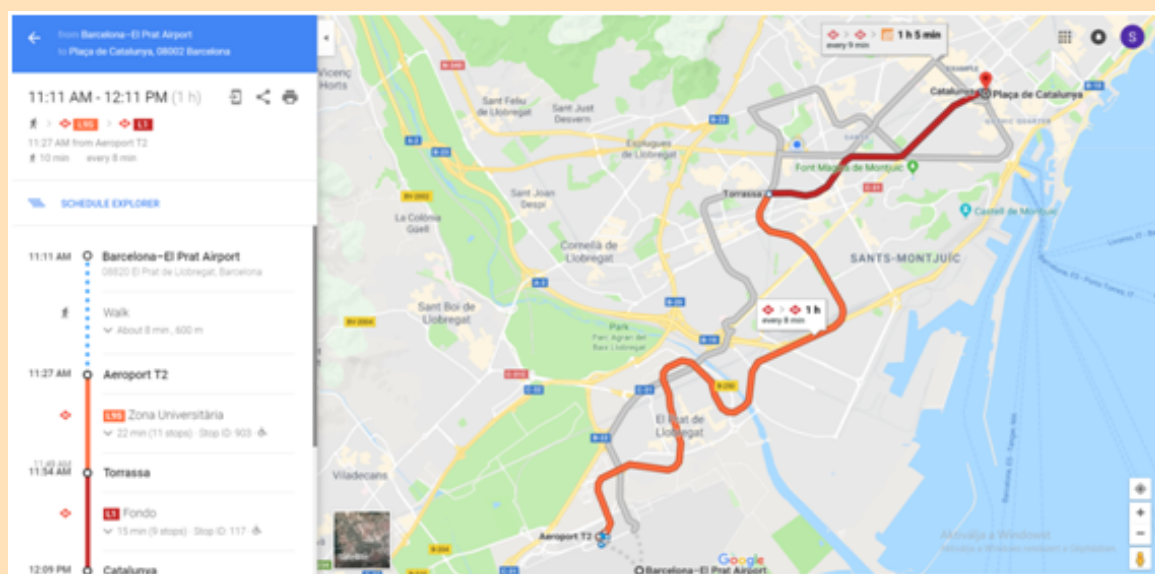
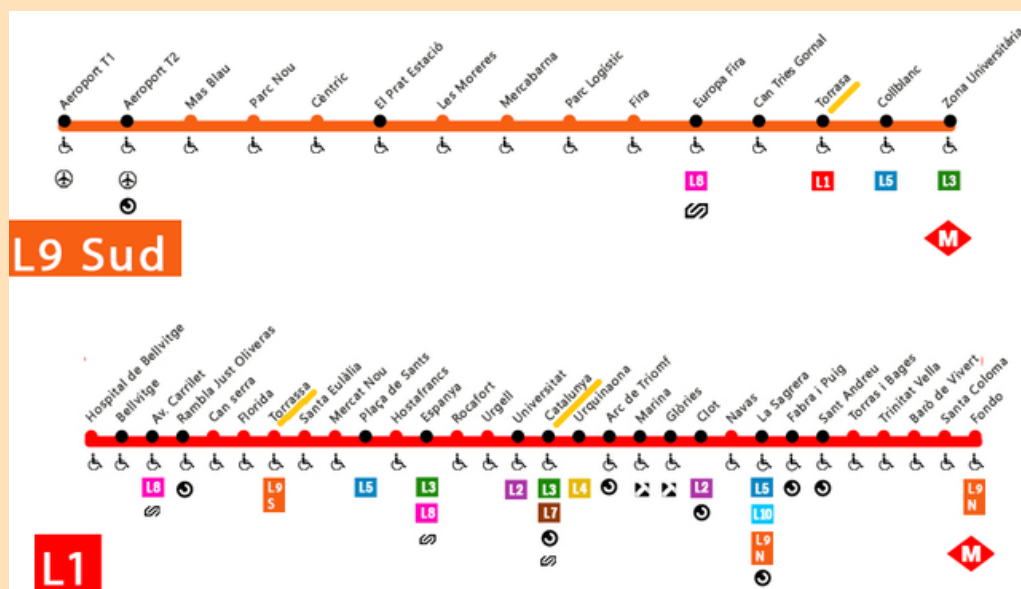


