

Trame di futuro

- WEAVE THE FUTURE -

27 September – 4 October 2021

Sant'Antioco Island, Sardinia, Italy

Information Pack

ABOUT THE PROJECT

The theme proposed for this youth exchange is the anthropic alteration of ecosystems to gain awareness of individual phenomena and to identify opportunities for young people in the field of micro-entrepreneurship to protect and regenerate the environment. We believe that it is necessary to create occasions in which to have greater awareness of changes in the habitat and consequent urgencies, to develop resilient and eco-sustainable behaviors and to operate and actively plan.

For 6 days, 30 youth coming from Italy, Estonia, Poland, Portugal, Croatia and Hungary will meet at Sant'Antioco, in the Sulcis-Iglesiente region. We will take the reflection on the action plans for environmental sustainability of the various countries that classically contain the items concerning public interventions or their supply chains to bring the survey on specific realities to create information and planning on the needs / opportunities of the territory. Starting from the deepening of general themes, necessary to share knowledge on the changes of the eco-system and the emergencies that arise from it, time will be devoted to reflection on the possibilities that arise in terms of job opportunities for young entrepreneurs investigating the existing experiences and hypothesizing new ones.

To answer these problems and related needs we assume that the following ways of approaching the problem are positive: • the origin from different countries will stimulate the comparison of experiences and experiments conducted by small and repeatable realities, as well as the importance of integration in the community; • the knowledge of important innovations introduced by the scientific and business world; • analysis on micro-planning actions linked to individual contexts; • the start of a reflection based on the relationship between the services offered by nature in the individual realities and the need for paid socio-economic services for the environmental rebalancing in the various contexts of the countries present at the exchange.

This will be the basis for hypothesizing youth entrepreneurial activities that will focus on fields related to biodiversity, climate, culture and habitat. There will be different types of non-formal education activities, exercises, work groups, interactive presentations, brainstorming, facilitated debates and dialogues, simulations, role-plays and workshops useful for achieving the goals of the project.

PARTNERS ORGANIZATIONS

- Ottovolante Sulcis (Italy)
- Seiklejate Vennaskond (Estonia)
- Stowarzyszenie Sztukater (Poland)
- Teatro Metaphora (Portugal)
- Pozitiva Samobor (Croatia)
- Lélektér Foundation (Hungary)



PARTICIPATION CONDITIONS

The activities will be held from the morning of September 28 to the evening of October 3, 2020 (participants will arrive on September 27 and will leave on October 4), we require the presence for the all duration of the exchange. During this period the participants coming from all countries will be hosted all together in the same property.

- Food and accommodation is fully covered by the organizers with the support of the European Commission's Erasmus+ Programme;
- We don't cover insurance, please make it as your commitment to the project;
- Travel costs will be reimbursed, up to travel cost limit (listed below) according to Erasmus + programme.

With the support of the Erasmus + Programme



COUNTRY	MAX REIMBURSEMENT
Estonia	275 euro
Poland	275 euro
Hungary	275 euro
Portugal	360 euro
Croatia	275 euro

N.B. before purchasing tickets all participants have to get a confirmation from organizers (send the tickets you want to buy to: 8volantesulcis@gmail.com).

The nearest airport to Sant'Antioco is Cagliari Airport. The tickets should be bought with a maximum of 4 extra days (plus or minus), although those days will be subject to your own costs.

In order to get your reimbursement, please pay attention to the following procedure:

- First of all, **KEEP ALL** the tickets you get to prove your expenses (bus tickets, train tickets, electronic flight ticket, travel agency reservations, electronic receipts etc.). For train and bus tickets make sure the date, the itinerary and the price are visible on the ticket. We can't reimburse money if you take taxi.
- Second: **KEEP ALL** your flight boarding passes (outward and return).

Remember!

We cannot reimburse you if we do not receive the details and proofs of your expenses!

During the YE we will ask you to bring directly with you the printed copies of:

- All original tickets and receipts with the price (electronic receipts without the price cannot be considered);
- Outward boarding pass;
- Photocopy of your ID card or Passport.

