

YOUTH EXCHANGE

ME SOM ROM IN DIVERSITY

07.11. - 15.11. 2023



MURSKA SOBOTA - SLOVENIA

Erasmus+
Enriching lives, opening minds.


Hiša
vzhajajočega
sonca

MOVIT

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



ABOUT THE PROJECT

The project **ME SOM ROM IN DIVERSITY** strives to strengthen the status of Roma in society, encourage Romani people to approach all areas of life with greater confidence and create conditions for authentic interaction among Roma from different countries and local communities. We wish to bring Roma culture and lifestyle closer to the local community, while also emphasizing current issues related to Roma in society. In doing so, we will follow goals of the Erasmus+ programme, young people with fewer opportunities will be included (economic, social, geographical hindrances), through active participation of young people we will strengthen social inclusion and language competences with informal learning. In addition, we will actively encourage youth work, lessen discrimination and intolerance and prevent any kind of hate speech. The project and the exchange itself seek to encourage young people to take part in similar initiatives, due to competence gain that will contribute to a positive outcome in the process of seeking their first employment.

Our youth exchange activities will include:

- Learning about Roma culture, customs, history and the situation in our countries.
- We will visit the only Roma radio in Slovenia, the Roma Association of Slovenia and meet their president, visit the most developed Roma settlement in Europe and visit the Roma museum in Murska Sobota.
- We will prepare an exhibition on our view of Roma culture.
- We will meet well-known Roma from Slovenia and socialise with the Roma community in Slovenia.
- We will organise Roma-themed workshops at the Youth Centre in Murska Sobota and connect with the local community.
- We will get to know the participating countries, their sights, traditions and culture.
- We will speak out against discrimination and prepare online propaganda on the fight against it.





Me som Rom can be translated to I am Roma; in spite of our different cultural, economic, social and religious backgrounds, all youth exchange participants aim to present the Roma, their lifestyle and culture, to the European youth. During the exchange, participants will become familiar with cultures of other nations, explore the lives of Roma in the past and today, as well as the most prominent events and changes throughout their history, explore the European museum of Roma culture and history, Roma radio Romic and teach non-Roma participants the basics of the Romani language and dance in the multigenerational center Hiša sadeži družbe Murska Sobota, compile a brief dictionary of the Romani language and visit the Roma village Pušča. The youth exchange also includes learning about different cultures within international evenings and other informal activities. After the exchange, numerous dissemination activities of project results are scheduled to take place.

Learning about Roma culture will help us to break stereotypes and we believe that young participants will become more open-minded towards vulnerable target groups. At the same time, the knowledge and new experiences we gain will help us to spread good practices in our own countries and in the local environment where we come from.

Even if you are not familiar with Roma culture or have never had contact with the Roma community, this can be a great opportunity to broaden your horizons and at the same time get a YOUTHPASS to participate in a project on learning about Roma culture and themes.



WORKING METHODS:

Working methods will be icebreakers, energizers, team/group work, interactive and creative workshops, open space workshops, discussions, evaluation, role playing, informal gatherings, local visits, guest visits etc.

PARTICIPATING COUNTRIES:



Slovenia (6) zavod.hisasonca@gmail.com



Estonia (6) seiklejate.vennaskond@gmail.com



Romania (6) as.comunitatilor.interculturale@gmail.com



Lithuania (6) team@innoved.lt &
umunthuprojects@gmail.com



France (6) ourissonp.associationballade@gmail.com

5 participants 18-30 years + 1 group leader at least older than 21 years
= 6 all together per country.



