



YOUTH EXCHANGE ISTANBUL, TURKEY

PLACE AND DATE: 22-31 JULY 2022, ISTANBUL, TURKEY

PARTICIPANTS: 60 people (10 youth + 2 group leaders from each country)

COUNTRY: Partner countries will be from **United Kingdom**, **Lithuania**, **Turkey**, **Estonia** and **Croatia**.

LANGUAGE: The working language will be English.





Our project is an intercultural project that aims to unite youth and stimulate their interest in each other's cultures by providing the youngsters in the **UK**, **Croatia**, **Lithuania**, **Estonia** and **Turkey** with new opportunities through a creative learning process of audiovisual language in order to improve and develop their professionalism, in a local, regional and international environment, through exposure to other youngsters, methodologies, audiences, and work contexts.

The main aim of the project is to cultivate the further professional development of young people in UK, Croatia, Estonia, Lithuania and Turkey through cultural exchanges, involving communities in European cities, and starting to build a youth expert base in the communities they come from. In addition, the project aims to raise awareness among the young of the power in audiovisual language, the potential of emphasizing their own voice as individuals and taking part in building a better future for their home communities.

Our specific objectives are:

- to raise participants' awareness about the techniques of audiovisual language in order to be better informed as active citizens and thrive in increasingly media-varied environments



- to foster digital literacy and employability by developing skills and competences according to the "New Skills for New Jobs" EU flagship initiative and to the "European Framework for Key Competences for Lifelong Learning"
- to provide communication tools in order to improve the quality of internal and external communication
- to involve young people in reflection on the priorities that affect them and stimulate them in playing a constructive role in the development of their own communities, using videos as a way of expression and constructive debate on the European Citizenship

ACTIVITIES AND METHODS



Working Methods

In the first phase the participants will get to know each other. We will use icebreaker games and encourage the cohesiveness by using role-playing games.



The next phase will be the impart of theoretical knowledge about audiovisuals such as videos and music. In little workshops the participants will learn the bases for the production of videos and music. They learn how to work with cameras, microphones, musical instruments, how to cut the raw materials and get tips how to create a story line both for their videos and music. Afterwards, the participants will form transnational groups and start working.

The final phase is the evaluation. The projects will be shown to a big international audience and to the other participants of the project. After the screenings we will analyse the audiovisuals together with regard to the topic "media as a medium for civil and political codetermination". Some well-respected reviewers will be invited to work through the projects together with the young people. For example, we will compare the groups' intention with the message the other participants and the reviewers understood and afterwards collect ideas for improvement. After this we will reflect the whole project together with the young people by using a questionnaire and giving feedback. We will also collect and discuss proposals for further projects.

Who can participate in the youth exchange?



Although their background and need of the participants will vary, making the group of participants interesting and dynamic, but at the same time emphasising the need for flexibility in the program. As we intend to involve 60 youngsters both from UK, Turkey, Croatia, Estonia and Lithuania and these are youth with limited opportunities to live and develop as



youngsters due to the social and economic circumstances in their city. At the same time this is the reason why we believe it is so important for these youth to find constructive channels to raise their voices, and audiovisual as such is one of these channels. We therefore wish to include a strong focus on participant from partner countries. We believe for this to be inspirational and with great potential for learning, sharing experiences and build friendship across borders for all participants.

Our partner promoters are responsible for the well-timed selection of the participants. Furthermore, our partner is responsible in enhancing the participants' general involvement in the project and prepare each single participant for the thematically work during the project activities, means partner is responsible in ensuring the contribution of each single participant to the preparation, realization and evaluation of this project. This approach will be realized by meetings and stable contact among us and the partner promoters as well as among the partner promoters and their participants.

TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
United Kingdom	Turkey	2000 - 2999 km	12	360.00
Croatia	Turkey	500-1999 km	12	275.00
Estonia	Turkey	500-1999 km	12	275.00
Lithuania	Turkey	500-1999 km	12	275.00

AFTER SENDING their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (Istanbul). These distances must be calculated using the distance calculator supported by the European Commission. We don't send money to each participant. We send only money to sender organization and sender organization will pay to participants. It may be that money from European Commission will be late; in that case, as mentioned, you will get your reimbursement after the course by bank transfer (be ready for that).