After your return we will ask you to send us by postcard the originals of the returning boarding pass

or other receipts and once we have all originals, we will proceed with the reimbursement by **bank transfer through the organization or team leader**.

ABOUT SANT'ANTIOCO, ACCOMODATION AND LOCATION

Sant'Antioco is an Island and a municipality in south-western Sardinia, in Sulcis zone. It is the second largest island of the Sardinian region, after Sardinia itself, with a surface of 109 square kilometres (42 sq mi); it is also the fourth largest in Italy. It is located 87 kilometres from Cagliari, the chief town of Sardegna.

For more info:

- <https://www.sardegnaturismo.it/en/places/sud/santantioco>
- <https://en.wikipedia.org/wiki/Sant%27Antioco>

Participants will be accommodated at **Camping Tonnara** (<https://www.campingtonnara.it/>) near the beach *Cala Sapone*. Participants will stay in shared bungalows (4 people).

The accommodation will include toiletry (shampoo, toothpaste). **Please bring your own towels**. In the structure there is a swimming pool that you can enjoy in the free time.

HOW TO REACH SANT'ANTIOCO / TRAVEL INFORMATION

All participants are suggested to arrive at Cagliari Airport. Inside the airport follow the signs to the train station (Cagliari Elmas train station / 10 minutes walking).

Take the train to Carbonia or to Iglesias. Get down the train at Carbonia Serbariu train station stop. Train schedule from Cagliari Elmas (train station near the airport) to Carbonia Serbariu available at this link: <https://www.trenitalia.com/tcom-en>

You can buy ticket on spot with automatic ticket machine or online in advance from Trenitalia website (if you buy online print your ticket). Ticket cost is 4,90 euro.

N.B. Sometimes there is a train change at Villamassargia. Please ask at the train attendance before the train departure.

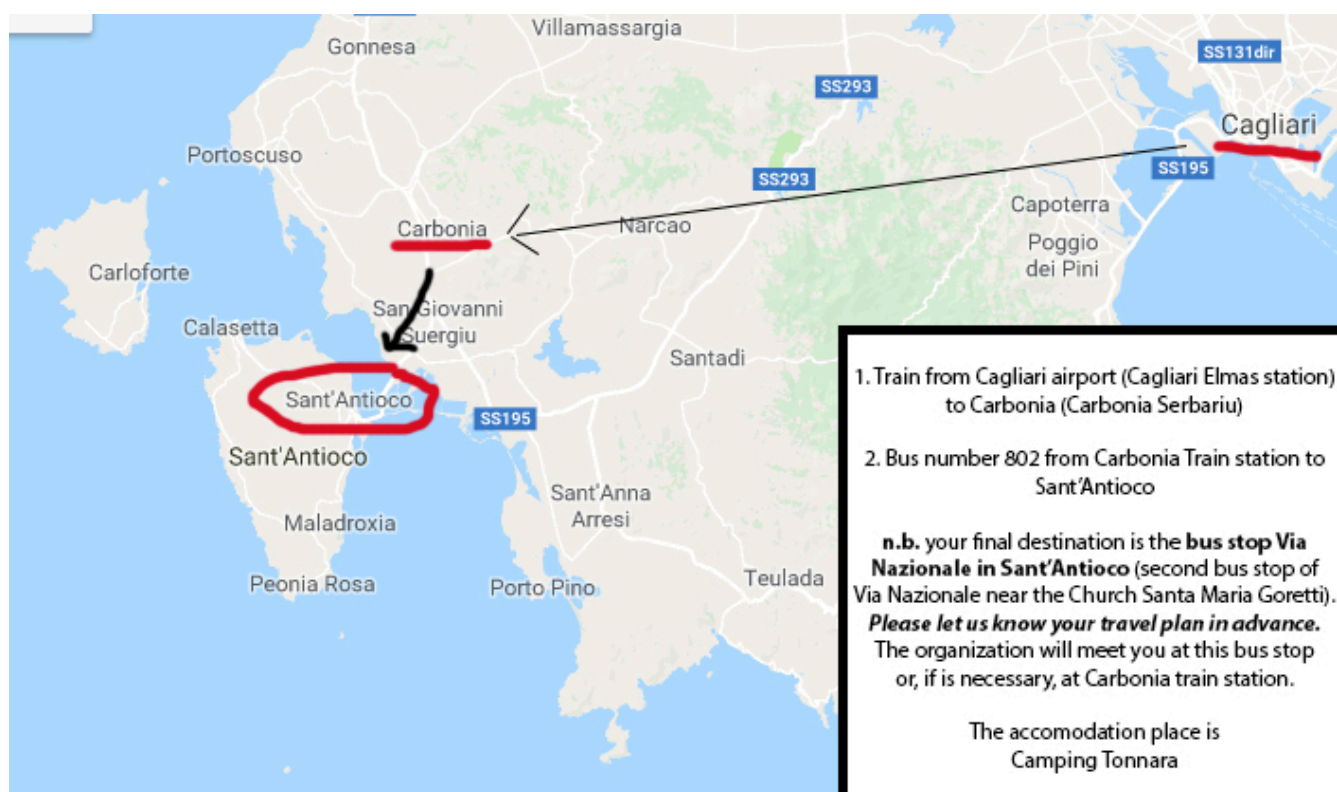
Last train departure is 20:53.