2 - TRAIN (2,40€): From **Barcelona- El Prat, airport** (the train is at Terminal 2, although there is a shuttle bus that connects both terminals T1<->T2) to **Plaça Catalunya** square, is **45 min.**

Train (RENFE) **R2N**, stop called "**PASSEIG DE GRÀCIA**". From there you can walk to Plaça Catalunya in 10 minutes.



c) **METRO (5,15€):** From **Barcelona – El Prat** to **Torrassa** with **L9S**, and from **Torrassa** to **Catalunya** with **L1**. It takes ~50min.



! By metro, there is a specific ticket from/to the airport !



2) From BARCELONA PLAÇA CATALUNYA to RUBÍ
(venue of the APV & YE). **We will go TOGETHER.**

B&B HOTEL BARCELONA RUBÍ

(Address: Carretera de Molins de Rei, 81, 08191 Rubí)

Hotel B&B Barcelona Rubí de 3 estrellas| B&B Hotels (hotel-bb.com)

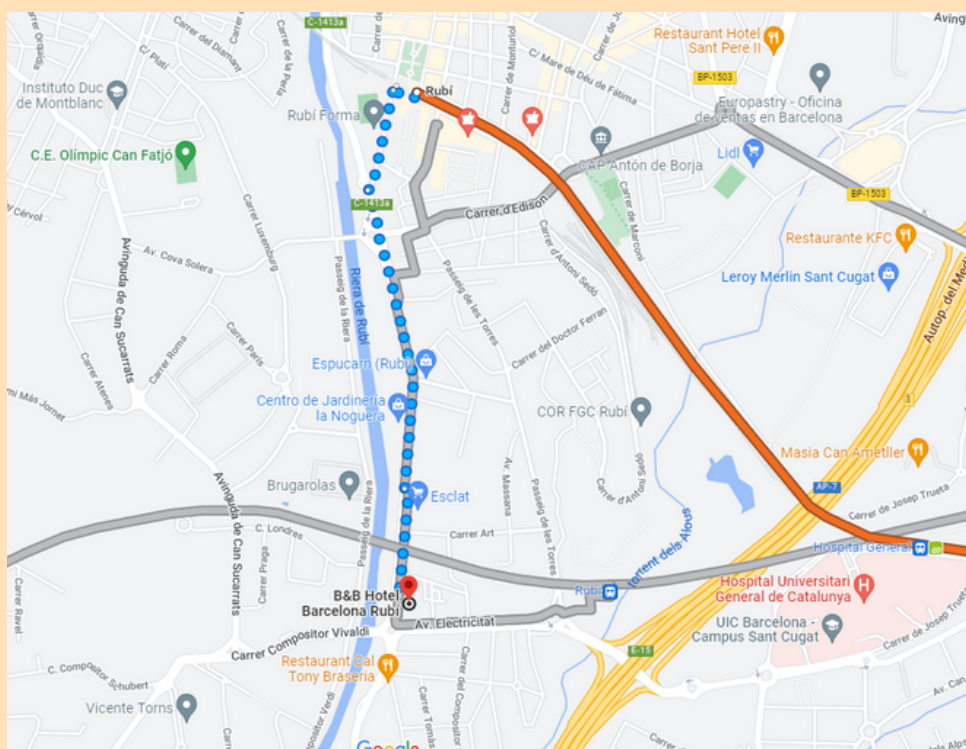
1 - From Plaça Catalunya to Rubí

TRAIN: Take the train (FGC) **S1** (direction Terrassa Nacions Unides). **Stop at Rubí** (33 min - 13 stops).



2 - From Rubí to B&B Hotel Barcelona Rubí

We will walk around 16 min (1,4 km).