PARTICIPANT PROFILE

- Young people age 18 to 30 residents of participant's countries;
- Group leader at least 21 years old and can be over 30 years old
- Required to be part of some voluntary organization or connected to the topic of Roma minority (not mandatory)
- Strongly interested in raising knowledge on Erasmus + Programme, youth project management;
- Motivated to address the issue in their communities, issues concerning young people at international level;
- Motivated to speak about discrimination, finding solutions to fight against discrimination, feel comfortable to talk about Roma topic and to integrate with them while our visits and to spread tolerance among minorities issues and to turn ideas into actions;
- Ready to work in mix-intercultural learning environment, to contribute to successful project implementation;
- Motivated to take part in Erasmus + project, work in an international team and share their experiences in follow up period;
- Have communicative level of English and be able to take part in preparatory meetings, youth exchange and follow up activities.
- Every group will include participants with fewer opportunities facing cultural differences and social, economic obstacles. It means young people who face unemployment, are coming from socially and economically challenging environment and/or might face discrimination, stereotypes and prejudices in their communities.
- Required to be active and ready to do outdoor activities
- Required to be non-smoker person
- Required to be promotor of **healthy lifestyle and against use of alcohol and drugs. Alcohol will be allowed only during the cuisine market. On other days, alcohol is not allowed and we also mean it seriously.**

Partners will be responsible to include 2 participants with fewer opportunities in their groups.

PROFILE OF GROUP LEADERS:

Group leaders will be selected by each organization. The Group leader is expected to be a person with previous experience in youth work and Erasmus + Programme who is ready to take participation and during the project, facilitate the project activities and provide support to the participants during the whole project, especially during implementation phase abroad but also during preparation and follow up period. Group leader has to be older than the rest of participants or at least 21 years old. Group leader will be responsible to write a short article about each day of the youth exchange and send it to their sending organization to publish on their Facebook and webpage (each day). group leader will also help to motivate all participants to organise an event for dissemination at home.

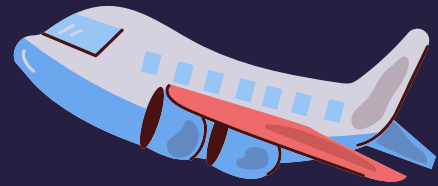


TRAVEL COSTS & REIMBURSEMENT

"ME SOM ROM IN DIVERSITY" project is implemented with the financial support of the European Union through Erasmus+ Youth programme.

We will cover from the project budget, the following costs:

- Food, accommodation and activities (100%);
- Transport costs will be reimbursed on a lump sum basis:



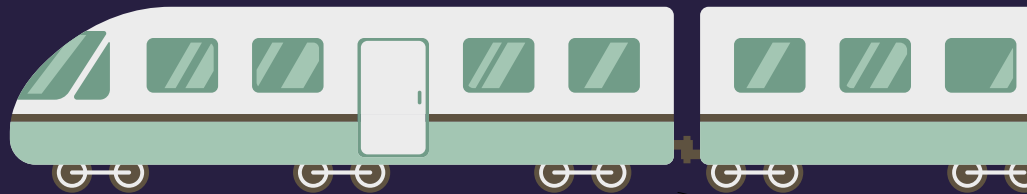
Slovenia: 20€

Estonia: 275€

Lithuania: 275€

Romania: 180€

France: 275€



Not all participants are entitled to a certain amount for their country. Check your distance at the following link: <https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

0 - 99 km = 23,00 €, 100 - 499 km = 180,00 € & 500 - 1999 km = 275,00 €

The travel reimbursement process can take up to 3 months. Participants will receive instructions for reimbursement of travel expenses as soon as they have completed the dissemination event in their local area.

TRAVEL BY:

Air: Airports: Ljubljana, Zagreb, Vienna, Budapest, Graz, Trieste. Treviso...

Train: Budapest - Murska Sobota, Ljubljana - Murska Sobota... Destination is always Murska Sobota (+ bus or taxi to Rakičan (we will cover taxi costs only on short ride)).

Car: Destination Rakičan, Slovenia (Lendavska ulica 28, Rakičan, 9000 Murska Sobota)

Bus: Destination Ljubljana (capital) – Maribor- Murska Sobota - Rakičan

IMPORTANT!

We will reimburse the transport money ONLY if the participant will ACTIVELY take part during the whole project. This is international project with non-formal education that is granted from European fund. Notice also that we can reimburse the costs that you can prove us (original tickets). You can travel 2 days before activity starts and 2 days after activity ends. Don't buy your travel tickets before getting our confirmation! Each participant can arrange with sending organisation if you have to buy your own tickets or the organisation will buy and will get reimbursed by us.