Days allowed to stay in Turkey:

This is a great time to explore Turkey, if you want to explore country, please arrange extra days. You are allowed to come max 2 days before the YE or leave after max 2 days after the YE, but the total amount of the days that are not part of the programme is max 4 days. If you decide to stay more than 4 days longer than the official programme, you will have to cover the traveling expenses yourself. The funding is designated only for the programme, thus different dates of arrival / departure should be of the same price (or less) as on the programme days, otherwise you have to cover the difference in price. During these extra days, you have to find your own accommodation and no other expenses are covered (we will cover just flights on different days).

THE VENUE







Note: Organisers will not provide accommodation for any additional stay in Turkey. If participants plan to arrive a few days earlier or depart a few days later, they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel

COVID-19 SPECIAL MEASURES ISTANBUL:





Beside the rules that we all know, and are respecting in our own countries, the following rules are necessary for the creation of a safe and productive learning environment:

- All persons coming to the youth exchange will need to take an RT-PCR test before the trip as it is mandatory to show a negative test upon entering Turkey. The costs related to the test are supported by the participant directly, if their country does not provide free testing. The list of acceptable tests is constantly being reviewed as government continues to seek the most accurate alternatives to the PCR test. If you cannot present the correct test result, you may not be allowed to board your flight. You are fully vaccinated; you are allowed to come to country without any PCR test.
- Before traveling, please ensure the rules to return home to your country. Will you need to be tested? Will you need to quarantine? If you need to test before returning home, this must be indicated on arrival so that testing can be scheduled within the specified time.
- All participants need to bring along <u>face masks</u> that you will <u>use at all times in all common areas inside the accommodations</u>. We will be using masks inside the activity room and other common areas. You will not need to wear the mask inside your sleeping rooms or outdoors, as long as you maintain proper physical distance. If it is not a reusable mask that you can wash every evening before going to bed, you should bring one mask for each working day. Additional disposable masks may be provided on site.
- Every bedroom, bathroom and common area will be equipped with disinfectant spray, disinfecting wipes and paper towels. The participants are responsible for disinfecting their room and the toilet inside the rooms. The youth center team will be disinfecting common surfaces several times during the day.
- Before each session, the participants will need to wash their hands and use hand disinfectant that will be available at the entrance to the workshops room. The same procedure is necessary before each meal.
- We will have two non-contact digital thermometers. Every morning, group leaders will need to check the temperature of all participants from their team. If someone has a high temperature, the person will need to skip the morning session and self-isolate in the room arranged for these situations.
- After each session, facilitators will gather all materials (such as scissors, glue, markers etc.) that were used by participants and disinfect it for the next session.
- In order to avoid the use of many glasses during the day, all participants should bring one bottle from which they will be able to refill and drink water during the exchange. Disposable plates, cutlery and cups for coffee, tea or juice will be available.
- The breakfast, lunch and dinner will be served for each participant. We will explain the procedure to everyone after you arrive at the venue.
- Please note that the wearing of masks is mandatory in all public spaces in Turkey. This includes shops, restaurants, nightclubs and public transportation.



Our main priority is the safety of everyone, and we are sure that these rules and regulations will not stop us from having a good time and meeting amazing people from other countries. If anything is not clear to you or you have any questions, please feel free to contact us at any time.

ACCOMMODATION PLACE

Selimpaşa İMKB MTAL Uygulama Oteli

Photos and videos about our accommodation place and workshop place;

https://selimpasa.meb.k12.tr/icerikler/uygulama-oteliiletisim 8114890.html

Rooms: Participants will be accommodated in 3 or 6 people each room. Bed linen and towels will be provided. The main activity room is located in the hotel. Wi-Fi internet connection is available. Organisers will provide participants with three meals per day. Food will be served.

We strongly recommend each participant to inform the organizers about any special dietary needs in advance.

HOW TO REACH THE HOTEL

Two weeks before the project, we will share info about how to reach the hotel on Facebook group.

More discussions can be done in Facebook group.



WHAT TO BRING



Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

HEALTH INSURANCE

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high if you don't have.



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).

Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents** even if they are online. We don't have printing opportunities.
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Find interesting videos / games / exercises / educational activities on diversity.



- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others. Also, please **prepare a mini (and, of course, fun) language course** for the others. We count on you to make these evenings as interactive and fun as possible.
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).

Whenever possible, bring your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!





SEE YOU ALL IN ISTANBUL, TURKEY