Once you get to Carbonia, follow the stairs, go to the ground floor and take bus 802 to Calasetta (the schedule will be provided by email in advance before your departure). You can buy ticket on spot with automatic ticket machine. Get down the bus in Sant-Antioco at Via Nazionale / Chiesa Santa Maria Goretti bus stop (is the second stop of Via Nazionale where is located the Church Santa Maria Goretti). At the bus stop you will find one of our representative to welcome you.

You should let the organization know your flight arrival time in advance, and we will send your specific train and bus schedule and directions, and will arrange your pick up at your arrival in Sant'Antioco (or we will pick up you at Carbonia train station if is necessary).

For any last minute change or delay in your travel schedule, please contact:
+39 348 688 26 87 / 8volantesulcis@gmail.com

Returns will be organized based on flight schedules already in place.



WHAT TO BRING AND PREPARE

Each country group will be asked to prepare in advance:

- 1) a short research and presentation concerning:
 - the main characteristics of your territory by identifying the environmental climate problems and the most significant alterations;
 - research aimed at identifying existing studies and realities in the country in response to the problem of changes in the ecosystem;
- 2) a draft presentation and preliminary ideas for the preparation on site of an intercultural evening.

Further instructions will follow.

While packing, don't forget:

- Materials and informations that you collect in the preparatory research (see above).
- Please bring your own bottle for refilling water while you are outside the center.
- Comfortable clothes & sturdy shoes for the activities and walking (as we will do active exercises and we will walk around the island). Swimming suit and towel are recommended. In this time of the year the temperature will be quite warm.
- Shower and face towels.
- Some products from your country (sweets, drinks, anything else specific, music, dances, etc.) – we want to take advantage of our multicultural group so we will like to organize international evenings. There is possibility to cook at our accommodation place.
- Any games, materials (books, videos, photos, other products) that could be used during the

program or free time.

- Your European health insurance card.
- If for health reasons you take any specific medicine please bring sufficient supply for the duration of your stay, in case it could be impossible to find them on location.
- You can bring your personal note book or tablet. The location has a wi/fi connection.
- GOOD mood!

FACEBOOK GROUP - all participants are invited to join this facebook group:

<https://www.facebook.com/groups/719925358832361/>

EMERGENCY CONTACTS

In case of emergencies while you are in Italy (or even before that) please contact one of the contact mentioned below. **EU EMERGENCY NUMBER: 112**

ORGANIZATION CONTACTS

Davide: +39 348 688 26 87 / Marco: +39 338 891 46 74 / Giuliana: +39 338 445 51 45

Mail: 8volantesulcis@gmail.com

Looking forward to see you all in ITALY!!!