ABOUT SLOVENIA



So Slovenia is cool, it's a tiny but beautiful Slavic country and people are also just as pretty and welcoming. Only these facts are the good reasons for you to come visit Slovenia and join our project that will be held in a beautiful Mansion from 14th century. But hey, why stop at these when we can show you a set of interesting facts about Slovenia!



In the Heart of Europe

Where the Alps meet the Mediterranean and the Pannonian Plain meets the Karst, there is Slovenia. This small green country extends in the area of 20,273 km². It is one of the countries with an exceptional number of top athletes and rich cultural creation. In Slovenia it is not difficult to compare the value of goods and services, as they are priced in one of the most important world currencies – in euros.

- 1# Fact – Cavemen friendly territory
 - 2# Fact – Slovenes love vineyards
 - 3# Fact – Slovenes love their towns
 - 4# Fact – Coast is small but pretty
 - 5# Fact – Land is full of fuzzy bears
 - 6# Fact – They have pretty weddings
 - 7# Fact – Mountains are in their blood
 - 8# Fact – Oldest vine is from Slovenia
 - 9# Fact – They love to jump from their mountains
 - 10# Fact – Slovenes are pretty
 - 11# Fact – Slovenia has some cool neighbors
 - 12# Fact – It's full of green forests
 - 13# Fact – They have pretty Lipizzaner horse studs
 - 14# Fact – Their Mount Triglav is pretty high
 - 15# Fact – They enjoy bike rides and hiking
 - 16# Fact – Film makers also love the area
 - 17# Fact – Their parks are ancient old
 - 18# Fact – They are happy, so are their festivals
 - 19# Fact – They have unique hostels
 - 20# Fact – It's the land of Dragons
- JOIN US! and get to know the facts!



WHAT TO BRING WITH YOU?

- we will have Cuisine market; it means that we will prepare presentations of our traditional food and drinks. We will prepare small market with stands. We are kindly asking that participants should bring food that they DON'T need to cook! (NO cooking!). It should be presentation with snacks and drinks. Before this activity we will have normal light dinner. Participants should bring some traditional food and drinks from their country. Some stuff they can buy here, but only stuff which are international. They will not have any access to the kitchen to cook or warm up the food. So please if we wrote no cooking, we also mean no cooking.

- Every evening we will have a national evening. It means that each country will have at least 1 hour to present their traditions, attractions, culture... On this activity only presentations (power point, prezi, video, dance, singing, theatre...) no food! Participants should prepare the presentation before arriving to Slovenia. Info about when each country will have presentation is in the timetable.

- Each group should have a flag from their country

- Each group should have at least one or two laptops

- Each participant should bring warm clothes, sport clothes for team building , comfortable clothes & shoes for walking & clothes that can get dirty while our work actions

-Each group should collect some information about Roma minority in their country

-Each participant is kindly asked to bring some toys, Kitchenware cosmetics or anything that they want to donate to local organisation which we will visit and is working with people that face any kind of obstacles

- Medicine that you usually use (if you do)