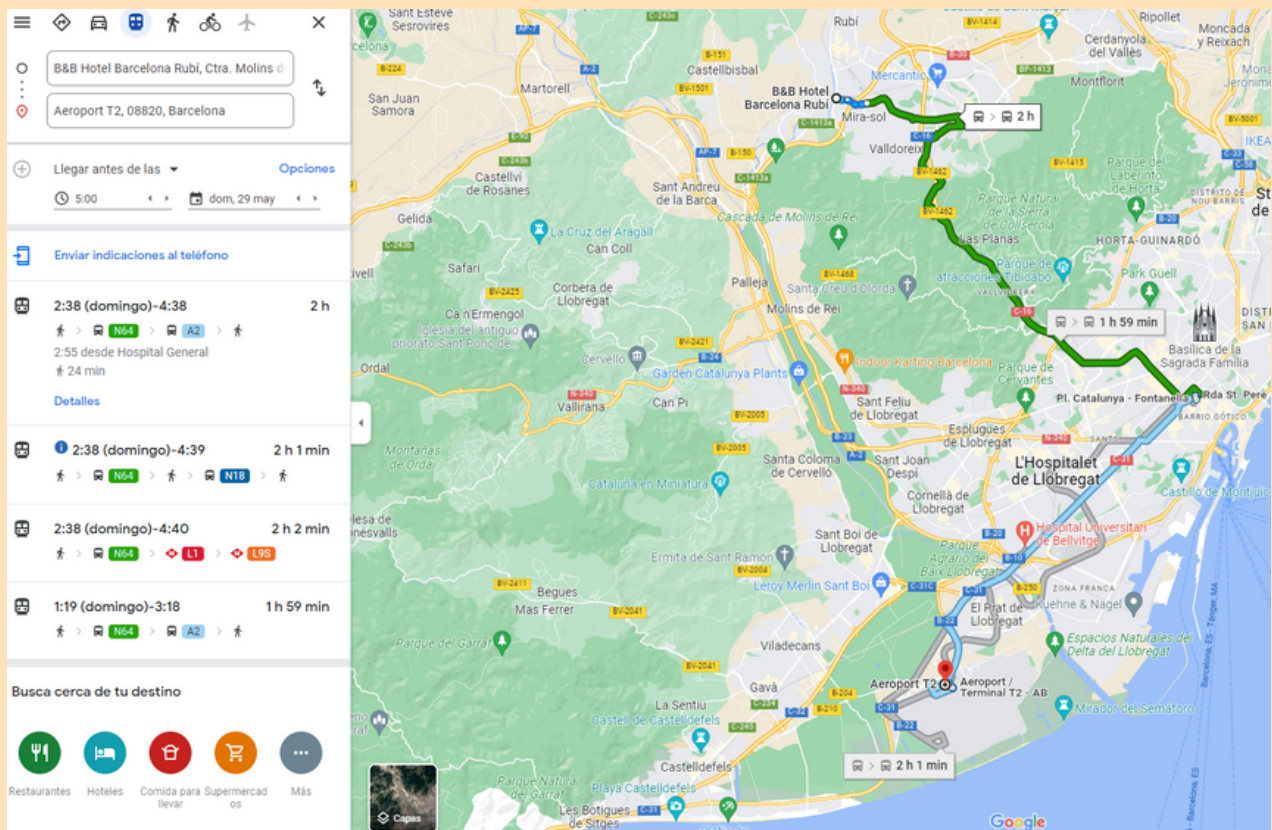


HOW TO GET TO THE AIRPORT

(if you have an early flight on the 29th of May):

The journey from the hotel to the airport is **+/- 2h**.

