



## Training Course

“Arts connecting:

Arts based youth work”

02.06. – 09.06.2023



Austria, Klaffer

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Erasmus+



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## Hosting Organization

The “Kinderfreunde” organization was found in 1908 to provide children and young people with community, education and fun. The general well-being, their interests and needs are the most important tasks in our work – now as well as then.

“Kinderfreunde” are a non-profit association. In the upper Austrian region called “Mühlviertel”, our organization is supported by a regional office in St.Georgen/Gusen, so that way we can provide our services, where they are needed.

Our regional office and voluntary board support our hundreds of volunteers all over the region and are responsible for the “Parent-Child-Centers”, our professional family meeting points.

### Our voluntary heart

The heart of “Kinderfreunde” is the voluntary work in about 40 local groups all over the Mühlviertel.

### Integration

We strongly believe in the idea of a multicultural society. Everyone should be treated equally. We try to get in contact with migrants and bring the cultures together. Especially children should have the chance to experience and learn that working and living together in peace benefits all of our lives. Enabling equal chances to all people is another goal in the topic of integration.





## Klaffer (Mühl-fun-viertel)

Klaffer is situated in the province of Upper Austria. The community has about 1.350 inhabitants and covers an area of 28 km<sup>2</sup>. If you'd like to be inspired from nature, Klaffer is the right place. ;-)

The venue, which is called "Mühl-fun-viertel" is not only a house for children and families, but also a popular conference centre for education and for diversity. What began with training for teachers of children and youth groups has developed into a great and highly demanded seminar alternative for schools, companies, associations and apprentices.

The Mühl-fun-viertel is working with professional trainers training schedule can be created tailored especially to all of your requirements. In total there are about 160 beds in various room configurations. There also are areas for tent-camps or camping. Sports enthusiasts will find a football field, a volleyball court, rolling hills and steep trails for mountain biking. The participants will sleep in rooms with bunk beds, male and female participants are in separate rooms. It's possible that in one room there are more than one nationalities. There will be 3 meals: breakfast, lunch and dinner + coffee breaks; All meals are planned beforehand taking in consideration some individual requirements (diseases, diets etc.) These should be given beforehand to the organizers. There is an Internet connection (Wi-Fi), the login data you'll get from the trainer.



[www.muehlfunviertel.at](http://www.muehlfunviertel.at)



## Description of the project

Art-based research opens opportunities in the field of youth-work, where traditional methods are used, that are basically aiming the cognitive level. By using artistic methods, the emotional and physical level can be reached too, so that the learning outcome is more intense and lasts longer. The participants get to know this concept both on a theoretical and on a practical-aesthetic level. That will enable them to use it within the own working-context in formal as well as in non-formal education.

At the moment, the concept of arts-based research is limited on the field of arts-pedagogy and scientific work. But outside that it is widely unknown. By doing this seminar we aim on the extension of arts-based research.

Working by means of artistic and aesthetic methods deals with different socio-cultural brings up discussions and it leads to an intense reflection about it. So, stereotypes can be modified and prejudices can be reduced, especially those concerning people with different backgrounds, different origin and different life scripts. Using the concept of arts-based research brings people to acknowledge the real existing diversity.

The practice of arts-based methods and techniques have an important impact on key-competences for the successful integration on labour-market as well as for the personal social participation. Social communication skills, the ability to understand and work on complex interrelations, the competence of speaking and listening in English and the intercultural competences will be strengthened and supported. The participants will learn how to support the adolescents in these competences.

During the seminar the participants will gain theoretical and practical knowledge about the concept of arts-based research, its possibilities and boundaries for the own practical work with young people. At the center of our work there is the practical implementation of different forms of artistic works and specific techniques.

During the follow-up time the participants have to develop a project together with young people around them for to try out what they have learned. The participants will have to report about their projects to the coordinating organization.



## OBJECTIVES

- The participants contribute their own life plans, their culturally preformed perspectives, their artistic expression and creative ability in order to make the added value of a cultural mix directly tangible. Artistic techniques and forms of expression help to penetrate beyond the purely cognitive level into the emotional and physical level in order to make learning more intensive and to a long-term.
- The concept of art-based research opens up the possibility of significantly increasing the quality of work with children and young people, especially in informal and non-formal education. The thematic applicability is almost unlimited. With the methods and techniques of art-based research, knowledge-based topics can be developed as well as behaviors and attitudes can be addressed and changed. In addition, with a high pleasure factor.
- The application of methods and techniques of art-based research also has an impact on different key competences. This increases personal expression and thus also the ability to communicate. In order to successfully participate in social life and to communicate with others, it is necessary to understand and respect different patterns of behavior and life plans. Working with artistic means of expression and techniques is able to strengthen these competences.



