

MUSE

Youth exchange

15th October 2022 - 21th October 2022

Loano (SV), Italy



The project

The project "MUSE - Music Uniting Special Expressions" is born from the identification of music as a powerful instrument, that provides numerous health and wellness benefits, and that is easily accessible. For people with intellectual disabilities, music can offer an alternative form of communication, as well as a form of personalized therapy.

The project opens the possibility to create and share tools and environments that facilitate relationships and increase the individual ever-greater autonomy and serenity. In particular, creative activities are a noticeable and important element in preventing the aggravation of disability, creating the space of choice and the real possibility of thinking of oneself as a protagonist in order to develop decision-making autonomy.

As it is a youth exchange, the project is set with a peer-to-peer approach. The activities will be defined in cooperation with the partner organizations and each country group will have the opportunity to facilitate specific sessions.



Participants

- A group composed of participants with and without intellectual disabilities, in order to create mutual learning and peer-to-peer support.
- Age: 18-30.
- Living in Italy, Turkey, Spain, Greece, or Estonia.
- Interested in exploring music as a tool for enhancing communication and decision-making.

Methods

- Nonformal education
- Experiential learning
- Music
- Games
- Sport
- Intercultural presentations
- Teamwork
- Role-plays
- Outdoor activities
- Discussions, sharings and reflections



Accommodation

- The project will take place in Loano (SV), in the Liguria region.
- Participants are accommodated in international rooms.
- The accommodation is located at 5 mins walking from the sea and in the city center, therefore close to shops and facilities in case of need.



Costs and tickets



The project is funded through the Erasmus+ program, thus accommodation, food, materials, and travel costs are fully covered.



According to the rules of the Erasmus+ program, the maximum amount we can spend for each country is 275€.



We ask you to keep all your tickets, boarding passes, and invoices (originals).



Travel tickets are bought by the coordinating organisation.

Partner organisations

- ANFFAS TORINO APS (Italy):
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- Manisa Ozel Egitim Uygulama Okulu III. Kademe (Turkey):
sercandere@hotmail.com
- Asociación Entrejuegos (Spain):
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- SEIKLEJATE VENNASKOND (Estonia):
Seiklejate.vennaskond@gmail.com
- IASIS (Greece)
connectforprojects@gmail.com



Covid-19 policy

- We intend to take care that the youth exchange is happening with maximum safety for every participant. We will inform you about the current regulations in Italy before and during the project. During the activity, we will take care of safety, but we invite you to take into consideration that we will live together during the mobility. We will ask you to bring your masks.
- Make sure that by the time of travel you fulfill all the current regulations, meaning that you are vaccinated and /or you made the tests that are required. Unfortunately, the project has not the capacity to refund the costs of possible tests that you need to take to arrive at the project, or to go back home: therefore, you will need to cover these costs.
- Before starting your trip, we ask you to check the current regulations in your country.

About Anffas Torino

"Anffas Onlus - Associazione Nazionale Famiglie di Persone con Disabilità Intellettiva e/o Relazionale" is today is the largest Italian association of families of people with intellectual disabilities and neurodevelopmental disorders with a spread capillary throughout the national territory thanks to 167 local associations and 49 branded entities aimed at guaranteeing care, the assistance and protection of over 30,000 people with intellectual disabilities.

Anffas works to build...

... a world where people with intellectual disabilities and neurodevelopmental disorders, together with their families, can see their rights respected and made fully enforceable.

... a world that does not see diversity as a limit or an obstacle, but as a source of enrichment and growth.

...a world in which people with disabilities are no longer seen as passive objects of intervention, but as active subjects of their own lives.

...a world that respects all differences by accepting people with disabilities as part of human diversity and humanity itself.



Nulla è come appare

Contact details

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