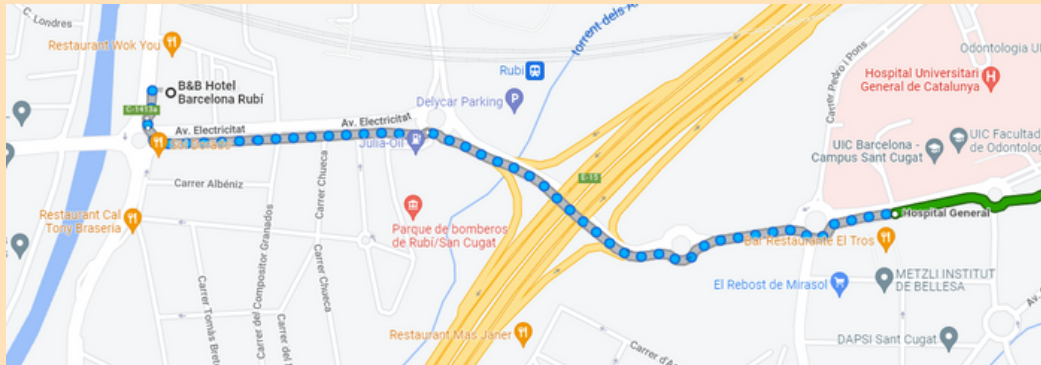
From the hotel, you will have to walk to take the **night bus N64** until Plaça Catalunya (Barcelona), and then, the **Airbus A1 or A2**:



1 - WALKING: From **B&B Hotel Barcelona Rubí** to the **night bus N64** (SARBUS company)

Stop '**Hospital General**' (direction 'Mira-sol FGC').

You will walk around 17 min (1,2 km).



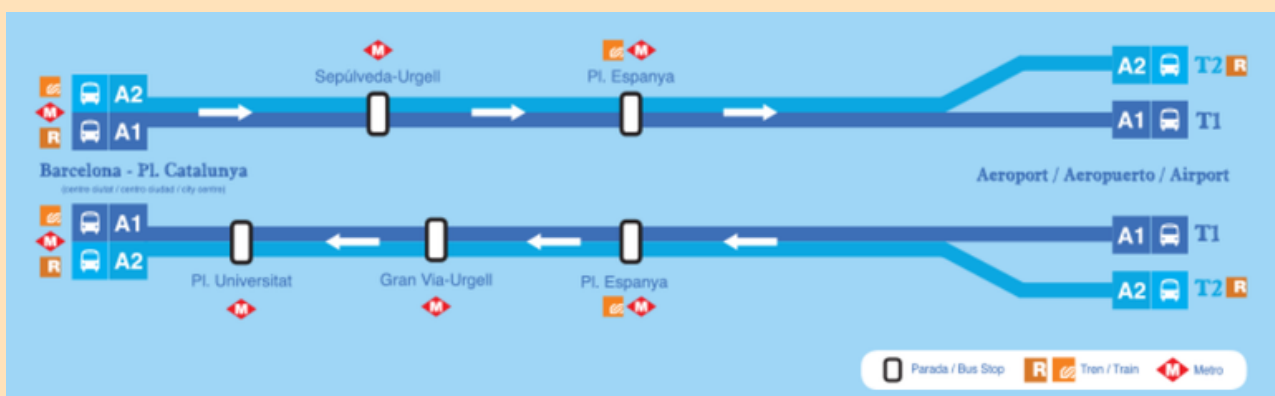
2 - NIGHT BUS N64: From **Hospital General** to **Ronda Sant Pere** (directly. 7 stops, 40 min).

Then, walk 2 min to "**PLAÇA CATALUNYA**".

3 - AIRBUS (5,90€ one-way ticket / 10,20€ return ticket): From **Plaça Catalunya** to **Barcelona- El Prat** directly. 30-35 min.

Take Airbus A1 if you have to take the flight from T1, and Airbus A2 if you have to take the flight from T2.

<https://aerobusbarcelona.es/?lang=en>



THE WORKING PLACE FOR THE APV

The **activities** of the YE will take place **at the youth center Torre Bassas**, the reference place for youth, a space for meeting, growth and empowerment, where there are different rooms and spaces for workshops and rehearsals, a meeting space with an IT point; a youth information point; and open spaces.

During the APV we will work there on the programme of the activities and discuss about the logistics, aims of the project and rules.