## Short Overview

- **Working language:** English
- **Date:** 02.06. – 09.06.2023
- **Venue:** Vorderanger 16, 4163 Klaffer, Austria
- **7 Countries:** Portugal, Lithuania, Albania, Estonia, Bulgaria, Spain and Austria
- **Participants:** 3 participants from each country:
- Age: +18 years old
- good English communication skills
- People working in a formal or informal context with young people, e.g. as teachers, youth workers, social workers, street workers, volunteers in the field of youth, people working in social institutions...
- Especially those who work with disadvantaged youth
- Participants are willing to make dissemination activities and share the result of the training course after it ends
- **Official Recognition:** the participants get a European certificate, "YOUTHPASS"



## Trainer Crew

### Wolfgang Rohm

Mag. Wolfgang Rohm, M.A. : sociologist, social psychologist and theater pedagogue.

Wolfgang has a wide range of experience in the management of seminars and training courses also in the context of Erasmus +.

Lecturer at the Universities of Education of the Province of Upper Austria, the Diocese of Linz and

the Landes Styria Planning and realization of numerous intercultural projects with children, youth and youth workers. He possesses a broad package of methodological tools from non-formal education; his working style was often defined as "unique", which makes him as a trainer very special.



## Application Process

The sending organisation is committed to collect all data from each participant and forward them to the coordinator. The sending organisation is responsible for filling in the application form, which will be sent by the coordinator to the sending organisation.



## Insurance/Safety Matters

The sending organisations are in charge of taking care that every participant has his/her European Health Insurance Card that allows her/him to be treated by a doctor or a hospital in case of an emergency in every European country. Buying risk insurance is also highly recommended!

### Things to bring...

- Towels
- Shampoo and soap
- Other hygiene and personal products
- Comfortable clothes (if there are exercises outside)
- Comfortable shoes (Klaffers are in the middle of nature)
- Medicine, if needed
- Hair-dryer
- House shoes, if you need some
- Insurance card, which is valid abroad (Please clarify that in your country BEFORE the project)
- Passport



## General rules and requirements

- [Allergies, diseases, special diets](#) etc. have to be announced before the project.
- Using [the washing machine](#) at the venue: if's possible, please ask the Mühl-fun-viertel team
- [After 23.00](#) all the noise must be reduced to permit the other participants to sleep and rest
- [Smoking](#) in the house and in front of children is forbidden because of the values of the Kinderfreunde. Please use ashtrays while smoking.
- [Attention](#): Neither the hosting organisation nor the house Mühl-fun-viertel itself carries any responsibility for lost/stolen/broken things of yours!
- For the [beverages/snacks](#) from the bar, each participant has to pay by him/herself; taking sth. from the bar, you have to fill in what you've taken in the list on the bar and pay for consumed drinks/snacks before your departure.

## DEOR

## Dissemination and Exploitation of Results

Each partner organisation has to take an active part in the DEOR of this project!

The participating organisations and their teams should work out a strategy plan for the DEOR. This should happen **before** the project gets started.

After the project each organisation has to send a short report of this part. This report can include links to postings on Facebook/Websites/Online Newspapers etc..., everything, what was reported about the project beginning with preparations and ending by evaluations.

**All these activities have to be sent by each involved organisation via email to the coordinating organisation!**



## Travelling to the venue...

### Good to know:

- The trip to Klaffer is your responsibility! We provide all necessary information beforehand and support your planning, if needed! Just let us know.
- **Before** booking tickets, you should check your itinerary with us. Any decision without consulting us will be your responsibility.
- The participants from one country should travel as one group.
- Think about green travel options.
- **Arrival:** Please make sure that you arrive in Linz **before 18:00 o'clock** in Linz. There will be a rented bus, called "Venzl" at Linz main station, which will take all of you to Klaffer at 18:00 o'clock.
- **Departure:** Please make sure that your train/bus/flight leaves **after 12:00 o'clock**. You will arrive in Linz main station approx. at 10:15 in the morning. If you leave from Vienna, it will take you at least 1.5 hours to get there from Linz.
- **Please Note:** the costs of the rented bus will be deducted from each participant's travel reimbursement (approx. 18€ per person for one way). This option is cheaper and more comfortable as taking public transport.

### How to get to Linz?

**From Vienna to Linz:** if you arrive in Vienna airport you have 2 options:

- 1) Take the train directly from the airport to Linz main station. The train line is called ÖBB. One ticket costs approx. 45€.