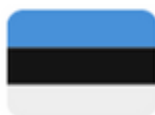
- Passport or ID card

- Invoices and travel tickets for reimbursement

- European health insurance card (mandatory) or travel insurance



Erasmus+ Youth



ACCOMMODATION MANSION RAKIČAN

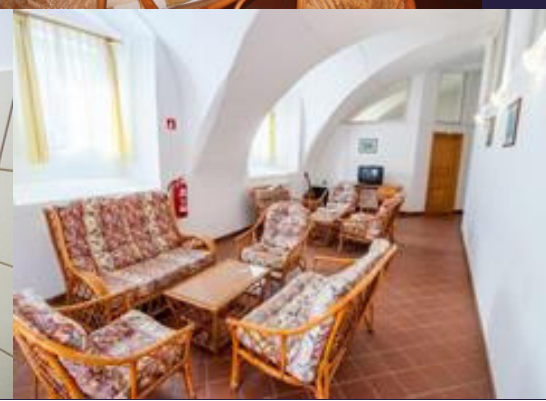
Our project "ME SOM ROM IN DIVERSITY" will take place near Murska Sobota, which is the biggest city in the region of Pomurje. We will stay in a beautiful countryside Mansion Rakičan. Our accommodation will offer us rooms, (which are equipped with private bathroom with shower, internet and TV), room for activities, big park, dining room and a common space near our rooms. We will have a triple room, quadruple rooms, rooms for 8 people and rooms for 6 people.

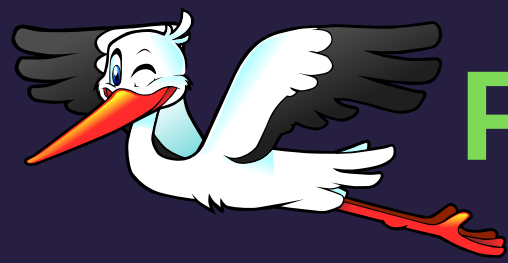


Name of the accommodation:

DVOREC RAKIČAN

Address: LENDAVSKA ULICA 28, RAKIČAN,
9000 MURSKA SOBOTA





POMURJE



The world of unique water sources and dreamy romance along the River Mura.



The Pomurje region is a land of springs of healing water. You will discover a floating mill and an island of love in the Mura River near Moravske Toplice, Radenci, Banovci and Lendava. The largest Baroque castle in Slovenia is also located in this area. You will be fond of this region, which is the most dynamic region in Slovenia when it comes to dialects, culture, and language, especially due to its open and Pannonian soul. Pomurje is also the meeting point of various cultures, faiths, and ethnic groups, because it is a home to Roma and a Hungarian minority. The climate is mainly continental-pannonian, with partial Mediterranean influences. The region is home to three protected nature areas: Nature Park Goričko, Nature Park Ljutomerski ribniki – Jeruzalemske gorice, and Nature Park Negova. It is divided into 27 municipalities.