RULES FOR THE CORRECT DEVELOPMENT OF THE YOUTH EXCHANGE

- Youth Exchange leaders and participants will use the private Facebook group (YE_YALAH!) for keeping in touch, sharing photos... NOT to ask logistical aspects through the group.
- **Every YE leader and participant MUST HAVE and BRING his / her personal European Health Insurance Card (EHIC).**
- Every participant country group must prepare 3 energizers.
- Under working commissions, every participant country group will collaborate with dining basic tasks (preparation of the tables, sweeping the dining room, etc).
- Every country will organize one International Night. For every night, there is a **budget up to 20€** to buy food, soft drinks, materials, etc. that will be paid back by giving in valid receipts.

RULES FOR LEADERS

- Every group leader MUST forward (send to an e-mail and tell in leader meetings) all information gathered in APV to their own group.
- Every group leader has to take care about the procedure of the documents on Erasmus+ Program (save boarding passes, intercultural night receipts, etc.) in order to give them to the coordination of the project during the YE.
- Every group leader is directly responsible for his/her group and he/she must watch over for every participant's safety and wellbeing.
- All group leaders must be involved in all activities (supervising, giving help if needed, etc.).
- 10 minutes before dinner the group leader will participate in a 10 minutes briefing.
- After breakfast 1 group leader (taking turns) will lead a talk with the group of all participants to explain the daily plan.
- Every morning every leader will work with his/her own group on participants' Youth Pass.
- If you are old enough to drink, you are mature enough to be on time and to work the next day. BE RESPONSIBLE AND CONSEQUENT WITH YOUR ACTIONS.

The organization reserves the right to expel the participant in case your choice is not to participate actively during the project.

RULES FOR PARTICIPANTS

- Every participant is requested to respect timetable and to be on time and ready to actively participate in every activity.
- It is mandatory to keep in order common rooms and to collaborate to keep private rooms clean. Guests will be expected to reimburse for any damage caused by inappropriate behavior during their stay.
- Smoking inside the living and working places is not allowed.
- Bringing food and eating inside the living and working places are not allowed.
- Every participant should bring his/her own bed sheets and towel, and must bring hygienic products.
- Every participant must respect the silence time at the hostel from 00:00 and MUST be back at the building before 1:30 a.m.
- If you are old enough to drink, you are mature enough to be on time and to work the next day. BE RESPONSIBLE AND CONSEQUENT WITH YOUR ACTIONS.

The organization reserves the right to expel the participant in case your choice is not to participate actively during the project.

APV SCHEDULE

APV PROGRAM "YALAH!: Youth in Action to Learn About Human rights"

		27/05/2022
AM	AM	ARRIVALS of the group leaders
	17:00	Meeting point at APPLE STORE
PM	17:15 - 18:30	Going to the hostel in Rubí
	18:30 - 20:00	Get to know each other
	20:00	DINNER
	21:00 - 22:00	Get to know the partner organisations
		28/05/2022
AM	08:00 - 09:00	BREAKFAST
	09:10 - 09:50	Going to Torre Bassas (youth center)
	10:00 - 11:00	PRESENTATION of the project, goals, logistics, rules & commitments for leaders & entities, group of participants & special needs, groups division
	11:00 - 12:00	Review of the planned activities & proposal of changes, explanation of the importance of working on the Youthpass with participants before, during & after the YE
	12:00 - 14:00	ACTIVITIES PREPARATION (definition of the final schedule, division of the sessions led by each partner organisation, list of materials needed)
PM	14:00 - 15:30	LUNCH
	15:30 - 19:00	Locations visit (accommodation, workshops location, final performance location and other infrastructures) to adapt the spaces to the participants' needs
	19:00 - 20:00	Commute to the hostel
	20:00	DINNER
		29/05/2022
AM	08:30 - 09:30	BREAKFAST
	10:00	DEPARTURES of the group leaders