If you book the tickets soon enough, you might have the chance to get cheaper ones, called "Sparschiene"

<http://fahrplan.oebb.at/bin/query.exe/en?> (timetables)



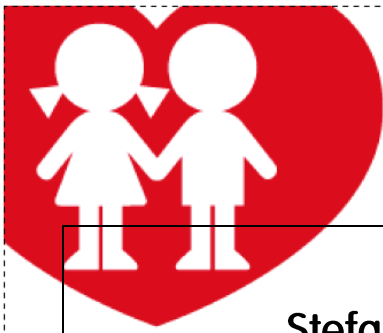
2) From Vienna airport you take a shuttle bus called "Vienna Airport Lines" to Vienna Westbahnhof (train station). This ticket costs 8€. From there you take the Westbahn (name of the trainline) to Linz. A ticket is approx. 25€.

If you book earlier, you might have the chance to get cheaper tickets:

It's called "Westsuperpreis", this ticket is only valid for the time of the train you chose.

DON'T buy "Westvorteilspreis". It is just for people, who have an Austrian/European rail discount card.

[www.westbahn.at](http://www.westbahn.at) (timetables)



## Emergency contacts

**Stefanie**  
**Sandra**  
(Office)

**Mo-Do: 08:00-16:00**

**Fr: 08:00-13:00**

[stefanie.poemmer@kinderfreunde.cc](mailto:stefanie.poemmer@kinderfreunde.cc)

+43/7237 24 65 23

+43/699 16 88 65 03

[sandra.holzer@kinderfreunde.cc](mailto:sandra.holzer@kinderfreunde.cc)

+43/7237 24 65 23

+43/699 16 88 65 09

In case of emergency, please contact our trainer:

Wolfgang: +43699 10 46 46 20

**Team Mühl-fun-viertel**  
**16:00-19:00**

+43/664 130 70 47

**Taxi in Linz**  
(if tram doesn't work)

0043/732 6969

**Taxi in Aigen**  
(if you have missed our organized  
bus to Klaffer)

Mrs. Greiner: 0043/664 644 38 07

Mr. Venzl: 0043/664 591 41 19



## Travel reimbursement rules

All costs for accommodation, food, materials are fully covered by the funding of the Erasmus+ Programme (only during the stay at the project).

According to the new rules within the Programme Erasmus +, travel costs are reimbursed according to km-distance from the participant's residence city till the venue.

According to this there are the following units for each country:

**Maximum travel reimbursement to/from Klaffer according to the distance calculator from Erasmus+:** (for distance calculation during the reimbursement process we will take the residence city of a participant till the venue, this amount of km. has to be proved by tickets, invoices etc. and the below mentioned sum will be paid only if this proved distance is as followed)

- [check your distance here:](#)

[https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en) )

Portugal	2000 - 2.999 km	360€/Person
Lithuania	500 - 1.999 km	275€/Person
Albania	500 - 1.999 km	275€/Person
Estonia	500 - 1.999 km	275€/Person
Bulgaria	500 - 1.999 km	275€/Person
Spain	500 - 1.999 km	275€/Person
Austria	100 - 499 km	180€/Person

**Reimbursement will be according to the real amount spent for tickets, up to the maximum amount listed above.**

**For Example:** Your budget is 275€. You spend 260€ for your tickets, only 260€ will be covered according to your invoices. If you spend 295€ for tickets, only 275€ will be reimbursed.



### VERY IMPORTANT:

To receive reimbursement we need **ALL ORIGINAL** invoices, tickets, boarding passes from each participant. Even if your expenses have exceeded the limit. It is important that we have all tickets which proof your travel from your home town to the venue and back.

### The checklist for the reimbursement:

- **Booking confirmations** for flights, **boarding passes** + **Invoice** with the following components: names of passengers, issue date, flight dates, departure/destination, price, issued in ENGLISH!
- Absolutely **all invoices/tickets MUST have an issue date**/purchase date!
- Absolutely **all original tickets bought** (even if you are of the budget) for arrival and departure, beginning from your home country to the venue and then back
- **Bank account of the sending organization**, because the money will be transferred to the sending organization!

**In case we don't get these documents, reimbursement is not allowed!!!**

Dear organisation, please send ALL travel documents of ALL participants together to the following address:

Kinderfreunde Mühlviertel  
Gewerbestraße 7  
4222 St. Georgen/Gusen  
AUSTRIA

**Wish you good luck with your preparations! 😊**

Feel free to contact me, if you have any questions!

All the best,  
Stefanie and Sandra