THOUSANDS OF MAGICAL THINGS MEET IN POMURJE, THE SUNNY LAND OF GOLDEN FIELDS, ON BOTH BANKS OF THE RIVER MURA

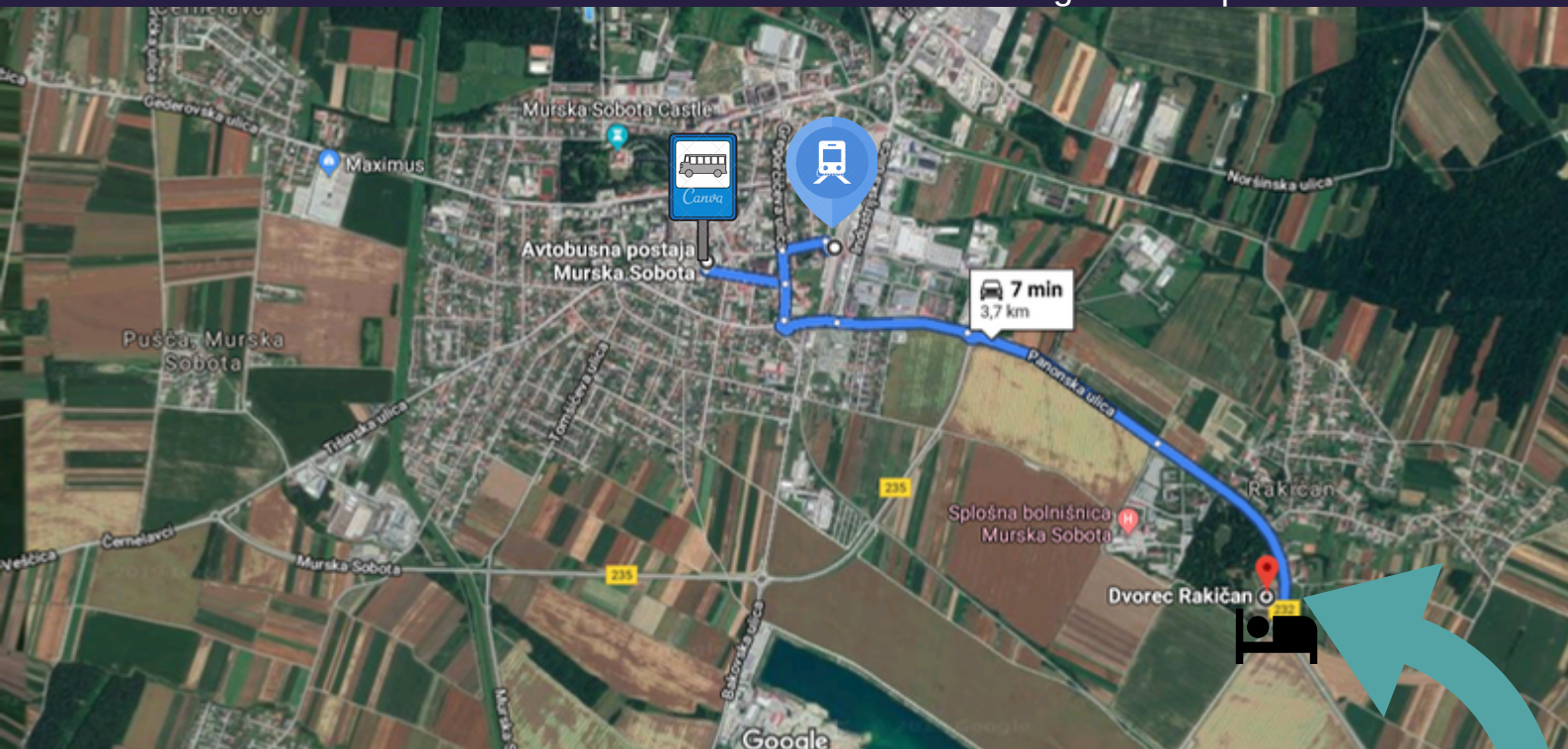
Check & follow: [pomurje_land_of_fairytales](#) Instagram & get to know the region before arriving to Slovenia & Pomurje

ADDITIONAL INFORMATION

- ✓ Each room has a private bathroom
- ✓ Each person will get one towel
- ✓ You don't need to bring your own bedding
- ✗ There is no hair dryer in the bathroom
- ✗ There are no cosmetics in the bathroom
- ✓ Tap water is drinkable

There will be a participation and excursion fee that each participant has to pay. All other costs (food and accommodation) are 100% covered. The cost will be 20€ per participant. It includes partially costs of excursion and organizational costs for documents and activities (agreements and travel costs process).

Our accommodation is located 1 km from main regional hospital.



Taxi Murska Sobota

Taxi Badi 0038631737633

Taxi Sobočanec 0038631618051

Taxi Buba 0038631235471

Bus Murska Sobota - Rakičan

10:15, 11:00, 11:15, 11:30, 12:35

13:15, 14:05, 15:10, 15:30, 17:05

19:15, 22:40



Our
accommodation

We will reimburse taxi costs on short distance



DICTIONARY

Hello / Zdravo, Dober dan

Good evening / Dober večer

Good morning / Dobro jutro

Im sorry / Oprosti

Thank you / Hvala

I don't understand / Ne razumem

Please / Prosim

How are you? / Kako si?

Cheers / Na zdravje

Goodbye / Nasvidenje

Yes / DA/JA

No / NE

Excuse me? / Oprostite?

I like you / Všeč si mi

Love / Ljubezen

Nature / narava

How can I get to Rakičan? / Kako lahko pridem do Rakičana?

Where is the train station? / Kje je železniška postaja?

Where is the bus station? / Kje je avtobusna postaja?

Where is taxi? / Kje je taxi?





Erasmus+

Enriching lives, opening minds.



Erasmus+ Youth