YE SCHEDULE

SCHEDULE "YALAH!: Youth in Action to Learn About Human rights"											
		26/06	27/06	28/06	29/06	30/06	01/07	02/07	03/07	04/07	
AM	8:30 - 9:15	ARRIVALS	BREAKFAST								DEPARTURES
	9:15 - 9:45		from the accomodation to the youth center								
	9:45 - 10:00		ENERGISER Catalonia	ENERGISER Estonia	ENERGISER Hungary	ENERGISER Italy	ENERGISER North Macedonia	ENERGISER participants	ENERGISER participants		
	10:00 - 10:30		Working on YOUTHPASS with group leaders								
	10:30 - 12:00		Presentation Erasmus+, the exchange	Walking with refugees North Macedonia	Scape from Sahara Catalonia	Citizen participation Rubi	Videos for Human Rights Équipe Média press agency	Work on the final performance	Getting ready		
			Name games Catalonia								
	12:00 - 12:15		BREAK								
	12:15 - 14:00		Hopes and expectations	Walking with refugees North Macedonia	Art against racism Estonia	Citizen participation Rubi	Videos for Human Rights	Organisation final performance	Getting ready		
	14:00 - 15:30		LUNCH								
	15:30 - 17:30		Gymkana / Team building	Our experiences	Art against racism: the exhibition	Holidays in Peace Italy	Videos for Human Rights: the exhibitiona Hungary	Hey people!	FINAL PERFORMAN CE		
PM	17:30 - 17:45	BREAK									
	17:45 - 19:15	Gymkana / Team building	Sharing is building	Intermediate evaluation	Holidays in Peace Italy	Group brainstorming	Work on the final performance	Final evaluation			
	19:15 - 20:45	DINNER									
	20:45 - 21:15	from the youth center to the accomodation									
	22:00	Get to know each other	INTERCUL. NIGHT Catalonia	INTERCUL. NIGHT Estonia	INTERCUL. NIGHT Hungary	INTERCUL. NIGHT Italy	INTERCUL. NIGHT North Macedonia	INTERCUL. NIGHT Eurovision	FAREWELL PARTY		
	0:00	SILENCE									
	1:30	EVERYBODY MUST BE BACK AT THE ACCOMMODATION									

USEFUL VOCABULARY IN CATALAN AND SPANISH



Hello (EN) | Hola (CAT) | Hola (SP)
Goodbye | Adéu | Adiós
Good morning | Bon dia | Buenos días
Good night | Bona nit | Buenas noches
How are you? | Com estàs? | ¿Cómo estás?
I'm fine | Estic bé | Estoy bien
Nice to meet you | Encantat/ada de coneixe't | Encantado/a de conocerte
Do you speak English? | Parles anglès? | ¿Hablas inglés?
I don't understand | No t'entenc | No te entiendo
Please | Si us plau | Por favor
Thank you | Gràcies | Gracias
Excuse me / Sorry | Perdó | Perdón



Sorry, I got lost | Perdó, m'he perdut | Perdón, me he perdido
Excuse me, could you help me? | Perdó, em podries ajudar? |
Perdón, ¿me podrías ayudar?
Could you tell me how to get to (place) | Em podries dir com arribar a
(place) | ¿Podrías decirme cómo llegar a (place)?
Do you know where the (place) is? | Em pots indicar on està (place)?
| ¿Me podrías indicar como llegar a (place)?



How much does it/this cost? | Quant costa això? | ¿Cuánto cuesta esto?
May I pay with credit card/by cash? | Puc pagar amb targeta/en efectiu? | ¿Puedo pagar con tarjeta/en efectivo?
Could I have the receipt? | Em pots donar el tiquet, si us plau? | ¿Me puedes dar el tíquet, por favor?

PARTICIPANTS



Seiklejate Vennaskond
(Estonia)



Hidak Ifjúsági Alapítvány
(Hungary)



Taller d'Art, Cultura i Creació
(Spain)

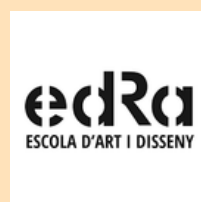


Amaita Intercultura
(Italy)



Association Scientia Nova Kavadarci
(North Macedonia)

COLLABORATORS



Ajuntament de Rubí

Emergency contacts



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EMERGENCIES NUMBER

112

SEE YOU SOON!



930 130 256

taccbcn.com



ONGD - Associació